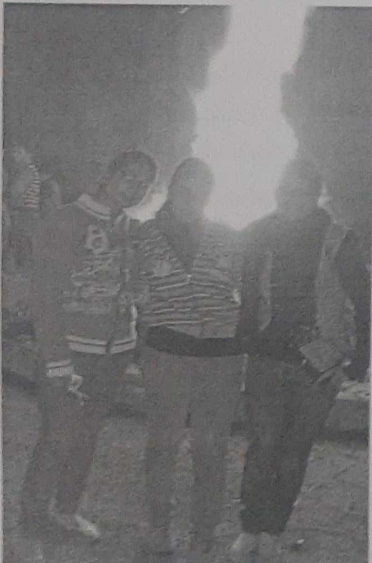


### Lohri Celebrations – January 20

Lohri Time – Lohri is the harvest festival of Punjab famously known as the bread basket state of India. Thus people residing in North India attach a lot of significance for this festival. Lohri was celebrated with full zeal and enthusiasm in the premises of DIRDS. The mood on the campus was upbeat and the students were totally absorbed in the festive spirit of Lohri. The students presented the cultural bonanza which included Punjabi Boliyan, Punjabi Folk Songs, Lohri Songs and Poems in the campus. The program started with "Lohri Poojan". Faculty members and the students worshipped "Dhooni". Sweets and groundnuts were also distributed among the students.





PH. NO. 01439-251237, 254433  
FAX NO. 01439-251238

**DASMESH INSTITUTE OF RESEARCH & DENTAL SCIENCES**  
**TALWANDI ROAD, FARIDKOT**

www.dasmeshinstitutes.com

(Recognized by Dental Council of India, New Delhi)

email: dir-fkd@dirfkd@gmail.com

DDC/20

Dated: 11/01/2020

NOTICE

All the faculty members, PGs, interns and BDS students are hereby informed that Institution is celebrating the "LOHRI CELEBRATIONS" on 13<sup>th</sup> January 2020. It will be celebrated in the open space near guest house area of the DIRDS from 6.00pm onwards.

  
Principal  
11/1/20

Copy to: Admin. Office for Information to Director, DIRDS, FDK  
All Concerned Dept., DIRDS, FDK  
Notice Board, DIRDS, FDK  
IQAC, DIRDS, FDK

  
Principal  
11/1/20

### Lohri Celebrations – January 19

Lohri Time – Lohri is the harvest festival of Punjab famously known as the bread basket state of India. Thus people residing in North India attach a lot of significance for this festival. Lohri was celebrated with full zeal and enthusiasm in the premises of DIRDS. The mood on the campus was upbeat and the students were totally absorbed in the festive spirit of Lohri. The students presented the cultural bonanza which included Punjabi Boliyan, Punjabi Folk Songs, Lohri Songs and Poems in the campus. The program started with "Lohri Poojan". Faculty members and the students worshipped "Dhooni". Sweets and groundnuts were also distributed among the students.





PH. NO. 01639-250257, 254425  
FAX NO. 01639-251666

**DASMESH INSTITUTE OF RESEARCH & DENTAL SCIENCES**  
**TALWANDI ROAD, FARIDKOT**

[www.dasmeshinstitutes.com](http://www.dasmeshinstitutes.com)

(Recognized by Dental Council of India, New Delhi)

email: dirdsfdk@gmail.com

DDC/19

Dated: 12/01/2019

**NOTICE**

All the faculty members, PGs, interns and BDS students are hereby informed that Institution is celebrating the "LOHRI CELEBRATIONS" on 13<sup>th</sup> January 2019. It will be celebrated in the open space near guest house area of the DIRDS from 6.00pm onwards.

  
Principal 12/1/19

Copy to: Admin. Office for Information to Director, DIRDS, FDK  
All Concerned Dept., DIRDS, FDK  
Notice Board, DIRDS, FDK  
IQAC, DIRDS, FDK

  
Principal 12/1/19

### Lohri Celebrations – January 18

Lohri Time – Lohri is the harvest festival of Punjab famously known as the bread basket state of India. Thus people residing in North India attach a lot of significance for this festival. Lohri was celebrated with full zeal and enthusiasm in the premises of DIRDS. The mood on the campus was upbeat and the students were totally absorbed in the festive spirit of Lohri. The students presented the cultural bonanza which included Punjabi Boliyan, Punjabi Folk Songs, Lohri Songs and Poems in the campus. The program started with "Lohri Poojan". Faculty members and the students worshipped "Dhooni". Sweets and groundnuts were also distributed among the students.





PH. NO. 01639-250257, 254426  
FAX NO. 01639-251000

**DASMESH INSTITUTE OF RESEARCH & DENTAL SCIENCES**  
**TALWANDI ROAD, FARIDKOT**

[www.dasmeshinstitutes.com](http://www.dasmeshinstitutes.com)

(Recognized by Dental Council of India, New Delhi)

email: diredstdk@gmail.com

DDC/18

Dated: 12/01/2018

**NOTICE**

All the faculty members, PGs, interns and BDS students are hereby informed that Institution is celebrating the "LOHRI CELEBRATIONS" on 13<sup>th</sup> January 2018. It will be celebrated in the open space near guest house area of the DIRDS from 6.00pm onwards.

  
Principal, 12/1/18

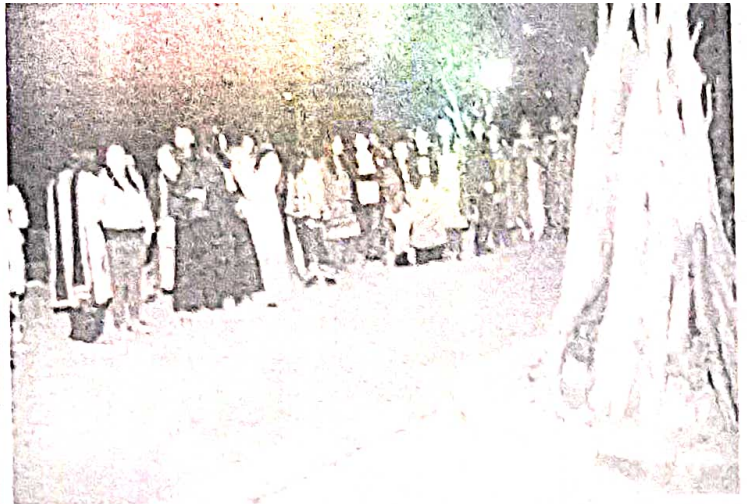
Copy to: Admin. Office for Information to Director, DIRDS, FDK  
All Concerned Dept., DIRDS, FDK  
Notice Board, DIRDS, FDK  
IQAC, DIRDS, FDK

  
Principal 12/1/18

### **Lohri Celebration – January'17**

**13<sup>th</sup> January 2017 LOHRI T** - Lohri is the harvest festival of Punjab famously known as the bread basket state of India. Thus people residing in North India attach a lot of significance to Lohri. Lohri was celebrated with full zeal and enthusiasm in the premises of DIRDS. The mood on the campus was upbeat and the students were totally absorbed in the festive spirit of Lohri. The students presented a cultural bonanza which included Punjabi 'Boliyaan', Punjabi folk songs, Lohri songs and poems in the campus.

Dr Gursevak Singh, Director along with his spouse, Dr. SPS Sodhi, the Principal of the college greeted the students and suggested them to value their cultural heritage. They congratulated the students for their colorful program and said that it is only with these festivals that we are able to maintain our ancestral values and traditions. The program started with 'Lohri Poojan'. The Principal, the staff and the students worshiped 'Dhooni' Sweets and groundnuts were also distributed among the students.



945000000000000000

See

on more





PH. NO. 01839-250237, 254425

FAX NO. 01839-251696

**DASMESH INSTITUTE OF RESEARCH & DENTAL SCIENCES**  
**TALWANDI ROAD, FARIDKOT**

www.dasmeshinstitutes.com

(Recognized by Dental Council of India, New Delhi)

email: dirdsfdk@gmail.com

DNC/17

Dated: 12/01/2017

**NOTICE**

All the faculty members, PGs, interns and BDS students are hereby informed that Institution is celebrating the "LOHRI CELEBRATIONS" on 13<sup>th</sup> January 2017. It will be celebrated in the open space near guest house area of the DIRDS from 6.00pm onwards.

  
Principal  
12/1/17

Copy to: Admin. Office for Information to Director, DIRDS, FDK  
All Concerned Dept., DIRDS, FDK  
Notice Board, DIRDS, FDK  
IQAC, DIRDS, FDK

  
Principal  
12/1/17

### Lohri Celebration's – January'16

Happy New Year and Welcome 2016. Fun dance celebrations lohri party, bonfire, delightful cloths and music. the mood on the campus was upbeat and the students were totally absorbed in the festive spirit of Lohri. the students presented the cultural bonanza which included Punjabi Boliyan, Punjabi Folk Songs, Lohri Songs and Poems in the campus.



*For more  
include  
faculty*



PH. NO. 01639-250257, 254425  
FAX NO. 01639-251666

**DASMESH INSTITUTE OF RESEARCH & DENTAL SCIENCES**  
**TALWANDI ROAD, FARIDKOT**

[www.dasmeshinstitutes.com](http://www.dasmeshinstitutes.com)

(Recognized by Dental Council of India, New Delhi)

email: dirdsfdk@gmail.com

DDC/16

Dated: 12/01/2016

**NOTICE**

All the faculty members, PGs, interns and BDS students are hereby informed that Institution is celebrating the "LOHRI CELEBRATIONS" on 13<sup>th</sup> January 2016. It will be celebrated in the open space near guest house area of the DIRDS from 6.00pm onwards.

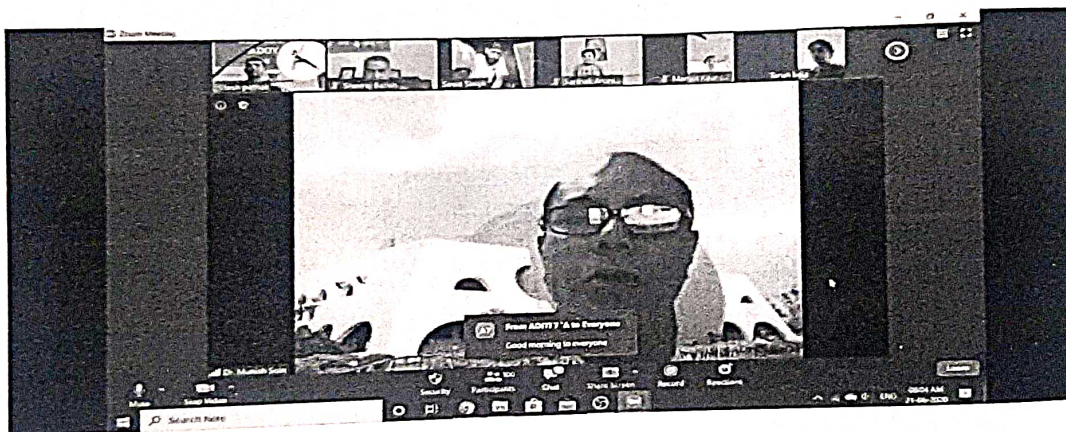
  
Principal, 12/1/16

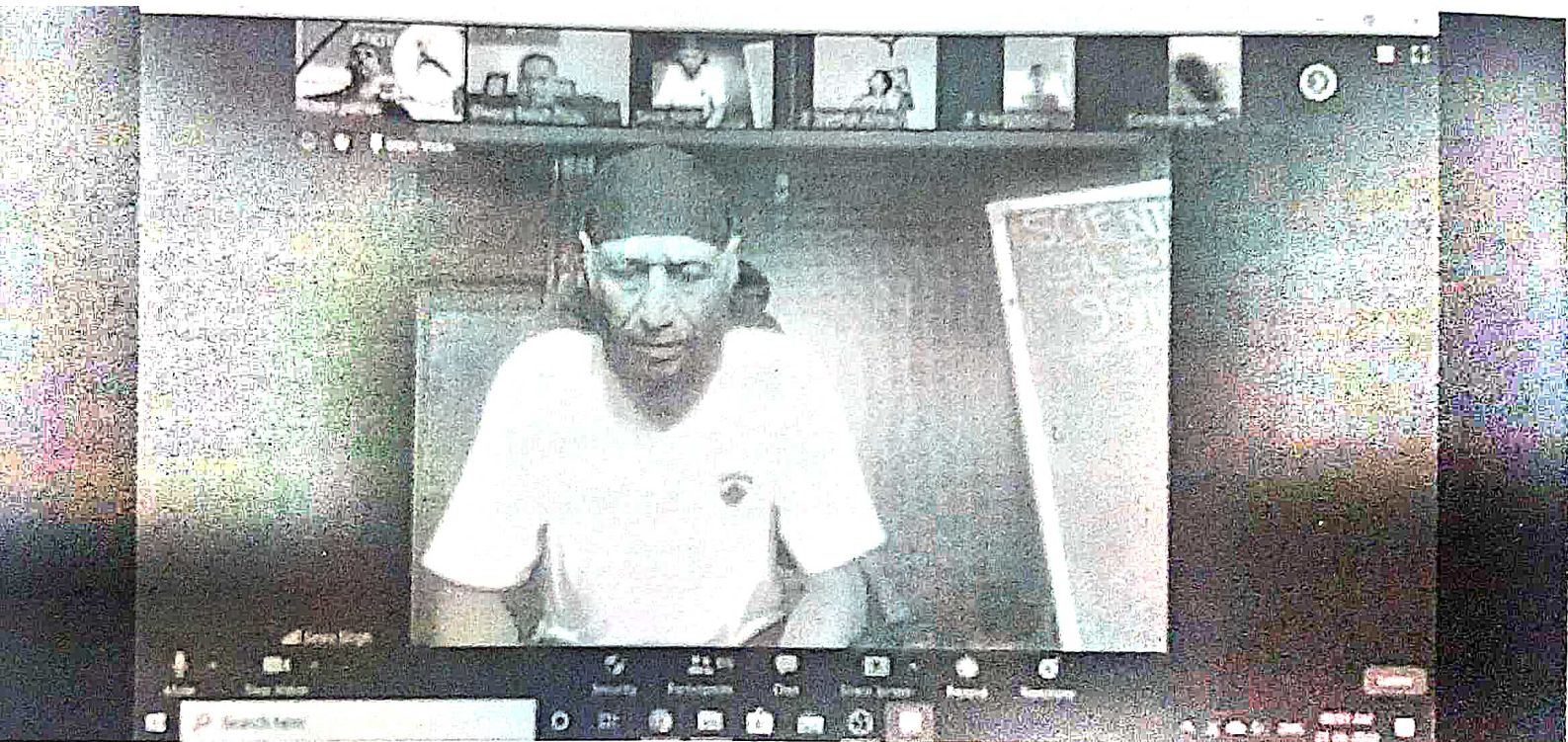
Copy to: Admin. Office for Information to Director, DIRDS, FDK  
All Concerned Dept., DIRDS, FDK  
Notice Board, DIRDS, FDK  
IQAC, DIRDS, FDK

  
Principal 12/1/16

## International Yoga Day – June 21

International Yoga Day , which is simply known as “Yoga Day” , is celebrated on June 21 every year to mark the importance of yoga and how beneficial it is for good health. But this time due to coronavirus pandemic it was conducted online on ZOOM Platform by <sup>Col</sup> ~~Home~~ Sewa Singh. The theme of the program was Yoga at Home & Yoga with Family. Faculty and Students joined the Webinar and celebrated the Yoga Day.







PH. NO. 01639-250257, 254425  
FAX NO. 01639-251866

**DASMESH INSTITUTE OF RESEARCH & DENTAL SCIENCES**  
**TALWANDI ROAD, FARIDKOT**

[www.dasmeshinstitutes.com](http://www.dasmeshinstitutes.com)

(Recognized by Dental Council of India, New Delhi)

email: diridsfdk@gmail.com

DDC/20

Dated: 19.06.2020

**NOTICE**

All the faculty members, PGs, interns and BDS students are hereby informed that Institution is celebrating the "International Yoga Day" on 21<sup>st</sup> June 2020. A camp on yoga will be conducted on "ZOOM Platfrom" from 8.00am -10.00am. You are requested to intimate your participation to Dr. Anita Mehta, Professor, Dept. of Periodontology. Join ZOOM ID: 895 9470 1497" & Password: 12345

Copy to:

All Concerned, Dirids, Fdk  
Notice Board, Dirids, Fdk  
Admin. Office For Information To Director, Dirids, Fdk  
IQAC, Dirids, Fdk  
APP, Dirids, Fdk

*noted.*  
*[Signature]*  
*[Signature]*  
19/6.

*[Signature]*

*[Signature]*

Principal  
**Dr. S.P.S. Sodhi**  
Principal  
Dasmesh Institute of Research  
& Dental Sciences, FARIDKOT

*[Signature]*

Principal  
**Dr. S.P.S. Sodhi**  
Principal  
Dasmesh Institute of Research  
& Dental Sciences, FARIDKOT

P.T.O.

## Learn Yoga to Maintain Health with Science City, Kapurthala on this International Yoga Day

Inbox

Science City <kapurthala.sciencecity@gmail.com>

to jassabrar79, khalsacollegepatiala, jaimaatravels, seemabhalla, gurjeet230, bmdcong, me, principal.blps, bhawandeepsingh1983, esainursing, stc.moga, ankush917

Thu, Jun 18, 4:03 PM (17 hours ago)

Respected Sir/ Madam;

Science City, Kapurthala cordially invites you to attend the Webinar of Yoga and promoting Health Living initiative on this International Yoga Day 2020. This event will have practical session of Yoga and as well as informative talk from Experts about different aspects of Yoga.

The Event will start at 8:00 AM, Sunday the 21<sup>st</sup> June 2020 and will last approximately for 2 Hrs.

June 21 has been declared "International Yoga Day" by the United Nations, in a resolution overwhelming adopted by more than 100 countries including INDIA. International day of yoga is an opportunity for us to demonstrate social responsibility towards making a difference in the local community by creating a culture of wellness.

Keeping this everlasting aim of spreading wellness among the community, Science City, Kapurthala has organized this Event. There is **no fees for participation**.

Login Details on ZOOM Platform are Given Below:

Topic: International Yoga Day

Time: Jun 21, 2020 08:00 AM India

Join Zoom Meeting

<https://us02web.zoom.us/j/89594701497?pwd=ZG5mSTIEemYUVFRNXUwTEV6Wk1EZz09>

Meeting ID: 895 9470 1497

Password: 12345

We hope that you will be able to join us for this Event.

Dr Anurag Mehta



Sincerely,

Nitin Sharma

Technical Assistant

Pushpa Gujral Science City

(Joint Project of Govt. of India & Punjab Govt.)

Jalandhar-Kapurthala Road, Kapurthala, Punjab

Website: <http://www.pgsciencecity.org>

(M) 9463928215

### International Yoga Day – June'19

International Yoga Day was celebrated on 21st June 2019 in DIRDS, Faridkot. It was attended by our Director, Dr. Gursevak Singh, Joint Director, S Swaranjit Singh Gill & Mrs. Parminder Kaur Gill, Dr. Bimal Garg, a well known physician of Faridkot, Dr. Nishi Garg, a renowned Gynaecologist, faculty and students of DIRDS. This yoga camp was supervised by well known yoga teachers, Mr. Tarseem Piplani, Mr. Sunil Grover, Mr. Lachhman Dass Arora of Patanjali Yog Samiti, Faridkot. Dr. Anita Mehta, Associate Prof, Dept. of Periodontology was in charge of conducting this event under the able guidance of our worthy principal, Dr. SPS Sodhi.









Dasmesh Dental College Fdk <dirdsfdk@gmail.com>

## For the active participation in International Day of Yoga , 2019 ( 21st June,2019)

noreply-aishe@nic.in <noreply-aishe@nic.in>

Thu, Jun 20, 2019 at 5:21 PM

To: aimmt@yahoo.co.in, jaswantsingh79@yahoo.co.in, Prashantingale2498@rediffmail.com, mgartscomrclgndg@gmail.com, jamia\_nadawiyya@yahoo.com, albadarbedcollege@rediffmail.com, tmprincipal@gmail.com, saikat.chakraborty@jisgroup.org, pallavi\_shah12@yahoo.co.in, brillianjose777@gmail.com, ycesohali@gmail.com, rbnandgi@gmail.com, prof.ukgupta@gmail.com, anilrajnd@gmail.com, princy\_bsp@rediffmail.com, anand.vihar@yahoo.co.in, mvlalte@rediffmail.com, hopeeducational@gmail.com, tykamble@reddiffmail.com, swami.abhyanand@gmail.com, hiperpharmacy@gmail.com, anandbedi590@gmail.com, poorwanchalcollege2005@rediffmail.com, sreesooriya@yahoo.co.in, cauverybedcollege@gmail.com, surveylgc07@gmail.com, lm12manulawcollege@gmaii.com, shreerenukacharyaartscollege@gmail.com, contact@rvim.edu.in, spanda417@gmail.com, ratherrayees@gmail.com, amahapatra.98@gmail.com, ymmgfgcy@gmail.com, mcdrmcncn@gmail.com, pssmahavidyalaya1992@gmail.com, dnccollege@gmail.com, mmmahilacollege@yahoo.co.in, ode\_college@yahoo.co.in, hegdbcamlbet@mp.gov.in, bonipj@yahoo.co.in, sjhcollegeofnursing08@gmail.com, kcn7guntur@rediffmail.com, kimidivan@yahoo.com, palpartha2006@gmail.com, girivathsasa@yahoo.co.in, gckrishannagar@gmail.com, jaypalsinh\_zala@yahoo.com, ajay\_bidar@yahoo.co.in, info@skpimcs.org, ssvstalikoti@gmail.com, vijaymonline@gmail.com, mallikarjuna.ummada@gmail.com, dnyankunjcollege@gmail.com, rpcollege@gmail.com, ranjeetkumarmadhupur@gmail.com, viceprincipal@avce.edu.in, biswajyoti123@rediffmail.com, gdcchatroo@gmail.com, rameshsmkfomra@gmail.com, vvbed\_nanded@rediffmail.com, onkamathrt@gmail.com, principal@bmsce.ac.in, cdrjmbutana@gmail.com, cgcollegesatna@gmail.com, nbtlawcollege@rediffmail.com, uttamsonu.shrestha11@gmail.com, principal\_gnipst@jisgroup.org, anisunam@gmail.com, principal.079.csvtu@gmail.com, nitin\_ksg@yahoo.com, principalljct@yahoo.com, jandhyala.amarnath@yahoo.com, director@gndec.ac.in, lncademy11@gmail.com, gconjam200813@gmail.com, drpgreddy69@gmail.com, principal.gpecwhooghly@gmail.com, shanmuganathanengg@gmail.com, kspmskaladhoki@rediffmail.com, sindhucollege@gmail.com, gmdccollegenkt@gmail.com, principal.witsolapur@gmail.com, lppcon@yahoo.com, vivek.cv91@gmail.com, ndcgajwel6036@gmail.com, jitendrasharma.ajmer@gmail.com, cbs@sscbsdu.ac.in, hirayarch@yahoo.co.in, otm.principal@gmail.com, neeraj\_741@rediffmail.com, jgcswb@gmail.com, iimdesk@yahoo.co.in, govtbedrajpipla@yahoo.in, deesacollege@yahoo.in, info@bedcollegemeghraj.org, priyatrey@gmail.com, shrikantbhardwaj712@yahoo.com, gsvmkn28@gmail.com, omega8284@gmail.com, ramolajoy@gmail.com, awdckkd@adiya.ac.in, bnrucg@yahoo.com, kjb:adar1968@gmail.com, oprcon09@gmail.com, svsms2006@gmail.com, sietdausa@gmail.com, principal@ssbam.co.in, kakatiya1993@gmail.com, ahmcahmednagar@yahoo.com, calmjoseph@gmail.com, jitsh082@gmail.com, pbhmc@rediffmail.com, lokmanyasonkhed@gmail.com, vineet120881@gmail.com, klpcollege@rediffmail.com, info@technocollegehooghly.org, vijayamgtfw@gmail.com, marudha\_durai@yahoo.com, mba807owner@gtu.edu.in, sclawedu@gmail.com, kalpneetsingh74@gmail.com, anilshrivastava49@gmail.com, aftabeducation2003@gmail.com, maharanapratap88@gmail.com, drd@gmail.com, scpicdehgam@gmail.com, rmscollege2005@gmail.com, adarshsmvjau@gmail.com, fran77cis@yahoo.com, ravipandey6027@gmail.com, principal.srvj@gmail.com, directorace@sgei.org, principal@miet.asia, dirdsfdk@gmail.com, latajoshipura@gmail.com, dvmpgcollege@gmail.com, pinglacollege@gmail.com, info@axiscolleges.in, prathiba\_degrecollege@yahoo.com, negisudhyan@gmail.com, gita@gita.edu.in, princibug@bdu.ac.in, collegesiddhartha@gmail.com, ashoksingh1760@gmail.com, mahilamahavidyalaya.amt@gmail.com, rajesh.jangale@raisoni.net, kctripathi66@gmail.com, mahadevpgcollege@gmail.com, smacvc@gmail.com, arvinddeshmukh@gmail.com, cadcamsenthil@gmail.com, director@peetham.somaiya.edu, mdpatel4602@gmail.com, pss.g.c.chhipabarod@gmail.com, sukantacollege@gmail.com, kushal.sarkhel@gmail.com, jcebed@bsnl.in, subhaminstitutenursing@yahoo.in, info@fatimacollegemdu.org, adityacollegesindhanur@gmail.com, sivajicollege@gmail.com, stmprincipal123@gmail.com, dr.josephgeorge@gmail.com, registrar@vit.edu, nrinstitutions@gmail.com, pithapuram.jkcrjyec@gmail.com, vcwbehalachowrasta@gmail.com, rajm75@gmail.com, xaverianb.ed@gmail.com, smvbbacb@gmail.com, sameer2592474@yahoo.co.in, sbssmkhcgnpb@gmail.com, veeresh.goudra20@gmail.com, rajschoolart2013@gmail.com, tkedu372.cl@unishivaji.ac.in, pgcsc@sgskcm.org, oicjgec@gmail.com, gcedufaridkot@gmail.com, mbpatelrashtrabhasha\_205@yahoo.co.in, priyamudJappa@rediffmail.com, princeayya@egspec.org, gdcnirmal.jkc@gmail.com, saketcollegeofmanagement@gmail.com, vwc.trk2010@gmail.com, principalsop@suryagroup.edu.in, bed\_jmk@rediffmail.com, sriprathibhadegree@gmail.com, baburaghunathji@gmail.com, maitreyicollege1992@gmail.com, ataur.commerce@gmail.com, janeycollege2010@gmail.com, gccgnr20@gmail.com, doongroupofcolleges@gmail.com, dbascashe@gmail.com, mks.dpr@gmail.com, chittaranjanghosh.cg@gmail.com, director@apied.edu.in, lppcollegerisod@gmail.com, baldevsinghphy@gmail.com, principal.maibangdegrecollege@gmail.com, gbpc1963@gmail.com, vrk.vanama@gmail.com, gayatripgsklm@gmail.com, sonalimote@gmail.com, upasana.college@yahoo.com, vcnnellore@gmail.com, rsgdcun77@gmail.com, radhadegrecollege@gmail.com, jmjcolleges@gmail.com, principalgdcgajraula@gmail.com, sksahussain@gmail.com, shantidhamanursing7@gmail.com, info@karunacollege.org, principalmrpc@gmail.com, dnyanray@gmail.com, uday.m.kulkarni@gmail.com, principaliniancollege@theoxford.edu, dooninstitute@gmail.com, registrar@sunderdeep.ac.in, asst.registrar@pmtpims.org, principal.education@vaishno.edu.in, tcc@tolani.org, mjpglb@gmail.com, mshanthicollegeofedn@gmail.com, rakshith@sdmit.in, suratpacific@gmail.com, mlacw@mlacw.org, hosmanisantosh@rediffmail.com, mail@ahaliaayurvedi.org, sachin0165@gmail.com,

19  
Gmail - For the active participation in International Day of Yoga , 2019 ( 21st June,2019)

ector@mpsgroup.org.in, shivchhatrapaticollege@gmail.com, radhe.krishnacollege@gmail.com,  
sacg310@rediffmail.com, principal.avcas@gmail.com, srcte174@gmail.com, sletnrl@rediffmail.com,  
ssgcm1997@gmail.com, sjfgmsw@gmail.com, grdcs@grd.org, pharmacymlmr@gmail.com, sridhavalal1@yahoo.co.in,  
ssmcollegebhiti1@rediffmail.com, nirala.lkumar@gmail.com, doongirlscollege@gmail.com, jskcec@gmail.com,  
mdmmcollege@gmail.com, pecdcastm@gmail.com, shakuntla160350@yahoo.com

Dear Sir/Madam,

As you are aware, the countdown to the 5<sup>th</sup> International Day of Yoga 2019, scheduled for 21<sup>st</sup> June, 2019 has begun. I request you to upload details of number of participants, various activities, videos and pictures related to dissemination and popularization of Yoga conducted by your esteemed college at the following link (<https://forms.gle/2sWWCBZdUiDwUYzFA>) latest by 3 p.m. on 21<sup>st</sup> June, 2019.

Prof. Rajnish Jain, Secretary, UGC

To Dr. Anita Mehta. to do needful

21/6/19

Gmail - Invitation for active participation in International Day of Yoga , 2019 ( 21st June,2019)

ay.m.kulkarni@gmail.com, principalindiancollege@lthexford.edu, dooninstitute@gmail.com, registrar@sunderdeep.ac.in,  
st.registrar@pmtpims.org, principal.education@vaishno.edu.in, tcc@lolani.org, mjgglb@gmail.com,  
shanthicollegeofedn@gmail.com, rakshilh@sdmit.in, suratpacific@gmail.com, mlacw@mlacw.org,  
osmanisantosh@rediffmail.com, mail@ahaliaayurvedi.org, sachin0165@gmail.com, director@mpsgroup.org.in,  
shivchhatrapaticollege@gmail.com, radhe.krishnacollege@gmail.com, sacg310@rediffmail.com, principal.avcas@gmail.com,  
rcte174@gmail.com, sletnl@rediffmail.com, ssgcm1997@gmail.com, sjfgmsw@gmail.com, grdcs@grd.org,  
pharmacymmr@gmail.com, sridhavala1@yahoo.co.in, ssmcollegebhiti1@rediffmail.com, nirala.lkumar@gmail.com,  
doongirlscollege@gmail.com, jskecc@gmail.com, mdmmcollege@gmail.com, pecdcastm@gmail.com,  
shakuntla160350@yahoo.com, rkseera@yahoo.com, msadc.mail@gmail.com  
Cc: t.manikanta6047@gmail.com

Dear Sir/Madam,

In this regard you are requested to upload details of various activities, videos, and pictures related to dissemination and popularisation of Yoga conducted by your esteemed college at the following Google form link <https://forms.gle/2sWWCBZdUiDwUYzFA> latest by 3 p.m. on 21st June 2019. For any assistance, please send a mail to [uamp.ugc@gmail.com](mailto:uamp.ugc@gmail.com)

[Quoted text hidden]

Dr Anita Mehta



# Reminder to All Colleges for uploading information reg. IDY 2019

noreply-alshe@nic.in via nic.in

Jun 24, 2019, 5:14 PM (hours ago)

Dear Sir/Madam,

Dear Sir/Madam,

A gentle reminder to the Colleges which have still not uploaded the number of participants, videos and pictures of the fifth International Yoga Day activities conducted by them to do so at <https://forms.gle/2sWWCBZdUiDwUYzFA> latest by 12 Noon on 25th June, 2019.

In case of any inconvenience to upload the data, please write us at [uamp.ugc@gmail.com](mailto:uamp.ugc@gmail.com) or contact at 011-23604195.

Prof. Rajnish Jain, Secretary, UGC

Dr. Anida Mehta,  
for receipt  
25/6/19



[www.dasmeshinstitutes.com](http://www.dasmeshinstitutes.com)

**DASMESH INSTITUTE OF RESEARCH & DENTAL SCIENCES**  
**TALWANDI ROAD, FARIDKOT**

(Recognized by Dental Council of India, New Delhi)

PH. NO. 01639-250257, 254425

FAX NO. 01639-251066

email: dirdsfdk@gmail.com

DDC/19

Dated: 20.06.2019


**NOTICE**

All the faculty members, PGs, interns and BDS students are hereby informed that Institution is celebrating the "International Yoga Day" on 21<sup>st</sup> June 2019. A camp on yoga will be conducted in the reception area of the DIRDS Hospital from 7.00am-8.00am. You are requested to intimate your participation to Dr. Anita Mehta, Associate Prof., Dept of Periodontology. All students are requested to assemble near the entrance of the hospital at 06.45am sharp.

Copy to:

All Concerned, Dirds, Fdk  
Notice Board, Dirds, Fdk  
Admin. Office For Information To Director, Dirds, Fdk  
IQAC, Dirds, Fdk

  
Principal  
Dasmesh Institute of Research  
& Dental Sciences  
FARIDKOT

  
Principal  
Dasmesh Institute of Research  
& Dental Sciences  
FARIDKOT

**Yoga Day Celebration – June'18**

***"YOGA IS NOT WORKOUT, ITS WORK IN"* - 21<sup>st</sup> JUNE, 2018**

Yoga is a physical, mental and spiritual practice originated in India. The Yoga teacher Sh. Desh Bandhu ji conducted a camp on the occasion of "International Day of Yoga" along with lecture at the Dasmesh General Hospital, Faridkot. The occasion was graced by Dr. Gursevak Singh, Vice President and Director, and the event was made successful under the guidance of Dr Anita Mehta, Associate professor Periodontology and Dr Prahlad, Associate Professor, Public Health Dentistry.





PH. NO. 01639-250257, 254425  
FAX NO. 01639-251600

**DASMESH INSTITUTE OF RESEARCH & DENTAL SCIENCES**  
**TALWANDI ROAD, FARIDKOT**

www.dasmeshinstitutes.com

(Recognized by Dental Council of India, New Delhi)


email: dirdsfdk@gmail.com

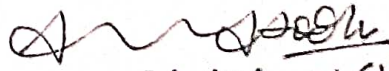
Dated: 16/06/2018

**NOTICE**

All the faculty, students, Interns and staff members are hereby informed that the Institution is celebrating International Yoga Day on 21<sup>st</sup> June, 2018, a renowned Yoga teacher Sh. Desh Bandhu Ji shall be conducting a camp on Yoga alongwith lecture at the reception area of Dasmesh Hospital, Faridkot at 06:00 AM to 06:30 AM. Please intimate your participation to Dr. Anita Mehta.

Copy to: All concerned, DIRDS, FDK  
IQAC, DIRDS, FDK  
Admn. Office for Information to Director, DIRDS, FDK

  
Principal 16/6/18  
**Dr. S.P.S. Sodhi**  
Principal  
Dasmesh Institute of Research  
& Dental Sciences, FARIDKOT

  
Principal 16/6/18  
**Dr. S.P.S. Sodhi**  
Principal  
Dasmesh Institute of Research  
& Dental Sciences, FARIDKOT





प्रो. रजनीश जैन  
सचिव

Prof. Rajnish Jain  
Secretary



विश्वविद्यालय अनुदान आयोग  
University Grants Commission

(मानव संसाधन विकास मंत्रालय, भारत सरकार)  
(Ministry of Human Resource Development, Govt. of India)

बहादुरशाह ज़फ़र मार्ग, नई दिल्ली-110002  
Bahadur Shah Zafar Marg, New Delhi-110002

Ph.: 011-23236283/23239337

Fax : 011-2323 8858

E-mail : secy.ugc@nic.in

D.O.No.F. 14-13/2015(CPP-II)

12<sup>th</sup> June, 2018

Sub: Celebration of International Day of Yoga – June 21, 2018

Dear Sir/Madam,

As you may be aware, the 4<sup>th</sup> international Day of Yoga (IDY) will be held on June 21, 2018. In this regard, I hope you have been conducting various activities for dissemination and popularization of IDY-2018.

You are requested to submit the details of all such activities conducted by your esteemed College on the link below latest by 21<sup>st</sup> June, 2018, 05:00 pm and also upload the same on the college website:-

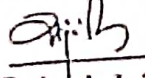
[https://docs.google.com/forms/d/e/1FAIpQLSc24Sei6Qzqkdy8W0x7ciFZ9NQN\\_wpIRLX58t7Dz531AdTm3A/viewform?usp=sf\\_link](https://docs.google.com/forms/d/e/1FAIpQLSc24Sei6Qzqkdy8W0x7ciFZ9NQN_wpIRLX58t7Dz531AdTm3A/viewform?usp=sf_link)

You may also share pictures and videos of IDY-2018 events on UGC's official twitter handle @ugc\_india.

Look forward to your continued cooperation and active participation in making the IDY-2018 a grand success.

With personal regards,

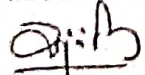
Yours sincerely,

  
(Rajnish Jain)

The Principals of all Colleges

Copy to:

The Publication Officer, UGC, New Delhi for uploading on UGC website.

  
(Rajnish Jain)

Dr Anita Mehta. & Dr Prakash

  
15/6/18



PH. NO. 01839-254425  
FAX NO. 01839-251668

**DASMESH INSTITUTE OF RESEARCH & DENTAL SCIENCES**  
**TALWANDI ROAD, FARIDKOT**

[www.dasmeshinstitutes.com](http://www.dasmeshinstitutes.com)

(Recognized by Dental Council of India, New Delhi)

email: dirdsfdk@gmail.com

DDC/20

Dated: 07.03.2020

**NOTICE**

All the faculty members, PGs, interns and BDS students are hereby informed that Institution is celebrating the "INTERNATIONAL WOMENS DAY" on 08<sup>th</sup> March 2020. It will be celebrated in the Multimedia No. 1 at 01:00PM onwards. Dr. Nishi Garg will be chief speaker.

  
Principal 7/3/20.

Copy to: Admin. Office for Information to Director, DIRDS, FDK  
All Concerned Dept., DIRDS, FDK  
Notice Board, DIRDS, FDK  
IQAC, DIRDS, FDK

  
Principal 7/3/20

### **Women's Day Celebration – March'19**

International Women's Day was celebrated on 14<sup>th</sup> March 2019 at DIRDS. Hon'able Hargurjit Kaur, CJM cum Secretary District Legal Services Authority, Fdk was the Chief Guest. Principal Dr. SPS Sodhi presented an enlightening presentation highlighting women empowerment. Adv . Avinash Kaur was the guest speaker during the event. . she presented a lecture on Women's Legal Rights. Hon'able Hargurjit Kaur spoke about the latest modifications in the legal rights of women.. Students and interns presented thought invoking speeches on this occasion. The event was attended by all students and senior faculty members:



PH. NO. 01639-250257, 254423  
FAX NO. 01639-251666

**DASMESH INSTITUTE OF RESEARCH & DENTAL SCIENCES**  
**TALWANDI ROAD, FARIDKOT**

[www.dasmeshinstitutes.com](http://www.dasmeshinstitutes.com)

(Recognized by Dental Council of India, New Delhi)

email: dirdsfdk@gmail.com

DDC/19

Dated: 07.03.2019

**NOTICE**

All the faculty members, PGs, interns and BDS students are hereby informed that Institution is celebrating the "INTERNATIONAL WOMENS DAY" on 08<sup>th</sup> March 2019. It will be celebrated in the Multimedia No. 1 at 01:00PM onwards. Dr. Gulbir Kaur will be chief guest.

  
Principal 7/3/19

Copy to: Admin. Office for Information to Director, DIRDS, FDK  
All Concerned Dept., DIRDS, FDK  
Notice Board, DIRDS, FDK  
IQAC, DIRDS, FDK

  
Principal 7/3/19



PH. NO. 01639-250257, 254425  
FAX NO. 01639-251666

**DASMESH INSTITUTE OF RESEARCH & DENTAL SCIENCES**  
**TALWANDI ROAD, FARIDKOT**

www.dasmeshinstitutes.com

(Recognized by Dental Council of India, New Delhi)

email: dirdsfdk@gmail.com

Dated: 06/03/2019

**NOTICE**

To celebrate International Women's Day 2019 there will be a declamation on the following topics:

1. Balance for better
2. Equal rights, equal opportunities, Progress for all
3. Be bold for change
4. This time is going to change
5. Respect/love your daughters as like your sons.
6. Inspiring role of women around the world
7. Women down the age Vs Women now
8. Stronger women build stronger nation
9. Jiwan Jot Jaloni hai, Kania Bhrun hatiya mitaoni "Beti Bachao Beti Padhao"

The interested Students/Interns/PG's can submit their names to **DR. MEENU BHOLA, Professor & Head** before 08<sup>th</sup> March, 2019 by 11:00 AM. The date time of the celebration shall be intimated later.

  
Principal

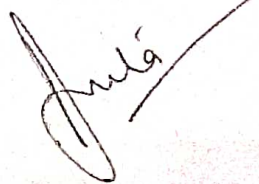
**Dr. S.P.S. Sodhi**  
Principal..

**Dasmesh Institute of Research  
& Dental Sciences, FARIDKOT**

Copy to: All Concerned Departments, DIRDS, FDK & Dental Sciences, FARIDKOT  
IQAC, DIRDS, FDK  
Admn. Office for information to Director, DIRDS, FDK



  
7/3

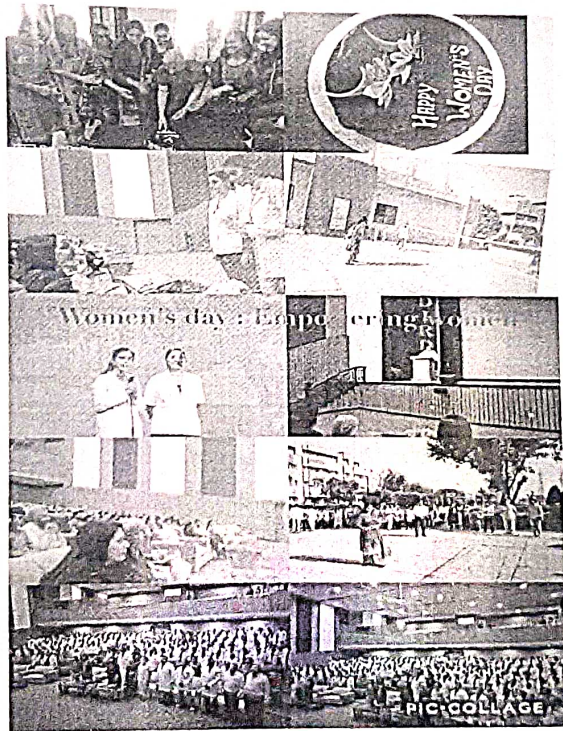


  
Principal

**Dr. S.P.S. Sodhi**  
Principal  
**Dasmesh Institute of Research  
& Dental Sciences, FARIDKOT**

### Women Day Celebration – March'18

International women Day was celebrated on 8<sup>th</sup> Mach 2018 at DIRDS . Dr. Gulbir Kaur eminent gynaecologist was the Chief Guest. Principal Dr. SPS Sodhi presented a beautiful documentary highlighting women empowerment. Students and interns presented thought invoking lectures on the occasion. this day also marked the inauguration of Adhesion 2018 Annual Sports and Cultural extravaganza . Event was attended by the students and faculty





PH. NO. 01639-250257, 254425

FAX NO. 01639-251686

## DASMESH INSTITUTE OF RESEARCH & DENTAL SCIENCES

TALWANDI ROAD, FARIDKOT

www.dasmeshinstitutes.com

(Recognized by Dental Council of India, New Delhi)

email: dirdsfdk@gmail.com

Dated: 08/03/2018

### NOTICE

#### "HAPPY INTERNATIONAL WOMEN'S DAY"

All the students of BDS 1<sup>st</sup> Prof, 2<sup>nd</sup> Prof, 3<sup>rd</sup> Prof, 4<sup>th</sup> Prof, Interns, MDS students and all the faculty members are requested to assemble in the auditorium at 02:30 PM today i.e. 08.03.2018 for women's day celebration. Dr. Gulbir Kaur renowned Gynecologist and Obstetrician shall be the Chief Guest.

The celebration shall be followed by inauguration of the Sports and Cultural meet also. Faculty deputed for attendance of various BDS Prof's are:

- |                              |                           |
|------------------------------|---------------------------|
| 1. BDS 1 <sup>st</sup> Prof. | Dr. Khushdeep Singh       |
| 2. BDS 2 <sup>nd</sup> Prof. | Dr. Poonam Bali           |
| 3. BDS 3 <sup>rd</sup> Prof. | Dr. Piyush Gandhi         |
| 4. BDS 4 <sup>th</sup> Prof. | Dr. Gurlal Singh Brar.    |
| 5. Interns                   | Dr. Ramandeep Singh Punia |

Copy to: All concerned, DIRDS, FDK  
Admn office for information to Director, DIRDS, FDK  
IQCA, DIRDS, FDK

  
Principal 8/3/18

**Dr. S.P.S. Sodhi**  
Principal  
Dasmesh Institute of Research  
& Dental Sciences, FARIDKOT

  
Principal 8/3/18

**Dr. S.P.S. Sodhi**  
Principal  
Dasmesh Institute of Research  
& Dental Sciences, FARIDKOT

**Women's Day Celebration – March 2017**

On 8<sup>th</sup> 2017 March World Women's Day was celebrated at Dasmesh Guest house. Dr. Gulbir Kaur, renowned gynaecologist of the city was the Chief Guest for the occasion. Dr. SPS Sodhi, Principal, DIRDS and all the faculty members of the institution were present over the function.



*Yew  
Mang*





PH. NO. 01639-250257, 254425  
FAX NO. 01639-251660

**DASMESH INSTITUTE OF RESEARCH & DENTAL SCIENCES**  
**TALWANDI ROAD, FARIDKOT**

[www.dasmeshinstitutes.com](http://www.dasmeshinstitutes.com)

(Recognized by Dental Council of India, New Delhi)

email: dirdsfdk@gmail.com

DDC/17

Dated: 07.03.2017

**NOTICE**

All the faculty members, PGs, interns and BDS students are hereby informed that Institution is celebrating the "INTERNATIONAL WOMENS DAY" on 08<sup>th</sup> March 2017. It will be celebrated in the Multimedia No. 1 at 01:00PM onwards. Dr. Gulbir Kaur will be chief guest.

  
Principal 7/3/17

Copy to: Admin. Office for Information to Director, DIRDS, FDK  
All Concerned Dept., DIRDS, FDK  
Notice Board, DIRDS, FDK  
IQAC, DIRDS, FDK

  
Principal 7/3/17

**Women's Day Celebration – March'16**

On 8<sup>th</sup> March World Women's Day was celebrated at Dasmesh Guest house. Dr.Gursevak Singh, Director, DIRDS was the chief guest for the occasion. Dr.SPS Sodhi, Principal, DIRDS and all the faculty members of the institution were present. Cake cutting ceremony was done followed by lunch.





PH. NO. 01039-250257, 254425  
FAX NO. 01039-251000

**DASMESH INSTITUTE OF RESEARCH & DENTAL SCIENCES**  
**TALWANDI ROAD, FARIDKOT**

www.dasmeshinstitutes.com

(Recognized by Dental Council of India, New Delhi)

email: dirdsfdk@gmail.com

Dated: 08.03.2016

**NOTICE**

All faculty members are requested to remain present for **Faculty Photograph** at 2:15pm at college reception today which will be followed by lunch at Guest House to celebrate **International Women's Day**.

Principal

**Dr. S.P.S. Sodhi**  
Principal

Dasmesh Institute of Research  
& Dental Sciences, FARIDKOT

Copy to: All Concerned Dept., DIRDS, FDK  
Notice Board, DIRDS, FDK  
Admn. Office for Information to DIRECTOR, DIRDS, FDK

Principal



[www.dasmeshinstitutes.com](http://www.dasmeshinstitutes.com)

PH. NO. 01639-250257, 254425  
FAX NO. 01639-251600

**DASMESH INSTITUTE OF RESEARCH & DENTAL SCIENCES**

**TALWANDI ROAD, FARIDKOT**

(Recognized by Dental Council of India, New Delhi)

email: dirdsfdk@gmail.com

DDC/16

Dated: 07.03.2016

**NOTICE**

All the faculty members, PGs, interns and BDS students are hereby informed that Institution is celebrating the "INTERNATIONAL WOMENS DAY" on 08<sup>th</sup> March 2016. It will be celebrated in the Multimedia No. 1 at 01:00PM onwards. Dr. Gulbir Kaur will be chief guest.

  
Principal 7/3/16

Copy to: Admin. Office for Information to Director, DIRDS, FDK  
All Concerned Dept., DIRDS, FDK  
Notice Board, DIRDS, FDK  
IQAC, DIRDS, FDK

  
Principal 7/3/16