

Kaleidoscope

THE YEAR BOOK

2019-20



**DASMESH INSTITUTE OF RESEARCH & DENTAL SCIENCES
FARIDKOT**





TRIBUTE

A HOLY MAN WITH EXEMPLARY VISION;
THE MESSIAH OF SANGAT SAHIB BHAI PHERU SIKH EDUCATIONAL SOCIETY –

LATE. S.KARNAIL SINGH DOAD



**LATE. S.KARNAIL SINGH DOAD
(28-03-1926 TO 21-04-2019)**

LATE S.KARNAIL SINGH DOAD WAS A DISTINGUISHED ADVOCATE, POLITICAL LEADER, PHILANTHROPIST, EDUCATIONIST AND SOCIAL WORKER. HE SERVED AS M.L.A, FARIDKOT AND ALSO WAS THE FOUNDER SECRETARY OF SANGAT SAHIB BHAI PHERU SIKH EDUCATIONAL SOCIETY.

HE WAS A REVERED MAN, WHO DREAMT BIG AND WENT AFTER HIS DREAM WITH AN IRON WILL; HIS FORAY INTO EDUCATION HAD JUST ONE AIM – TO ENLIGHTEN YOUNG MINDS FOR THE GROWTH OF SOCIETY AND NATION. UNDER HIS VISIONARY LEADERSHIP LATER SANGAT SAHIB BHAI PHERU SIKH EDUCATIONAL SOCIETY STARTED ITS EDUCATIONAL SERVICES BY STARTING KHALSA SCHOOL, THE FOUNDATION OF THE SCHOOL WAS LAID BY HIM WITH THE SOLE AIM OF PROVIDING QUALITY EDUCATION TO STUDENTS COMING FROM VARIED SOCIO-ECONOMIC AND CULTURAL BACKGROUNDS.

INSPIRED BY THE SUCCESS OF KHALSA SCHOOL, SANGAT SAHIB BHAI PHERU SIKH EDUCATIONAL SOCIETY EXTENDED ITS EDUCATIONAL SERVICES BY OPENING DASMESH PUBLIC SCHOOL, FARIDKOT; FURTHER DASMESH GLOBAL SCHOOL IN KOTKAPURA AND BARGARI AND EXTENDED FURTHER INTO MEDICAL EDUCATION BY STARTING DASMESH INSTITUTE OF RESEARCH AND DENTAL SCIENCES IN THE YEAR 1992, FOLLOWED BY DASMESH COLLEGE OF PHYSIOTHERAPY, NURSING AND PHARMACY COLLEGES AT FARIDKOT.

HE WAS TRUE "KARMYOGI"- IN TRUE SENSE MESSIAH OF SANGAT SAHIB BHAI PHERU SIKH EDUCATIONAL SOCIETY. HE SACRIFICED HIS WHOLE LIFE FOR THE CAUSE OF THE EDUCATION AND FOR THE POOR AND DOWN TRODDENS. WHEN HIS HEALTH WAS NOT ALLOWING HIM TO WORK ACTIVELY FOR THE SOCIETY, HE JUST HANDED OVER HIS PRESIDENCY TO THE MOST DESERVING SENIOR VICE PRESIDENT, S.GURDEV SINGH BRAR, I.A.S (RETD) AS PER PROTOCOL, A RAREST EXAMPLE SEEN IN TODAY'S PROTOCOL.

THIS INSTITUTION IS A LIVING MODEL OF THE RICH LEGACY LEFT BEHIND BY HIM. BOARD OF GOVERNORS OF SANGAT SAHIB BHAI PHERU SIKH EDUCATIONAL

DEDICATED DIRDS FACULTY





It was quite inspiring to watch and witness the potential of our students unfolding at various stages and situations each day trying and testing times during the hectic academic schedule have elicited our students to put forth their best. The Management and Staff have been supportive of the various activities that were undertaken by the students in view of helping them reach the pinnacle of perfection and professionalism in whatever task they took on. Thus strengthening journey of achieving excellence. The college magazine exemplifies the voyage transverse and exhibits

the literary and cultural skills of our students.

The students have been fostered to be humane professionals in every act and there is no doubt that the students will reach greater heights.

It gives me great pleasure to know that Kaleidoscope is ready for publication. True to its name this yearbook gives an insight into the range and scope of imagination and creativity of our students. Applaud the Editorial Team led by Dr. Thippeswamy SH for the hard work and dedication they have invested in realizing this goal of year and wish my dear students success in all future endeavors

*Dr. S.P.S. Sodhi
Principal
DIRDS, Faridkot*

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Message



Another radiant and momentous year brought glory to DIRDS. I extend my best of the wishes for the new edition of College Year Book 2020 and would also appreciate the accomplishments and the accolades earned by the DIRDIANS.

I would like to congratulate Dr.SPS Sodhi ,Principal and Faculty for their steadfast and active support they have been providing tirelessly to make the future of dentistry bright and prosperous.

Best wishes to the entire dedicated editorial team who worked day tirelessly in carrying out this task beautifully.

Sd
Dr. Dibyendu Mazumdar
President, DCI
New Delhi

Message



It is a matter of pride for me to give my Best Regards to DIRDS and DIRDIANS as I have witnessed DIRDS to grow into a front ranking dental institution in the state.

I am proud that DIRDS has come up with its new year book. Such magazines provide an outlet to the students which shows their immense creative abilities and expertise in the field of arts and literature.

I give my heartfelt wishes and felicitations to the Management, Faculty and Students of this college .

Sd

Prof. (Dr.) Raj Bahadur

Vice Chancellor

BFUHS, Faridkot, Punjab

Message



I am extremely delighted to know that DIRDS, Faridkot is going to bring out its new edition of year Book "KALEIDOSCOPE". The initiative taken by the Institute's Editorial Board is commendable. I believe that Kaleidoscope released would be informative and will be showing creative minds of the students.

I take this opportunity of sending my best compliments to Dr. S.P.S Sodhi, Principal of the Institute and his entire team who are engaged in carrying out this task.

Sd
Dr. Bharat Shetty
Vice President
DCI, India

Message



I am pleased to know that Dasmesh Institute of Research and Dental Sciences, Faridkot has proposed to convene to its new edition of Kaleidoscope, College Year Book 2019-2020. On this happy occasion I would like to extend my warm felicitations and wishes to the members of the management, faculty and students of the college for their able support and efforts.

With all the efforts and contributions put in by the students, I truly hope that the pages that follow will make some interesting reading.

I wish the college a grand success.

Sd

Dr. S.K. Katharia

EC Member

Dental Council of India

New Delhi

Message



Kaleidoscope is designed to present to its readers the year's events that have gone by: the magazine also showcases the talents of faculty members and students. I extend my heartiest congratulations to Dr. S.P.S. Sodhi, Principal, Dasmesh Institute of Research and Dental Sciences, Faridkot, Punjab and the Editorial Team for their great endeavors in bringing out this publication.

Wishing your Year Book a great success.

Sd

Dr. Anil Kumar Chandna

Executive Member, Dental Council of India

Member, Delhi Dental Council

Director (P.G. Studies) & Prof. Deptt. of Orthodontics,

Institute of Dental Sciences, Bareilly, U.P.

Message



Learning is more than paper, pencil and books. DIRDS emphasize equally on curricular and extra-curricular activities through the year book-kaleidoscope. It is quite interesting and inspiring to watch and witness the potential of students unfolding at various fields.

On this occasion I offer my best wishes and success to the college.

Sd

Dr. Jeevan Lata

President, Punjab Dental Council

Member, Dental Council of India

New Delhi

Message



First I take the opportunity to congratulate the editorial team of DIRDS who worked day and night tirelessly in carrying out this task beautifully. Creativity is the hallmark of human progress. It can take the form of a beautiful poem, an amazing photograph, awe inspiring sketches or well spun stories.

I give my best regards and compliments to Dr. S.P.S. Sodhi, Principal and entire faculty for bringing out the best of upcoming dentists.

Sd

Dr. Puneet Girdhar

Registrar

Punjab Dental Council, Mohali &

Joint Director (Dental), Medical Education and Research

Punjab, Mohali

Message



It is the matter of great pride to pen down few lines for the college year book. This type of publication helps in showcasing the talent and commendable efforts put forth by the students. It is the excellent blend of yearlong curricular and extra-curricular activities which carve out a niche for the institution.

I congratulate Principal Dr. SPS Sodhi and his entire editorial team and wish Kaleidoscope a grand success.

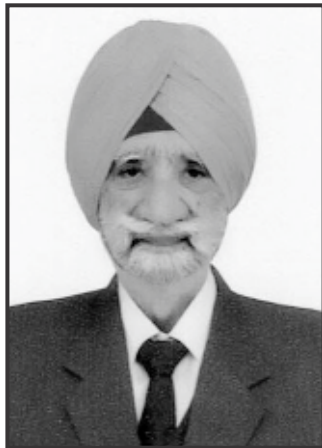
Sd

S. Gurdev Singh Brar, IAS (Retd)

President, SSBPSES

Faridkot, Punjab

Message



Your dreams are only your dreams until you write them down. Today I can proudly say that we have turned our dream into reality. We can humbly claim to have added to the professionalism of the dental education in these years and will continue to do so in the years ahead. I am delighted to note that the glowing tradition of our institution is on the right path to a glorious future through the endeavours of our faculty.

The Principal, Dr.S.P.S Sodhi and his team of committed staff members have been working tirelessly and with full dedication for their commitment towards value based quality in academics. They have put their unstinted efforts to bring out yet another edition of the yearbook Kaleidoscope.

I am sure this yearbook will showcase the inspiring memories of the year and innovative talents of the students.

Sd

S. Kuldeep Singh Gill

Sr. Vice President, SSBPSES

Faridkot, Punjab

Message



I am extremely happy to convey my greetings and good wishes to all the students of our institution through this column. Year book is the best mode of recounting the achievements of past one year and bringing out the creative talent of the students.

It is my dream that this institute transcends the wisdom of heritage, spirituality and academic excellence to its students. Our only purpose is all round development of our budding dentists.

I extend my warm greetings and best wishes for the success in your efforts to make this annual commitment in the form of year book.

Sd

Dr. Gursevak Singh

Vice President, SSBPSES

Director, DIRDS

Faridkot, Punjab

Message



DIRDIANS have always put their best foot forward when it comes to different domains and spheres. Year book represents the lifeline of an institution and everything it constitutes. It is a reflection of what a college stands for and its overall development in academics, intellectual and literary pursuits. I strongly believe that DIRDS is marching ahead in right direction, providing a holistic education to the future generation.

Wish you all the luck in your future endeavour. Congratulations on the successful launch of college year book- Kaleidosope 2020.

Sd

S. Jasbir Singh Sandhu

General Secretary, SSBPSES

Faridkot, Punjab

Message



Dasmesh Institute of Research And Dental Sciences has nurtured, propagated, fine-tuned, and enhanced dental education as well extra curriculum activities.

It gives me immense pleasure to pen down my wishes and regards to DIRDIANS. Kaleidoscope helps in giving an outlet to the literary writings, poems, paintings and all the creative ideas coming from the creative minds.

I extend my greetings and best wishes to the editorial team, students and faculty to have been of immense help in breathing life into these pages. Good luck!!

Sd

S. Amarjeet Singh Doad

Joint Secretary, SSBPSES

Faridkot, Punjab

Message



Science and art equally are expressions of man's marvellous plasticity of mind. And yearbook is a vehicle for the expression of creative and artistic minds of the students. I appreciate their spirit of innovation and this college magazine is the culmination and zenith of their creativity and yearlong activities. I would like the college to be known by the quality of students passing out.

The students of DIRDS have always displayed zeal and enthusiasm to study. They have been good at academics and equally so with cultural activities. I congratulate all students for their dedication and wish them luck in the future endeavours. And I appreciate the real working force behind the students that is our dedicated and never exhausted Faculty and Principal Dr.SPS Sodhi.

Sd
S. Swarnjit Singh Gill
Treasurer, SSBPSES
Joint Director, DIRDS
Faridkot, Punjab



EDITOR IN CHIEF

Dr. Thippeswamy SH

ASSOCIATE EDITORS

Dr. Ramandeep Singh Punia

Dr. Gurlal Singh Brar

Dr. Prahlad Gupta

Dr. Gursimrat Kaur Brar

STUDENTS MEMBERS

Dr. Deepali

Dr. Aalamjot Grewal

Dr. Jasroop Kaur

Dr. Anshu Khullar

Dr. Amanat Brar

Dr. Aniq Khan

Dr. Nitinpreet Kaur

EDITORIAL TEAM

'The faintest ink is better than a strong memory.' Nothing exemplifies it better than a nostalgic feeling one gets while leafing through the dusty old pages of their college magazine. Our major purpose whilst making of KALEIDOSCOPE 2020 was to give each one of you this feeling at very best. Hope we have fared well in doing so.

Along with the college and students, the annual yearbook has also evolved leaps and bounds over years. And so, we knew the coming one had to get better. The entire committee and the core council has strived hard for it, ever smilingly. Our college stays active all round the year with scientific seminars, innovative activities and social programmes. We stand awed to see the enthusiasm from the students and staff who have devoted their time and plunged into creating powerful stories, heart – warming poems, skilful drawings, vivid photography and beautiful articles. Projecting all of it in the following pages has been a privilege.

We are proud to be a part of the team who has been such a wonderful and sturdy support, worked willingly and tirelessly inspite of all the obstacles. The struggle was real but so were the efforts. We are really thankful to our principal Dr. S.P.S. Sodhi for entrusting us with the responsibility. We take this opportunity to thank all the dignitaries for sparing there valuable time to send their best wishes in the form of 'messages'.

We invite you to read and immerse yourself in the unfolding art and be exulted.



OUR MISSION

*To create perfect dental professionals
to help our patients out of
pain and into comfort.
To help our patients understand their
condition & set them on a
path to perfect health.
To ultimately help our patient's look
and feel like they would on their best
day, Ready to seize each moment with
renewed confidence
and a beautiful smile.*

OUR VISION

*To be a world class institution
driven by professional ethics,
academic excellence, quality and
innovations.
To enhance current services , future
growth and Development.*



HISTORY RECAPTURED

Origin of SANGAT SAHIB BHAI PHERU SIKH EDUCATIONAL SOCIETY goes back to the days before partition of India and Pakistan. In those days SANGAT SAHIB BHAI PHERU SIKH EDUCATIONAL SOCIETY was a committee which first came up with SANGAT SAHIB BHAI PHERU KHALSA SIKH HIGH SCHOOL in a village named Bhai Pheru of Tehsil Chunia of Distt. Lahore.

SANGAT SAHIB BHAI PHERU SIKH EDUCATIONAL SOCIETY, having successfully running Khalsa School, and Dasmesh Public School, Faridkot, the society extended its services by opening Dasmesh Public School, Kotkapura (Estd.1981) and Dasmesh Model School Bargari (1988). Currently, all these schools are permanently affiliated with CBSE Delhi and enjoy the reputation of running one of finest Public Schools in Northern India. Encouraged by the success of Public Schools, the Society entered into the Professional Educational sphere. This region of Malwa once had no dental College & Hospital to treat the Dental ailments which are one of the prevalent medical problems in this area.

Society established Dasmesh Institute of Research and Dental Sciences & Hospital in year 1992 in the memory of Great Saint Soldier, Scholar par excellence Guru Gobind Singh Ji, under the chairmanship of distinguished political leader, philanthropist, educationist and social worker, S.Karnail Singh Doad Ex. MLA, Faridkot, Government of Punjab, with a vision to facilitate quality Dental health care & education of global standards. In the year 2015, because of his health related issues, S.Karnail Singh Doad nominated S.Gurdev Singh Brar IAS (Retd), as new president of Sangat Sahib Bhai Pheru Sikh Educational Society and he himself was raised to the post of chief Patron unianimously by all the members. S. Kuldeep Singh Gill, Vice President was also raised to the post of Senior Vice President of the society. The contribution of S. Kuldeep Singh Gill is imacable. His vast life long experience as an educationist and an administrator is playing a great role in the growth and development of this institution. The society is indebted for his contributions since its inception at Faridkot.

Dr.Gursevak Singh, Vice president, SANGAT SAHIB BHAI PHERU SIKH EDUCATIONAL SOCIETY & Director Dasmesh institute of research and dental sciences, has played a pivotal role in the starting of Dasmesh Institute of Research and Dental Sciences. His vision towards the quality academics is exemplary and his guidance further made this institution attain the current global standards. Infact, all the members of the Executive viz.-S. Jasbir Singh Sandhu, General Secretary; S. Amarjit Singh Doad, Joint Secretary; S.Swarnjit Singh Gill, Treasurer and Joint Director & all other members are selflessly and dedicatedly contributing in the yeomen service rendered towards the cause of education.

Their vision has shaped DIRDS into a premier Dental College of Northern India. Dasmesh Institute of Research & Dental Sciences had its own quota of teething troubles; in its first few years, the growth of the institution was comparatively slow, but having got over them all; it got recognized from DENTAL COUNCIL OF INDIA for 60 BDS seats in the year 2000. Later, by the incessant efforts of the dedicated members of Sangat Sahib Bhai Pheru Sikh Educational Society, the institution got recognized from DENTAL COUNCIL OF INDIA to enhance its BDS seats from 60 to 100. Further, Over the years, Management and staff have worked tirelessly to upgrade it to the level of Post Graduate Dental College with MDS Course in the year 2008. Currently we are having 18 post graduate seats per year in 7 different specialities. Currently all these seven Post graduate courses are recognized by DENTAL COUNCIL OF INDIA and the institution celebrated Its Silver Jubilee last year.

Determined hard work has made this college flourish into best private college and today it is one of the top most colleges of Punjab. From then on, progress of the college picked up the pace and now nestles in a state of art type magnificent four-storey, multi crore worth building that serves as a light-house amidst vast sea of dental-ailment prone five sandy districts of the region.

Over two decade-long life, with the commitment, dedication & vision of eminent board members of Sangat Sahib Bhai Pheru Sikh Educational Society have shaped DIRDS into a premier Dental College of Northern India. Currently, this service oriented Institution has best academic, Dental training, co-curricular and sports environment as a result whereof its scholars have been winning laurels in all the fields of their involvements like examinations, conferences & sports tournaments organized by the University and Dental Colleges located in & outside Punjab. Founder Principal of this institution was Dr.(Late) Manohar Singh, a renowned Orthodontist of his time. He was a very devoted and dedicated person and was instrumental in getting various approvals from competent authorities. In spite of early hiccups in getting approval and recognition from the competent authorities, Dr. (Late) Manohar Singh's untiring efforts are commendable. He remained Principal till 30.09.2003 thereafter, he served for couple of months after superannuation as Director (Academics). Dr.P. B Sood, Dr. Ila Shah served the institution as principal after Dr.Manohar Singh. The contribution of Dr. Y.P. Kansal to serve as officiating Principal from time to time remained commendable. Later Dr.Malkiat Singh, the first-ever Oral Surgeon of Punjab, took over as Principal and he served for couple of years. On 08.06.2006, Dr.Neeru Singh renowned pedodontist, took charge as Principal. She took the keen initiative for starting the MDS course in three specialities; Oral & Maxillofacial surgery, Pedodontics & Preventive Dentistry and Conservative & Endodontics and a year later in two more subjects, Prosthodontics and Periodontics. She also took active role in upgrading the intake capacity of BDS Course from 60 -100 seats. On 25.04.2011 Dr.S.P.S. Sodhi a well known Oral & Maxillofacial Surgeon, Implantologist and former Executive member of Dental Council of India, New Delhi, took charge as Principal. In his tenure, which is still going on; institution has marched on a fast track. Under his gifted guidance and leadership in 2012, the MDS

courses in three specialities Oral & Maxillofacial surgery, Pedodontics & Preventive Dentistry and Conservative & Endodontics got recognized and MDS courses in two more subjects Orthodontics and Oral medicine & Radiology got started. He was instrumental in getting the MDS recognized in all the seven specialities well in time and also getting the recognition for 100 seats in BDS Course. There is a marked improvement in the infrastructure viz. Addition of ultra modern, 550 capacity, with latest gadgets fitted, centrally A.C. auditorium; New Girls Hostel Mata Gujri, Bebe Nanki, Boys Hostel and residential complex; new Gymnasium and Sports Complex; has made the evening time of all the residents relaxing.

Over the years, our college has developed into a GROUP OF INSTITUTES as it has come up with training courses for B.Sc. & M.Sc (Nursing) in three specialities medical surgical nursing, obstetrics & gynaecological Nursing, Post Basic Nursing, & Paediatric Nursing. Later, GNM courses & ANM courses for nursing, Bachelors in Physiotherapy and Masters in Physiotherapy, Diploma in Dental Mechanics and Dental hygienists courses started within the campus. Another milestone was to start Dasmesh College of Pharmacy, which is being approved by All India Council of Technical Education, New Delhi and Punjab State Board of Technical and Industrial Training, Chandigarh. An Educational institute does not stand alone without its staff. Its well experienced, highly qualified and committed faculty makes this institute more unique. Presently, this group of highly motivated and hard working faculty is led by Dr. S.P.S. Sodhi, Principal and an eminent Oral & Maxillofacial Surgeon who has been consecutively awarded HealthCare Oscar Of India as the Most PROMISING DEAN OF THE YEAR by 'INDIAN HEALTH PROFESSIONAL AWARDS' (IHPA).



SANGAT SAHIB BHAI PHERU SIKH EDUCATIONAL SOCIETY

- SANGAT SAHEB BHAI PHERU KHALSA SIKH HIGH SCHOOL in a village named Bhai Pheru of Tehsil Chunia of Distt. Lahore. - 1955
- DASMESH PUBLIC SCHOOL, Faridkot, 1973
- DASMESH PUBLIC SCHOOL, Kotakpura – 1981
- DASMESH MODEL SCHOOL, Bargari -1988
- DASMESH INSTITUTE OF RESEARCH & DENTAL SCIENCES, Faridkot -1992
- DASMESH COLLEGE OF NURSING, Faridkot
- DASMESH COLLEGE OF PHYSIOTHERAPY, Faridkot
- DASMESH COLLEGE OF PHARMACY, Faridkot -2017



Dasmesh Public School - Faridkot



Dasmesh Public School



Dasmesh Model School - Kotkapura



Dasmesh College of Pharmacy



Dasmesh College of Nursing



Dasmesh Institute of Research & Dental Sciences



Dasmesh College of Physiotherapy

PILLARS OF THE INSTITUTION



President
S. Gurdev Singh Brar I.A.S (Retd)



Sr. Vice President
S. Kuldeep Singh Gill



Vice President & Director
Dr. Gursevak Singh



General Secretary
S. Jasbir Singh Sandhu



Joint Secretary
S. Amarjeet Singh Doad



Treasurer & Joint Director, DIRDS
S. Swarnjit Singh Gill

OFFICE STAFF



PARA-MEDICAL STAFF



TECHNICAL SUPERVISORS TEAM



The background features a soft, light pink color palette. Large, stylized pink flowers with multiple petals are scattered across the page. Interspersed among the flowers are several small, solid pink hearts of varying sizes. The overall aesthetic is gentle and romantic.

DIRDS

Activity Diary

"Memory is the diary that we all carry about with us." - Oscar wilde

RISE AND SHINE

ANNUAL ACADEMIC AWARD CEREMONY 2019

A magnificent congregation was held on, 5th April, 2019 at Capt. Dr. Puran Singh Auditorium, DIRDS, Faridkot where the young talent of the institute were appreciated for their outstanding efforts in the academic year 2018-19. The occasion was graced by the honourable presence of Vice Chancellor of the Baba Farid University of Health Sciences, Faridkot, Prof. (Dr.) RAJ BAHADUR as the chief guest. Other dignitaries present during the event were S. Gurdev Singh Brar, President SSBPSES; S. Kuldeep Singh Gill, Sr. Vice President, SSBPSES; Dr. Gursevak Singh, Vice President & Director, SSBPSES; S. Jasbir Singh Sandhu, General Secretary; S. Amarjeet Singh Doad, Joint Secretary, SSBPSES; S. Swarnjit Singh Gill, Treasurer, SSBPSES, Dr. S.P.S. Sodhi, Principal, DIRDS. Veneration of students with a pure gold medal, along with the faculty and non teaching staff by presenting best teacher, best employee, best safaisewak, best warden, and best graduate was conducted.



"God understands our prayers even when we can't find the words to say them."

LIST OF PROUD AWARD WINNERS

NAME OF THE AWARD	AWARD GIVEN FOR	AWARDEE'S NAME
Mrs. Harbans Kaur Memorial Award	University 1st Rank Overall & University 1st Rank Pedodontics	Sumeet Palta (pedo) D/o Param Punit Singh
Mrs. Harbans Kaur Memorial Award	University 1st Rank Prosthodontics	Kabira (prostho) D/o Gurminder Singh
Dr. Amarjeet Singh Marwaha Gold Medal	Gold Medal For Topper In 1st Prof	Gurjit Singh S/o Dharam Singh
S. Amrik Singh Gold Medal	Gold Medal For 2nd Year Topper	Poshali D/o Ajay Kumar
Smt. Kuljeet Kaur Marwaha Gold Medal	Gold Medal Award For Topper In 3rd Prof	Nitinpreet Kaur D/o Jasbir Singh
Dr. amarjeet Singh Marwaha Gold Medal	Gold Medal For Topper In 4th Prof Also, University 1st Rank	Akshpreet Kaur D/o Nirmal Singh
Dr. Perminder Kaur W/o Dr. Manohar Singh Memorial Gold Medal	Best Graduate In Bds Course	Akshpreet Kaur D/o Nirmal Singh
Dr. Manpreet Kaur Sidhu Memorial Gold Medal	Gold Medal For Subject In Oral Pathology	Nitinpreet Kaur D/o Jasbir Singh
Dr. Prithipal Singh Award for Best All Round Activity	Best In All Round Activity	Jasminderjeet Kaur D/o Sukar Singh
Dr. Harpreet Kaur Memorial Scholarship	Public Health Dentistry Topper	Akshpreet Kaur D/o Nirmal Singh
Best Hosteller (boys)	Sagalpreet Singh BDS 1st Prof	
Best Hosteller (girls)	Yamini Lalhotra 2nd Prof	

EMPLOYEES CATEGORY AWARDS

Best Teacher	Dr. Ramandeep Singh Punia
Best Employee	Mr. Rajpal & Mrs. Ranjita (Rani)
Best Warden	Amarjit Kaur Bhatia
Best Safai Sewak	Karamjit Kaur
Best Security Guard	Sh. Baldev Singh & Sh. Girdhari Lal
Best Mali	Sh. Ram Dulare

-It is easier to believe a lie that one has heard a thousand times than to believe a fact that no one has heard before -Robert. D Ballard

A COMMITMENT TO COMMUNITY

25TH S.GURPREET SINGH DOAD CAMP - 5TH & 6TH APRIL 2019

As we lose ourselves in the service of others, we discover our own lives and our own happiness. 25th S. Gurpreet Singh Doad memorial dental medical camp was commemorated on 5th and 6th April 2019. Dr Raj Bahadur, Hon'ble Vice Chancellor, Baba Farid University of Health Sciences inaugurated the camp and was the chief guest. S. Gurloveleen Sidhu, Deputy Commissioner, Faridkot was guest of honour on the occasion. More than 1200 patients were examined and treated in medical and dental camp. This camp gave us an opportunity to educate the common man about issues related to dental care; many of these issues are of great importance in their day-to-day lives, yet they are unaware.



A PICTURE OF SUCCESS

PANKOSMIA TALENTS OF HEALTHCARE PROFESSIONS (PTH) AWARD 2019

On 14th April, 2019 DIRDS was over the hills as it marked the spot in the category of BEST DENTAL INSTITUTE OF INDIA. This event was whipped into shape by society for Scientific Research & Studies in association with international trust. The event was pulled off at Velvet Clarks Exotica, Chandigarh on 14th April 2019. Our worthy director Dr. Gursevak Singh received this award from legendary Olympian Padmashree S. Milkha Singh & Dr. Satish Aggarwal, Director General Health Services, Govt Haryana. Principal Dr. S.P.S Sodhi, Dr. Thippeswamy SH, Dr. Harkanwalpreet Singh, Dr. Piyush Gandhi were also present during this award event.



"A cup of coffee shared with a friend is happiness tasted and time well spent."

EXPANDING HORIZONS

Receiving an award for one's hard work is indeed one of the most deeply joyful moments that one can ever get in one's life.

- It was a moment of immense pride when our beloved principal Dr. S.P.S Sodhi was honoured with Academician of the Year Award at FAMDENT excellence in dentistry awards held on 24th November 2019 at Mumbai. Dr .Sodhi was also conferred with special jury award in the category of heroic dentistry award of the year. We are proud of you sir.
- Another feather was added to the cap of DIRDS when Dr. Harmeet Singh, Assoc. Professor, Department of Orthodontics and Mrs Vaishali Gandhi got a chance to experience this cherishable moment as they were awarded as YOUNG ORTHODONTIST OF THE YEAR-2019 & BUDDING ANATOMIST OF THE YEAR 2019 respectively by the Pankosmia Talents of Healthcare Profession Award (PTH) for the year 2019.
- Once again DIRDS made its impact when Dr Gursimrat Kaur Brar Assoc. Professor Dept of Oral and Maxillofacial Surgery, was conferred with Emerging Leaders of dentistry award at FAMDENT EXCELLENCE in Dentistry Awards held at Mumbai on 24th November 2019.



A journey is best measured in friends rather than miles- Tim Cahill

BE A LIFELONG STUDENT

The pursuit of knowledge is never ending, the day you stop seeking knowledge is the day you stop growing.

- **Research Degree Committee meeting - 30th April 2019**
Research Degree Committee (RDC) meeting of Ph. D. Candidate Dr. Sandeep Kumar Bains, Assoc.Professor, Oral Medicine & Radiology was held on 30th April 2019 at DIRDS. Dr. Sandeep Bains presented his synopsis of research topic titled **PRE-SURGICAL ASSESSMENT OF DENTAL IMPLANT PLACEMENT SITE- A CONE BEAM COMPUTED TOMOGRAPHY STUDY**. Dr. Pradhuman Verma, Professor & Head, Department of Oral Medicine & Radiology, Surendera Dental College & Hospital, Sri Ganga Nagar, was the external subject expert for this RDC. Principal Dr. S.P.S Sodhi, faculty members & all interns attended this presentation.
- **Research Degree Committee meeting - 9th September 2019**
Research Degree Committee (RDC) meeting of Ph.D. Candidate Dr. Gursimrat Kaur Brar, Assoc. Professor, Oral & Maxillofacial Surgery was held on 9th September 2019 at DIRDS. Dr. Gursimrat Brar presented her synopsis of research topic titled **A CLINICAL STUDY TO ASSESS THE EFFICACY OF OBLITERATION OF CANAL/ FORAMINA WITH STEAKY BONE FOLLOWING PERIPHERAL NEURECTOMY IN THE MANAGEMENT OF TRIGEMINAL NEURALGIA**. Dr. Hemant Batra, Prof & Head, H.S. Judge Institute of Dental Sciences and Research, Chandigarh, was the external subject expert for this R.D.C. Principal Dr. S.P.S Sodhi, faculty members & all interns attended this presentation.



TRASH THE ASH

31st May 2019 was commemorated as "No Tobacco Day "by DIRDS. Anti tobacco awareness talk by Joint Director S. Swarnjit Singh Gill, Principal Dr. SPS Sodhi Sir, Dr. S. H Thippeswamy , Dr. Ramandeep Singh and Dr. Gursimrat Brar was telecasted by prominent media channels. Awareness campaigns were conducted by Dr. Sandeep Bains under the able guidance of Principal Dr. S.P.S Sodhi at various places and around 200 patients were examined for Oral Cancer. DIRDS stands committed to eradicate this menace from society and will strive to work tirelessly towards this cause.

NO TOBACCO DAY (31st May 2019)



BE IN BALANCE

"Yoga means addition - addition of energy, strength and beauty to body, mind and soul." Yoga is a powerful natural state that can inspire you in many ways. Once you understand the grammar of yoga, you can write your poetry of movements. In an endeavour to participate actively in International Yoga Day, DIRDS celebrated yoga day with great enthusiasm on 21st June 2019 to bring peace, harmony, happiness and success to every soul in the world. Director, Dr. Gursevak Singh, Joint Director, S Swarnjit Singh Gill & Mrs. Parminder Kaur Gill, Dr. Bimal Garg, a well known physician of Faridkot, Dr. Nishi Garg, a renowned Gynaecologist graced the occasion by their presence along with the faculty and students of DIRDS. This yoga camp was supervised by well known yoga teachers, Mr. Tarseem Piplani, Mr. Sunil Grover, Mr. Lachhman Dass Arora of Patanjali Yog Samiti, Faridkot. Dr. Anita Mehta, Associate Prof., Dept. of Periodontology was in charge of conducting this event under the able guidance of our worthy principal, Dr. S.P.S Sodhi.



“Be yourself; everyone else is already taken.” — Oscar Wilde

EVERYONE CAN SAVE A LIFE

Ever seen an old man succumb to death holding his chest and you could not do anything? Saw a child choke to death while eating? Well, you can now HELP.

Basic life support course teaches a person about the initial assessment and resuscitation of a victim in cardiac arrest. DIRDS gave a chance to its students to learn in the field of basic life support by organizing a CDE on Basic Life Support on 11th August 2019. Dr. Raghu Raj Sharma Assistant Professor, Dept of Anaesthesia & Critical Care along with his team bestowed his knowledge and skills regarding the BLS/CPR to the interns. Honorary guest for the event was Dr. Y.P. Kansal, Vice Principal, DIRDS. The event was conducted under the supervision of Dr. Thippeswamy SH, Professor & Head, Department of Oral Pathology and was hosted by Dr. Gursimrat Kaur Brar, Assoc. Professor, Department of Oral & Maxillofacial Surgery.



COMING UP ACES !!

"Everyone wants success, but it only follows those who make a true approach to get it." This is not a new surprise for us to see the success of our beloved S.Gurdev Singh Brar IAS (Retd.), President, Sangat Sahib Bhai Pheru Sikh Educational Society who has been coveted with Baba Farid and Bhagat Puran Singh Award for honesty and outstanding commitment to service of humanity. Board of governors, principal, faculty & students of DIRDS congratulate him for his fabulous victory. He deserved it every bit as we know the hard work and dedication has a destination which is success.

FARIDI AWARD TO S.GURDEV SINGH BRAR



“You don't take a photograph, you make it.” -Ansel Adams

IN BLOOM

Orientation day for the newly admitted undergraduate students of BDS was held at Capt. Dr. Puran Singh Auditorium on 16th September 2019. The dignitaries present on the occasion were our worthy director Dr. Gursevak Singh as the chief guest & Joint Director S. Swarnjit Singh Gill as the guest of honour for the event.

The event was hosted by Dr. Gursimrat Brar. Students and their parents were formally welcomed and introduced to the culture of the college campus by Dr. S.P.S Sodhi where he explained all the rules & regulations of the institution, first year Academic Curriculum to the newly joined students. Dr. Harmesh Mittal proposed the Vote of Thanks. Programme was concluded with a grand lunch followed by campus tour for all the fresh students

ORIENTATION DAY 2019 16TH SEPTEMBER 2019



Do right. Do your best. Treat others as you want to be treated.

THESE ARE THE BEST OF TIMES

A group of 29 interns from DIRDS, Faridkot led by Dr. Anita Mehta, Professor, Dept of Periodontology, attended the two day "Tathastu International Dental Conference" on 12th & 13th October 2019 in G K Treebo Conifer, Dharamshala, Himachal Pradesh. Interns participated in academic events by presenting scientific presentations. The conference was attended by more than 300 delegates from across North India.



NO EXCUSE FOR SINGLE USE



DIRDS has taken an initiative towards the global movement that can help millions of people to stop PLASTIC POLLUTION by conducting DISPOSABLE PLASTIC FREE CAMPAIGN with in the campus. During this event, our worthy Joint Director S. Swarnjit Singh Gill and Principal Dr. S.P.S Sodhi addressed the students about the hazards of single use plastics. Later, the videos of plastic hazards were shown followed by pledge from all students and faculty to avoid single use plastics.

The best way to find yourself is to lose yourself in the service of others.



ਸਰਬੱਤ ਦਾ ਭਲਾ

ਪਵਣੁ ਗੁਰੂ ਪਾਣੀ ਪਿਤਾ
ਮਾਤਾ ਧਰਤਿ ਮਹਤੁ ॥

One of the biggest birthday celebrations of the world, commemorating 550th birth anniversary of Guru Nanak Dev Ji was celebrated by the family of DIRDS to seek the blessings of almighty under a grand procession "Sarbat Da Bhala" at Capt.Dr.Puran Singh Auditorium.

Guest Speaker Principal Dalbir Singh and Professor Brahm Jagdish Singh enlightened the audience on the teachings of Shri Guru Nanak Dev Ji. S.Kuldeep Singh Gill (Vice President); Director Dr. Gursevak Singh; Joint Director S. Swarnjit Singh Gill; Director Principal, Dasmesh Public School S.Gursharan Singh, renowned personalities of Faridkot, Faculty and staff graced the occasion. Around 400 students (dental, physiotherapy and nursing) participated in various competitions like painting and quiz competition. Taranpreet Kaur of the final year BDS bagged the first place in painting and Harleen Kaur & Jasleen Kaur won the first place in quiz competition. Winners of these competitions were rewarded with cash benefits and medals. Dr. Gurlal Singh Brar, Professor, Department of Paediatric dentistry was the convenor of this event. A day before free dental camp was also organized in the college, and during this more than 400 patients were screened and treated. Later students performed an act play and the event was followed by Guru Ka Langar.



Activity Diary

The secret of getting ahead is getting started.

RIDE SAFE SO YOU CAN RIDE AGAIN..!!

Be alert—accidents hurt.....No safety – know pain.....know safety – no pain....The safe way heads towards the right way. Yet more than 3,500 people die on the road every day. Road Safety in today's context is the most significant issue which relates to the safety of the public on road. Honda motorcycle & Scooter India Pvt. Ltd. gave us a chance to get aware of this serious issue by organizing Female Safety Riding Workshop in our campus on 11th November 2019 where the students & faculty members of the institution visited their workstation and benefited by the safety awareness equipments and simulation devices. During this day Honda motorcycle & Scooter India Pvt. Ltd. presented a memento to our Joint Director, S. Swarnjit Singh Gill.



PLANTING A SEED

With increasing industrialisation and urbanisation, it has become a rarity to see natural greenery. We, at our campus, make sure to do our part to give it back to nature. A tree plantation event was organized under the leadership of Dr SPS Sodhi, Principal in the college campus as a part of Shri Guru Nanak Devji 550th prakash purab celebration. All first year students and faculty participated in it. More than 50 trees were planted outside Capt. (Dr.) Puran Singh auditorium of the campus.

Failure will never overtake me if my determination to succeed is strong enough.

PEDODONTIST'S DAY -2019

Our specialists understand the importance of making children feel safe and comfortable about coming to the dentist. Department of Paediatric Dentistry of DIRDS celebrated 'Pedodontist day' on 14th November 2019. During this department organised rural school dental health camps in various schools. A drawing competition for the students was also organized on the theme 'SAVE A TOOTH'. Winners of these activities were rewarded for the same. The occasion was graced by noteworthy presence of Dr. Gursevak Singh, Director; S. Swarnjit Singh Gill, Joint Director & Dr. S.P.S Sodhi, Principal, DIRDS, Faridkot. Occasion was further decorated by the release of book titled "IMPLANT PLACEMENT AT COMPROMISED SITES" BY ' Dr. Gursimrat Brar', Associate Professor, Oral & Maxillofacial Surgery by our esteemed guests.



BRING A LIFE BACK TO POWER

The world needs those who save lives. One such organisation has taken a step forward to accomplish this mission known as DATRI, founded in 2009 who save lives of those suffering from life threatening fatal blood disorders like Blood Cancer, Thalassemia, Leukemia, Aplastic Anaemia, Sickle Cell Anaemia etc.

DATRI, working towards creating a wide and diverse database of potential Blood Stem Cell Donors that can be accessed by any patient, living anywhere in the world, in need of a Blood Stem Cell Transplant organized a awareness Program on 12.12.2019 at Capt. Dr. Puran Singh Auditorium, DIRDS, Faridkot. More than 200 students registered with DATRI and pledged for stem cell donation at DATRI.



Step by step and the thing is done.

CONGRATS! ON YOUR FIRST WHITE COAT

Every superhero needs a supersuit. DIRDS congratulated each new face on arriving at this milestone in their career. As each of them walked across the stage to receive their white coat their journey in dentistry began. The symbol of our profession:- White Coat Ceremony in the presence of Board of Management, Faculty Members & Friends, was held on 23.12.2019 at Capt. Dr. Puran Singh Auditorium, DIRDS following which they stood to recite the Hippocratic Oath.

This ceremony impressed upon them the primacy of the doctor-patient relationship. It also encouraged them to accept the obligations inherent in the practice of dentistry; to be excellent in science, compassionate, and lead lives of uprightness and honour. Occasion was presided over by S. Kuldeep Singh Gill, Sr. Vice President SSBPSES, Dr. Gursevak Singh Director and S. Swarnjit Singh Gill Joint Director. Dr .S.P.S Sodhi Principal DIRDS delivered welcome address to the fresher's on this occasion. Dr. Sharad Gupta, Principal Dasmesh College of Nursing and S. Gurpreet Singh, Principal Dasmesh College of Physiotherapy were also present at this occasion.



Hope never abandons you, you abandon it. - George Weinberg

parichay 2019

Continuing with the proud tradition of college, the senior students mingled with the newcomers at fresher's welcome party 'PARICHAY 2019' held on 30th and 31st January 2020 at Capt. Dr. Puran Singh Auditorium. It was a fun filled event where the fresher's not only showcased their talent but interacted with their seniors. On 30th January 2020 introductory round for the entire fresher's was held along with various cultural performances. Based on the performance of initial round 16 students were shortlisted for the final round held on 31st January 2020. The judging panel for the finalist round included Dr. Gulbir Kaur, Mrs. Parminder Kaur Gill, Mrs. Ranjana Sodhi, Dr. Guneet Kaur, Dr. Renuka Sood, Dr. Pardeep Bansal and Dr. Poonam Bali. They assessed the performance of finalists and entitled Ravinder Singh with best smile, Himani with best walk, Navjot with best personality, Kapish as best dressed, Chahat as Miss Charming and Ashman Heer as Mr. Handsome. Abhay Pratap Singh Brar and Vanshita Soni bagged the title of Mr. Fresher and Ms. Fresher respectively. Sr. Vice President S. Kuldeep Singh Gill, Director Dr. Gursevak Singh, Joint Director S. Swarnjit Singh Gill and Principal Dr. S.P.S Sodhi graced the occasion. Cultural event was ended with a bhangra and rampwalk performed by interns followed by traditional event of JAAGO along with gala dinner and DJ.

It took me a long time not to judge myself through someone else's eyes.-Sally Field

Activity Diary



We aim above the mark to hit the mark.

GLIMPSES INTO A RESEARCHFUL YEAR 2019

THE SCALPEL THE SWORD

Dept of Oral and Maxillofacial Surgery, DIRDS organized a guest lecture by eminent Oral and Maxillofacial Surgeon, Prof Emeritus Dr J N Khanna from Mumbai. He delivered the lecture on "

Oral and Maxillofacial Surgery: past, present and future ". This event was held at Capt. Dr. Puran Singh Auditorium on 26th August. During this event, team of oral surgeons from different regions of the country namely Dr. Rajesh Dharwani, Co-ordinator, Indian academy of Oral & Maxillofacial Surgery, Dr. G.D. Adwani, Prof. & Head, VYWS dental College, Amaravati; renowned oncologist Dr. Rajinder Arora and Dr. Radhika Ramaswamy, Consultant, Jaslok Hospital, Mumbai, were present along with our Sr. Vice President S. Kuldeep Singh Gill; Director Dr. Gursevak Singh; Joint Director, S. Swarnjit Singh Gill and Principal Dr. S.P.S Sodhi. All the students and faculty members of DIRDS were also present and were thoroughly enlightened by the lecture. .



Liver to Live

Dr Nitin Behl, Gastroenterologist, Fortis Hospital, Ludhiana delivered Guest Lecture on topic "Hepatitis C & B and Role of Dental Surgeon" on 7th May 2019. It was coordinated by Dr. Prahlad Gupta, Assoc. Prof., Public Health Dentistry and Dr. Harkanwalpreet Singh, Assoc. Prof.

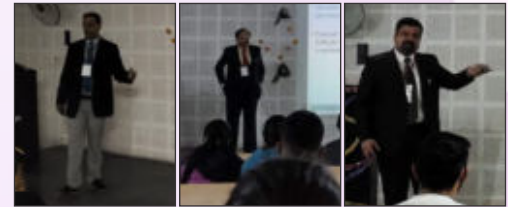
Oral & Maxillofacial Pathology and Oral Microbiology. The lecture was presided over by S. Swarnjit Singh Gill, Joint Director, DIRDS and Dr. SPS Sodhi, Principal.



We may encounter many defeats but we must not be defeated.

INTO THE FUTURE

The Dept. of Periodontology, DIRDS, under the able guidance of Principal, Dr. S.P.S Sodhi conducted one day CDE programme titled "Workshop & Hands-On on Magnetic Mallet - A revolutionary technology for minimally invasive & conservative surgical procedures" on Sunday, 8th Dec 2019. The guest speakers for this event were Dr. SPS Sodhi, Principal, DIRDS; Dr.Nitin Khuller, Prof.& Head of Periodontology , DIRDS, & Dr. Amit Wadhawan, Professor in Periodontology in Subharati Dental College, Meerut. This CDE included three lectures followed by a hands-on course on goat head using the Magnetic Mallet. The participants made use of a firsthand feel of implant placement using this new technology. Around 20 students participated for this hand- On and more than 200 delegates registered for this CDE.



Workshop on suturing techniques was organized by Department of Oral & Maxillofacial Surgery for the interns and final year students on 23rd Dec 2019.

During the workshop hands-on demonstration was given

to the students on goat tongue. Principal Dr. S.P.S Sodhi, Dr. Ramandeep Singh Brar, Professor, Oral Surgery; Dr. Gursimrat Brar, Assoc. Professor, Oral Surgery, and Dr. Mehak, Asst. Professor, Oral Surgery, performed the demonstration during this workshop.

A STITCH IN TIME

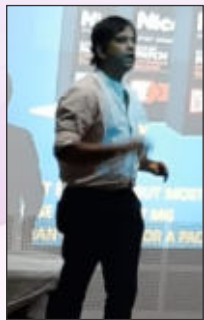
Things do not happen. Things are made to happen.

QUALITY IS NOT ACT IT IS A HABIT

As a part of clinic pathologic conference of the institution Department of Oral Pathology organized CPC programme on 'Quality Management and Accreditation'. During this event, Dr. Piyush Gandhi, Assoc. Professor presented a Guest Lecture on the importance of Quality Management and Accreditation. This event was attended by all the interns and faculty members.



I CAN... I WILL



Next clinic-pathologic conference was organized by Department of Oral medicine & Radiology on the topic nicotine de addiction. During this event Dr. Syed Vassemuddin, former Professor & Head of Oral Medicine & radiology presented a Guest Lecture on Management of nicotine addiction. This event was attended by all the interns and faculty members.

THE ROAD TO SUCCESS...

On 29th April, as a part of Clinico- pathologic conference, Dr. Nitika Bajaj, Department of Pediatric and Preventive Dentistry presented a guest lecture on "Positioning for success in dentistry". This event was attended by all the interns and faculty members.



UNCONVENTIONAL COMPLETE DENTURES



As a part of Clinico- pathologic conference, Dr. Poonam Bali, Department of Prosthodontics presented a guest lecture on "Unconventional Complete Dentures This event was attended by all the interns and faculty members.

It's not the size of the dog in the fight, but the size of the fight in the dog. -Archie Griffen

MORALS AND VALUES

Having moral values and learning is just building having a strong root; for the body, having a healthy root will help in having healthy leaves and branches. A famous quote says 'If wealth is lost nothing is lost, if health is lost something is lost, if character is lost everything is lost'.

DIRDS gave its best in inculcating moral values by hosting 'INTERNATIONAL WORKSHOP ON MORAL EDUCATION: CULTIVATING MORALITY AMONG EDUCATORS' organised by Jagat Punjabi Sabha, Canada on 25th January 2020 at Capt. Dr. Puran Singh Auditorium. Occassion was graced by the presence of Director Dr. Gursevak Singh and principal Dr. S.P.S Sodhi. The workshop was attended by faculty and students.



Dr.Gurlal Singh Brar presented a scientific presentation on early childhood caries as a PhD Research Presentation in “Advanced Research Methodology Programme” at University Centre of Excellence in Research, B.F.U.H.S, Faridkot on 28th June, 2019

A CLOSER LOOK

GUARDIANS OF THE FACE

Department of Oral & Maxillofacial Surgery celebrated oral Max Fac Day on 13th Feb. 2020. On this occasion Department of Oral Surgery distributed accident awareness pamphlets in newspaper & also distributed the posters to all the departments.



Nothing lasts forever. Not even your troubles. -Arnold H Glasgow

CANCER IS A WORD NOT A SENTENCE

Department of Oral&Maxillofacial Pathology, Department of Oral and Maxillofacial Surgery and Department of Oral Medicine & Radiology came together hand in hand for the celebration of WORLD CANCER DAY on 4th February 2020. To raise awareness about cancer DIRDS preferred the school children and conducted awareness campaigning in schools. This event was organized in association with rotary international, faridkot. Sagalpreet Singh, Ashmeet Kaur and Kamaljit Kaur presented the awareness talk at Mahatma Gandhi School& DIRDS, Faridkot. Later a renowned Oncosurgeon Dr. Nikhil Garg from AIIMS, BATHINDA presented a talk on cancer awareness at multimedia theatre of the institution.



SAD DEMISE



"It's awful and sad to hear about the demise of our respected Patron S. Karnail Singh Doad, real soul of Sangat sahib bhai pheru sikh education society. on 22nd April 2019 . Our deepest and sincere condolence goes to you and your family. May his gentle soul rest in peace".

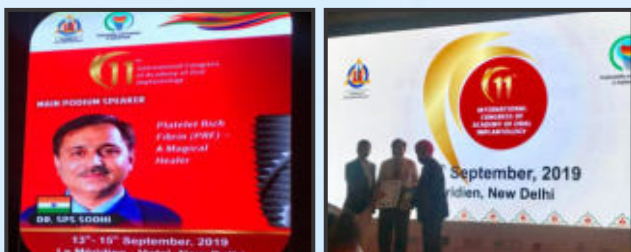
Board of governors, principal, faculty & Students Dasmesh Institute of research & Dental Sciences

Nobody can make you feel inferior without your consent. -Eleanor Roosevelt

INSPIRING THE KNOWLEDGE -2019-2020

SPACE INSIDE YOUR SKULL IS PRECIOUS

Our beloved principal Dr. S.P.S Sodhi was invited as keynote speaker for the workshop on 'Benign tumors of maxillofacial skeleton and salivary glands' at Government Dental College and Hospital, Amritsar. Dr. Sodhi presented a lecture on Treatment planning of tumors. Dr. Sodhi was also the part of the table discussions and live surgery during this scientific programme.



Dr. S.P.S Sodhi was invited at 11th International Congress of Academy of Oral Implantology as guest lecture on 13th Sept,2019 at New Delhi

WIN YOUR NATURAL SMILE BACK

GAIN A LITTLE WISDOM ON WISDOM TEETH

Our worthy Principal Dr. SPS Sodhi was invited as a Guest Speaker in CDE programme organized jointly by IDA Jalandhar & Association of Oral & Maxillofacial Surgeons of India on 9th October. Dr. S.P.S Sodhi delivered lecture on "Managment of Benign Odontogenic Tumours & Surgical Removal of Mandibular 3rd molar". His lecture was well appreciated by all the delegates



A life spent making mistakes is not only more honorable, but more useful than a life spent doing nothing.-George Bernard Shaw

DENTISTRY IS NOT EXPENSIVE, NEGLECT IS

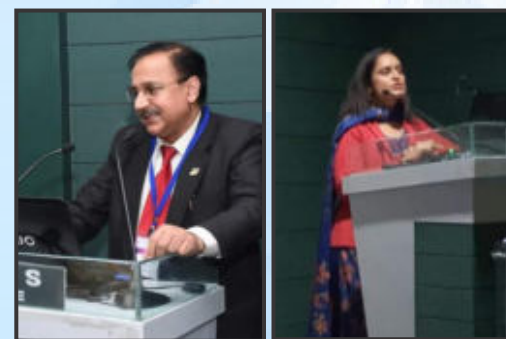
Dr. S.P.S Sodhi was invited to conduct one day oral surgery workshop on "Tips and Tricks of Minor Oral Surgical procedures" at MM Dental College, Darbhanga. This workshop witnessed massive participation from all over the state and neighbouring states as well.

KNOWLEDGE HAS A BEGINNING BUT NO END

Dr. S.P.S Sodhi was invited as a guest speaker at ENDO AESTHETICA IMPLANT SYMPOSIUM & ORAL SURGICAL CONCLAVE held at Crown Plaza, New Delhi on 23rd and 24th November 2019. Dr. SPS Sodhi delivered keynote lecture as well as conducted a workshop on "Trips and Tricks in Oral Surgery "

JOY AND SORROW, BEAUTY AND DEFORMITY, EQUALLY PASS AWAY

Oral and Maxillofacial Surgery Department triumphs at the National Surgical Workshop on "Correction of Acquired Facial Deformities"; organised by the Indian Academy of Maxillofacial Surgery at Sri Aurobindo Institute of Medical Sciences, Indore on Jan 11-12, 2020. Dr. S.P.S Sodhi, our worthy principal, and Dr. Gursimrat Brar, Associate Prof(OMFS) were invited as guest speakers. Dr. Sodhi delivered a guest lecture on the topic – "Management of unilateral Mandibular Hyperplasia and Hypoplasia". Dr.Gursimrat Kaur Brar delivered a lecture on the topic "Treatment of Osteoradionecrosis and Avascular Necrosis"



.The only place you find success before work is in the dictionary. -May V Smith

MAN!!! GRAND SYMBOL OF THE MYSTERIES

Dr. Anupama Gupta, Professor & Head, Department of anatomy, DIRDS, was invited as guest Speaker to deliver her gems of thought on mystery of head and neck anatomy at a CDE programme organized by IDA faridkot branch on 26th may 2019. This event was attended by more than 100 delegates.

IT'S TIME FOR NEW ADVENTURE

Dr. Pardeep Bansal, Professor & Head, Department of Prosthodontics was invited as guest Speaker for a CDE programme organized by IDA faridkot branch on 29th September. Dr. Pardeep Bansal delivered a guest lecture on 'Do's & Dont's in Impression taking'. This event was attended by more than 100 delegates.

KNOW THE LAW

Dr. Piyush Gandhi was invited as guest speaker to deliver a lecture on "Documentation and Legal Consequences in Dental Practice" at 17th Annual Conference of Punjab Academy of Forensic Medicine and Toxicology held at Government Medical College, Chandigarh-32, on 12th October. Dr. Piyush Gandhi was the only dental faculty to get this honour alongside pioneer forensic experts of india.



“Life isn’t about finding yourself. Life is about creating yourself.”— George Bernard Shaw

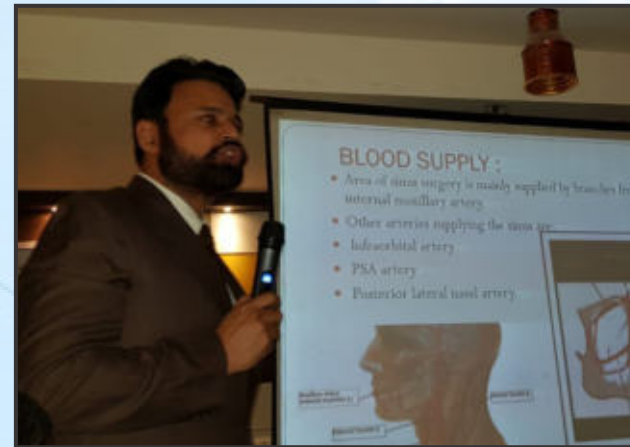
YOUR X-RAY IS A SKELFIE

Dr. Ramandeep Singh Punia, Professor & Head of Department of Oral Medicine & radiology was invited as a guest speaker at SGRD Dental College, Amritsar on the occasion of CDE programme on “Cone Beam Computed Tomography – 3D eye Imaging” Dr. Ramandeep Singh delivered a lecture on the topic “Artifacts in CBCT”.



DIFFICULT ROADS LEADS TO BEAUTIFUL DESTINATIONS

Dr. Ramandeep Singh Brar , Professor Dept of Oral and Maxillofacial Surgery was invited as Guest Speaker by IDA Kotkapura branch for a CDE Program held on 9th November 2019. Dr. Brar delivered a lecture on topic "SINUS LIFT AND SINUS SPARING PROCEDURES IN ORAL IMPLANTOLOGY". The lecture was appreciated by all the delegates.



WISHING YOU A SPEEDY RECOVERY



Dr. Anupama Gupta , Professor & Head, Department of Human Anatomy, along with Dr. Harkanwalpreet Singh, Assoc. Professor, department of Oral Pathology of our institute, on 10th December 2019, on their way to the college from Amritsar, when she spotted the pile-up of vehicles. Wasting no time, they immediately went to rescue person involved in this accident. In trying to save the victims of Amritsar-Bathinda highway accident, Dr. Anupama lost her both legs. "As a doctor, her sense of social responsibility went ahead even of her own safety". Our heart goes out to Dr. Anupama for the unfortunate condition she's now into. We pray for strength to her family in this difficult to accept circumstances and her speedy recovery."

**Board of Governors, Principal, Faculty and Students
DIRDS**

District Administration, Faridkot honoured Dr. Anupama Gupta with Distinguished Award for her services & Sacrifice towards mankind.

Mr. Raghav Gupta (Her son) received the award on behalf of her.




“Eyes are the windows to the soul. A smile is the mirror of the heart”— Janna Cachola


STARS OF DIRDS


ACADEMIC ACHIEVERS


COLLEGE RANKING/PROF	NAME OF THE STUDENT	UNIVERSITY RANKING
FINAL PROF		
1st	NITINPREET KAUR	2nd
2nd	PHULPREET KAUR	3rd
3rd	SADHIKA MAHAJAN	4th
4th	PRIYANKA JAIN	5th
THIRD PROF		
1st	POSHALI	2nd
2nd	KANIKA JUNEJA	
3rd	TANVI MAHAJAN	
SECOND PROF		
1st	GURJIT SINGH	1ST
2nd	ASHITA GOYAL	
3rd	SUKHMANPREET KAUR	
FIRST PROF		
1st	AMANDEEP KAUR	1st
2nd	ADITYA RAJ	3rd
3rd	SMILE MONGA	


Dasmesh Institute of Research & Dental Sciences, Faridkot
Heartiest Congratulations
 Congratulations to all the B.D.S Students for their Exemplary Success in EXAMS (2018-19)
OUR PROUD LAURELS - UNIVERSITY RANK ACHIEVERS


MDS -2019

 Dr. GEETIKA
 107440
 University 1st Rank
 Orthodontics


1st YEAR BDS -2019

 Amandeep Kaur
 180/540
 University 1st Rank



 Aditya Raj
 215/540
 University 3rd Rank


2nd YEAR BDS -2019

 GURJIT SINGH
 114/300
 University 1st Rank

3rd YEAR BDS -2019

 POSHALI
 118/300
 University 2nd Rank

FINAL YEAR BDS -2019

 NITINPREET KAUR
 1190/1400
 University 1st Rank



 PHULPREET KAUR
 1174/1400
 University 3rd Rank



 SADHIKA MAHAJAN
 1113/1400
 University 4th Rank



 PRIYANKA JAIN
 1142/1400
 University 5th Rank


	Total Appeared Students	Total Pass Students	First Division Students
FINAL YEAR BDS -2019	60	56 (93.33%)	53 (88.33%)
THIRD YEAR BDS -2019	38	37(97.37%)	37(97.37%)
SECOND YEAR BDS -2019	87	72 (83%)	72 (83%)
FIRST YEAR BDS -2019	99	89 (90%)	87 (88%)


STAR STUDENTS OF DIRDS


FIRST YEAR BDS -2019

 Neha
 112/300



 Sakshi
 112/300



 Esha
 113/300



 Manjinder
 113/300



 Shweta
 113/300


SECOND YEAR BDS -2019

 Anshu
 113/300



 Neha
 113/300



 Manjinder
 113/300



 Shweta
 113/300



 Neha
 113/300


THIRD YEAR BDS -2019

 Neha
 113/300



 Neha
 113/300



 Neha
 113/300



 Neha
 113/300



 Neha
 113/300

FINAL YEAR BDS -2019

 Neha
 113/300


 Neha
 113/300


 Neha
 113/300


 Neha
 113/300


 Neha
 113/300

“A gold tooth is to some blacks, what braces are to all whites.”— MokokomaMokhonoana

PROFESSIONAL ACHIEVERS

NITINPREET KAUR BDS-Intern was awarded with “outstanding student of dentistry 2018” at PTH awards 2019 held on 14th April 2019 at Velvet Caraks Exotica, Chandigarh



Dr. Jasmindejeet Kaur was awarded STUDENT MERIT AWARD by PIERRE FAUCHARD ACADEMY INTERNATIONAL

Dr. Darshna Bothra (PG 2nd year, Department of Periodontology) bagged 2nd prize in Paper presentation (A.O.I Conference held in Delhi from 13th to 15th Sept 2019)



DR. SIMRAN KAUR (PG – I, Department of Oral and Maxillofacial Surgery) bagged-
1.3rd prize in poster competition at 11th International Congress of Academy of Oral Implantology” from 13th–15th September,2019 at New Delhi.
2.2nd prize in paper presentation at At National Surgical workshop on “Correction of Acquired Facial Deformities” on 11th& 12th Jan.2020 at Sri Aurobindo Institute of Medical Sciences, Indore; organized by Indian Academy of Maxillofacial Surgery.

“Art washes away from the soul the dust of everyday life.”— Pablo Picasso

DR. K. JOSEPH (PG – I, Department of Oral and Maxillofacial Surgery) bagged 2nd prize in paper presentation at National Surgical workshop on “Correction of Acquired Facial Deformities” on 11th & 12th Jan. 2020 at Sri Aurobindo Institute of Medical Sciences, Indore; organized by Indian Academy of Maxillofacial Surgery.



Dr. Samarpreet Kaur (PG 2ND YEAR, DEPARTMENT OF PEDODONTICS) WAS Awarded Best e-poster presentation on the topic “Clinical management of avulsed permanent tooth: Current Concepts” at 5th Indian Society of Dental Traumatology National Symposium on 27th July, 2019 AND Awarded Best scientific paper presentation on the topic “Comparative evaluation of remineralizing potential of Silver Diamine Fluoride and Fluoride Varnish on enamel surface of young permanent teeth : An In vitro Study” at 41st Indian Society of Pedodontics and Preventive Dentistry National Conference on 7th, 8th and 9th November, 2019.

DR HANSA, POST GRADUATE STUDENT AWARDED BEST PAPER AWARD AT 31st National IAOMR Conference held in Hyatt Regency at Amritsar on 15th- 17th November 2019.





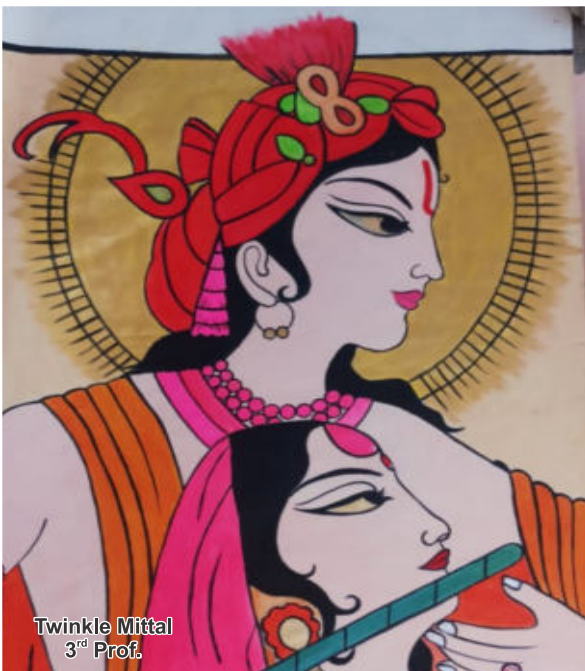
Student Corner



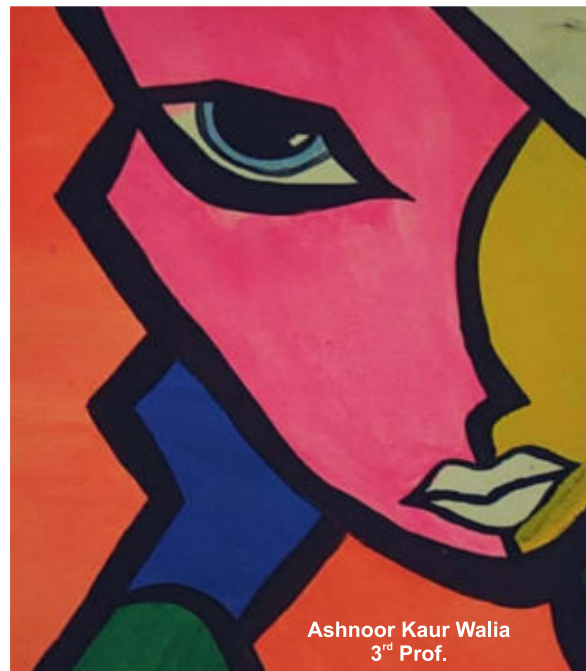
Cinni Chadha
1st Prof.



Twinkle Mittal
3rd Prof.



Twinkle Mittal
3rd Prof.



Ashnoor Kaur Walia
3rd Prof.



Qamar ul iqbal
1st Prof.

शिक्षक

माताएं देती नवजीवन
पिता सुरक्षा करते हैं।
लेकिन सच्ची मानवता
शिक्षक ही जीवन में भरते हैं॥

सत्य-न्याय के पथ पर चलना,
शिक्षक ही हमें बताते हैं।
जीवन में संघर्षों से लडना,
शिक्षक हमें सिखाते हैं॥

ज्ञान दीप की ज्योति जला कर,
मन आलोकित करते हैं।
विद्या का धन देकर शिक्षक,
जीवन सुख से भरते हैं॥

शिक्षक ईश्वर से बढ़कर हैं,
यह कबीर बतलाते हैं।
क्योंकि शिक्षक ही भक्तों को
ईश्वर तक पहुंचाते हैं॥

जीवन में कुछ पाना है तो,
शिक्षक का सम्मान करो।
शीश झुकाकर श्रद्धा से तुम,
बच्चो, उन्हें प्रणाम करो॥

Tanvi Munjal
BDS 1st Prof.

Naroish
BDS 1st Prof.

Dr. Ruchita Vasudeva
Professor

2 AM THOUGHTS

ਇਸ ਰਾਤ ਦੀ ਖਾਮੋਸ਼ੀ 'ਚ ਆਪਣਾ ਆਪ ਟੋਲਣ ਦਾ ਚਿੱਤ ਕਰਦਾ,,
ਸਾਰੇ ਦਿਨ ਦੇ ਰੌਲੇ ਤੋਂ ਬਾਅਦ ਆਪਣੇ ਆਪ ਨਾਲ ਬੋਲਣ ਦਾ ਚਿੱਤ ਕਰਦਾ..
ਕੁਝ ਗੱਲਾਂ ਬੀਤੇ ਵੇਲੇ ਦੀਆਂ ਕੁਝ ਸੋਚਾਂ ਆਉਣ ਵਾਲੇ ਕੱਲ ਦੀਆਂ,,
ਆਉਂਦੀਆਂ ਜਾਂਦੀਆਂ ਵਿੱਚ ਟੈਨਸ਼ਨਾਂ ਇਸ ਪਲ ਦੀਆਂ..
ਮਾਂ ਮੇਰੀ ਦਾ ਚਿਹਰਾ ਅੱਖਾਂ ਮੂਹਰੇ ਆਉਂਦਾ ਏ,,
ਕਿਤੇ ਤੋੜ ਨਾ ਦੇਵਾਂ ਸੁਪਨੇ ਦਿਲ ਮੇਰਾ ਘਬਰਾਉਂਦਾ ਏ..
ਜਿੰਦਗੀ ਲਾ ਤੀ ਸਾਰੀ ਕਿ ਮੈਂ ਕੁਝ ਬਣ ਜਾਵਾਂ,,
ਮਾਣ ਹੋਵੇ ਉਹਨੂੰ ਐਸਾ ਕੁਝ ਕਰ ਜਾਵਾਂ..
ਧੁੰਦਲਾ ਧੁੰਦਲਾ ਯਾਦ ਆਵੇ ਮੈਨੂੰ ਪਿਓ ਮੇਰਾ,,
ਜਿਹੜਾ ਬਾਹਲਾ ਈ ਕਰਦਾ ਸੀ ਤਿਓ ਮੇਰਾ..
ਅੱਜ ਵੀ ਕਿਤੇ ਬੈਠ ਕੇ ਮੈਨੂੰ ਵੇਖਦਾ ਹੋਣਾ,,
ਹਰ ਬੁਰੀ ਚੀਜ਼ ਤੋਂ ਮੈਨੂੰ ਬੋਚਦਾ ਹੋਣਾ..

ਆਲਮਜੋਤ ਗਰੇਵਾਲ
BDS Intern

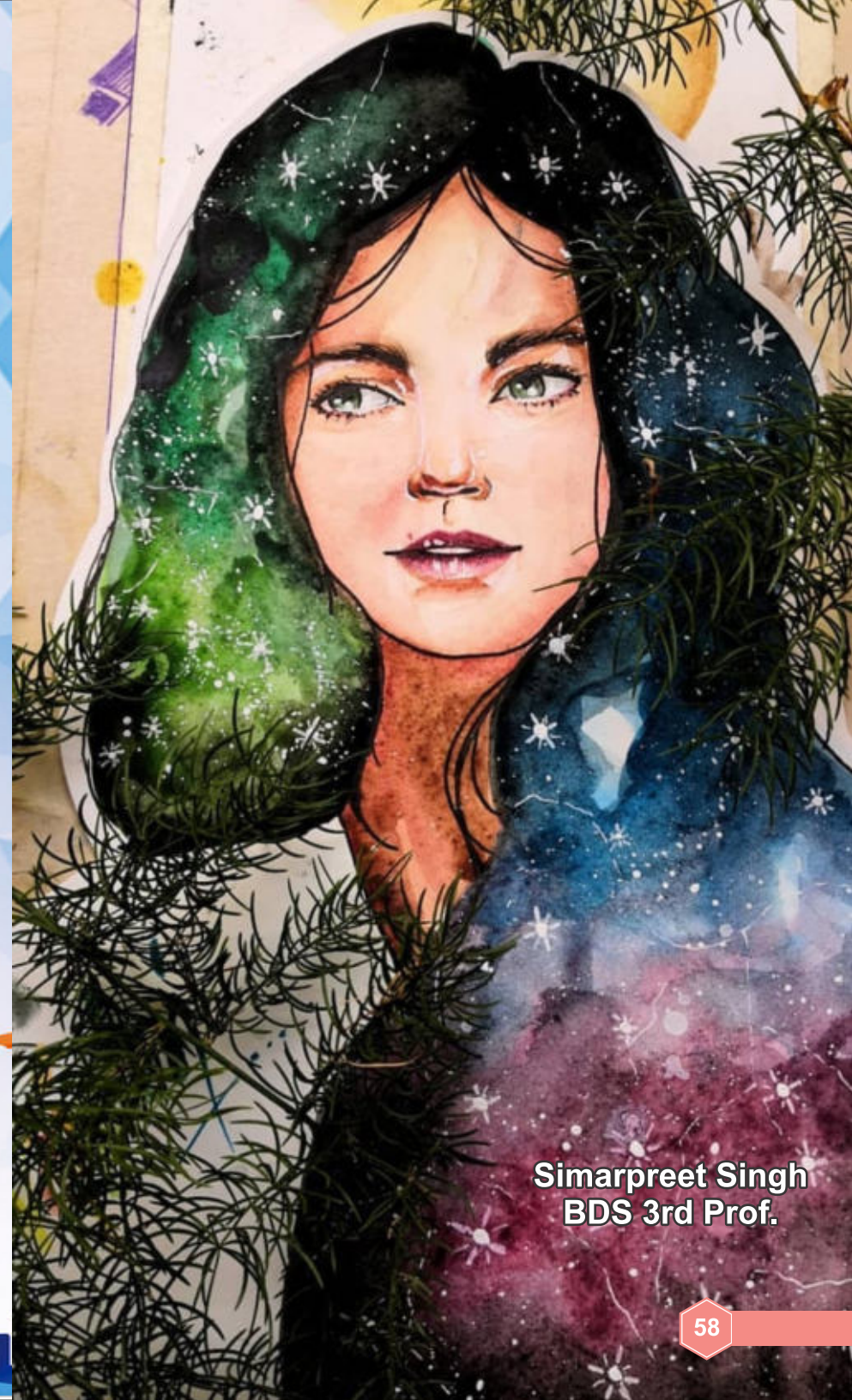
ਪਰਿਵਰਤਨ

ਇਹ ਪੱਤੇ ਪਤਝੜ ਦੇ ਕਈ ਗੱਲਾਂ ਕਹਿੰਦੇ ਨੇ,,
ਚੋਟੀ ਤੇ ਪਹੁੰਚੇ ਸਾਰੀ ਉਮਰ ਨਾ ਉੱਥੇ ਰਹਿੰਦੇ ਨੇ..
ਨਾ ਰਹਿੰਦੀਆਂ ਨੇ ਘੜੀਆਂ ਦੁੱਖਾਂ ਦੀਆਂ,,
ਨਾ ਰਹਿਣ ਬਹਾਰਾਂ ਰੁੱਤਾਂ ਦੀਆਂ..
ਰਾਤ ਖਤਮ ਕਰਨ ਲਈ ਸੂਰਜ ਆ ਹੀ ਜਾਂਦਾ ਏ,,
ਬਹੁਤੀਆਂ ਰੌਸ਼ਨੀਆਂ ਤੋਂ ਬਾਅਦ ਹਨੇਰਾ ਛਾ ਹੀ ਜਾਂਦਾ ਏ..
ਮੁੱਕਦੀ ਗੱਲ ਇਹ ਘੜੀਆਂ ਇੱਕੋ ਜਿਹੀਆਂ ਨਾ ਰਹਿੰਦੀਆਂ ਨੇ,,
ਹੰਝੂ ਤੇ ਮੁਸਕੁਰਾਹਟਾਂ ਦੋਵੇਂ ਝੱਲਣੀਆਂ ਪੈਂਦੀਆਂ ਨੇ..

अलविदा

सब यारों के याराने दिल को फिर याद आए
वोह बीते पुराने लम्हे फिर याद आए।
वोह पहले दिन, वो पहले सी बातें,
आज वोह दोस्त सब बिछड़े तो लम्हे याद आए।
देखा था कभी अजनबी से जिन्हें हमने,
आज वही खास इतने के क्या किसी को बताए।
वोह यारों की महफिल, वोह किताबों के ढेर,
वोह रात के रतजगे, वोह क्लासरूम में सब देर,
देखा आज उस क्लासरूम की तरफ,
तो वोह दोस्त मुस्कराते बड़े याद आए।
अब यही कुछ दिन है, कुछ दिन की सोहबत,
बिछड़ेंगे सब ऐसे के हर मुकाम पर याद आएंगे।
कोई इस शहर, कोई उस शहर.. कोई इस गली, कोई उस गली
निकलेंगे जब दस राह से वोह राहगीर याद आएंगे।
दिल टूटा ये सोचकर क कितनो को आखरी दफा देखेंगे,
वोह बात चुभी तो जख्म दिल के आर-पार नजर आए।
हुए गले मिलकर जुदा, किया वादा अब रहेंगे हमेशा याद,
आंखे नम हुई तो, चुप कराते नजर आए।

दीपाली
BDS Intern



Simarpreet Singh
BDS 3rd Prof.



She closed her eyes,
And blew away her dreams
Wishing for an angel
To catch them
And turn them into reality

But the dreams had
A mind of their own
As they flew in the breeze
And escaped the trees
And floated over the dense forests
Listening to the streams
They shivered above the glaciers

At the night
When the stars came
Dreams conversed with them
They asked them of the
universe's plan
And complexities of it

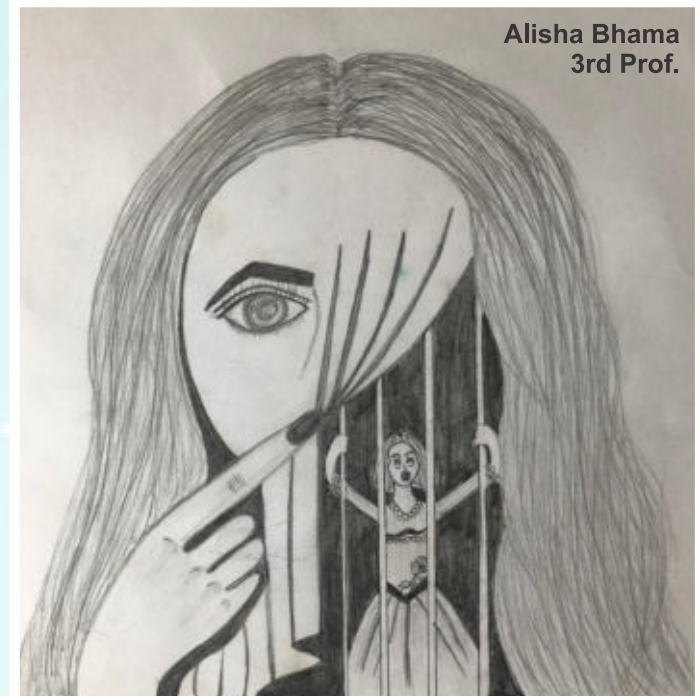
Stars told them
There's no such plan
For we are all floating beings
Going towards eternity
And all this universe asks
for is faith

To believe in the ridiculousness
Of it all
As we continue to shape our
Realities
With the deepest of its desires
And the simplest of our thoughts
So the dreams knew
What they had to do

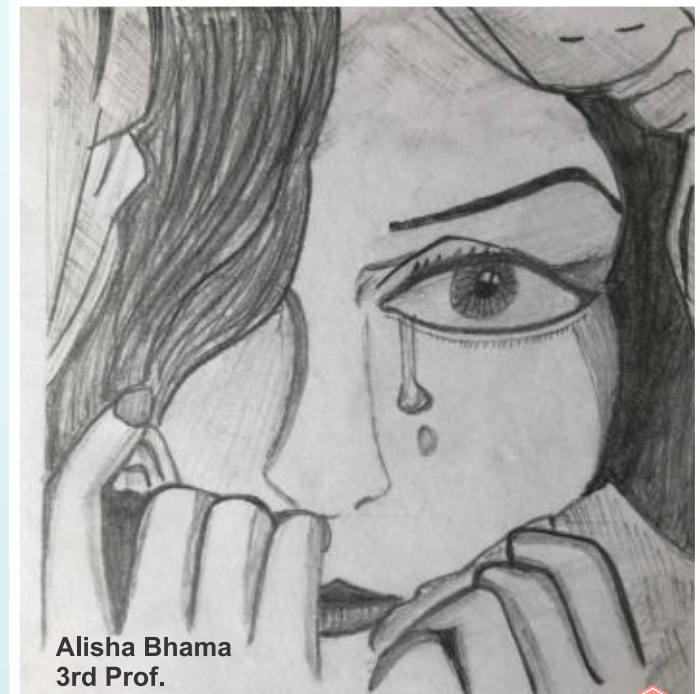
As they floated back to the garden
Where she laid down
With her eyes closed
They stared at her
The dreams smiled
Slowly transforming into reality

They sprinkled all over her
So that she could continue believing
In the beautiful ridiculousness
Of it all
When she opens her eyes
Towards the bright blue skies

~ Kashish Juneja
BDS
Second Prof.



Alisha Bhama
3rd Prof.



Alisha Bhama
3rd Prof.



Satjot Sandhu
2nd Prof.



Satjot Sandhu
2nd Prof.



Satjot Sandhu
2nd Prof.

PETALS

THE SHATTERED PETALS DESCEND FROM BLOOM
HEADING INTO THE RIVER OF DOOM
THE DELICATE LEAF CATCHES WAVE
TRAPPED FROM CHANCE AT SAVE
THE WATERS RUSH FOR GRAB
CAUSING THE PETAL A HURTFUL DAB

RIGHT AT ITS HEART OF GOLD
IT'S ONLY HOPE IS TO BE BOLD
SO MY VERY DEAR
YOU MUST ALWAYS FACE YOUR FEAR
JUST LIKE FLOWER ALL ALONE
IT WILL SOON DRY TO IT'S VERY BONE
-Kritika Chawla (BDS 1st prof.)

आसपास है सब तूफान,
समाज ना आए जाना है कहां.....|
तो सोचा जाना है वहां,
जहां सब लगे खुशनुमा|
जाना है वहां जहां अपने हो,
औरदिल खुशियों से भरा|
जाना है वहां जहां ,
हम कर सके किसी का भला |
जाना है वहां,
जहां इक बारिश की बूंदमें झूम जाऊमोर की तरह |
जाना है वहां,
जहांदिल कहे ठहर जा, और लौट ल मत आ|
फिर सोचा जाना क्यों है|
जाना है ताकि जो दिल चाहता है पा लू ,
और झूम जाऊ इक छोटेबच्चे की तरह |
जाना है और पहुंचना है वहां,
जहां देख कर कुछ अपने गिरा दे आंसू खुशी के जरा |
बस चलते जाना है उफकिए बिना
क्यों जाना है वहां,
जहां दिल कहे ठहर जा और लौट के मत आ ...|

**Who remembers the meek
after getting associated with a strong name.....**

**They don't talk to me like they used to
after their mind was engulfed by FAME
In the moment of need i stood
for them like a MOUNTAIN....
And now they call me a castle of sand**

**OUR relation was like flesh and bones
but now i am just one of their another acquaintances and
there are many others who adore them
why they would need me AGAIN**

**They don't talk to me like they used to
after their mind was engulfed by FAME...**

**They have forgotten the time
we spent together labeling it as a bad omen
And torn the pages from the
diary of memories with my name on them
they fly at high elevations,
way above my claim**

**They don't talk to me like they used to
after their mind was engulfed by FAME...**

**They don't talk to me like they used to
after their mind was engulfed by FAME...**

**Navjot bhullar
INTERN**

**After years of HURDLES...
After countless UPs and DOWNS**

**Yes at last i GRADUATE not just in my DEGREE but
I graduate in CIRCUMSTANCES i OVERCAME
I graduate in how to tolerate PAIN
I graduate in SORROWS nd WORRIES
I graduate in understanding point of VIEWS
I graduate in how to survive ALONE
I graduate in how to RISE after i FALL
I graduate towards MATURITY
I graduate in taking my own DECISIONS
I graduate in letting go away my FEARS**

YES I GRADUATE in SUFFICIENT.....

**Navjot Bhullar
INTERN**

ਅੱਖਰਾਂ ਵਿੱਚ ਜਿੰਦਗੀ ਨੂੰ
ਕਿਵੇਂ ਬਿਆਨ ਕਰ ਸਕਦੇ
ਅੱਖਰ ਬੱਸ ਅੱਖਰ ਹੁੰਦੇ ਨੇ
ਨਾ ਉਹਨਾਂ ਦੇ ਜਜ਼ਬਾਤ ਕੋਈ
ਨਾ ਉਹਨਾਂ ਦਾ ਮਨ ਕੋਈ
ਤੇ ਜਿੰਦਗੀ ਦੇ ਤਾਂ ਅਰਥ ਹੀ ਉਲਟ ਨੇ

ਇਹ ਤਾਂ ਜਜ਼ਬਾਤਾਂ ਦਾ ਹੜ੍ਹ ਹੈ
ਅੱਖਰਾਂ ਨਾਲ ਤਾਂ ਸੁਪਨੇ ਵੀ
ਬਿਆਨ ਨਹੀਂ ਹੋ ਸਕਦੇ
ਤਾਂ ਹੀ ਤਾਂ ਅਕਸਰ
ਇਹ ਭੁੱਲ ਜਾਂਦੇ ਨੇ
ਅੱਖ ਖੁੱਲਣ ਸਾਰ

Pinder Intern

CAMPUS TIMES

Yahan har mood ke rukh badalta hai
Har kuch mahine baad mausam badalta hai

Humne sab dekha hai
Humne dasmesh mein mausam badalte
dekha hai

Saal shuru hota hai thand se
Aas pass bas fog nazar aata hai
Gloves aur jackets mein dikhte hai sab
Rajai se niklne ko kiska jee chahta hai
Heater ke samne khade ho jaate hai
Kahi se toh suraj aa jaye, sab yehi dua karte
reh jaate hai

Aayi basant ki baari
Jo aaye after february
Hare hare patte, Peele peele phool
Ghar wapas aaye panchi jo gaye the bhul
Sukhi dharti b muskurayi
Kheton mein hariyali chhayi

May june mein garmi aaye
Ac fan ki demand badh jaaye
Sab barkha ko tarsaaye
Naresh ki Ice cream khaye thande ho jaaye
Suraj dada b durr se ithraye
Aam ke lelo maze, bas yehi kehlaye

Ghir na jaana kahi,
Sambhal ke chalna
Mausam baarish ka hai
Badal ke garjane se tum na darna
Itar ki khushboo hawa mein ghul jaaye
Jab kuch barrish ki boondein mitti ko chu
jaaye

Ache din aaye hai toh unhe jaana b hoga
Jo phool khile unhe murjhana b hoga
Patjhad aaya hai, ped ne b kuch khul ke
sunaya hai
Darakht hu main, patte ghirte hai roz mere
Phir b hawaon se na badalte rishte mere

Saal jaa rha hai
Saath le jaa rha hai yaadein
Mausam toh phir aa jayenge
Par Kahan se laoge woh baatein
Jo isse college ke campus ke kisi khone mein
baith kar kabhi huyi thi
Kahan se laoge woh yaari
Jo isse college mein bani, bhikari, tooti,
judi and apni apni raahon mein chal padhi thi

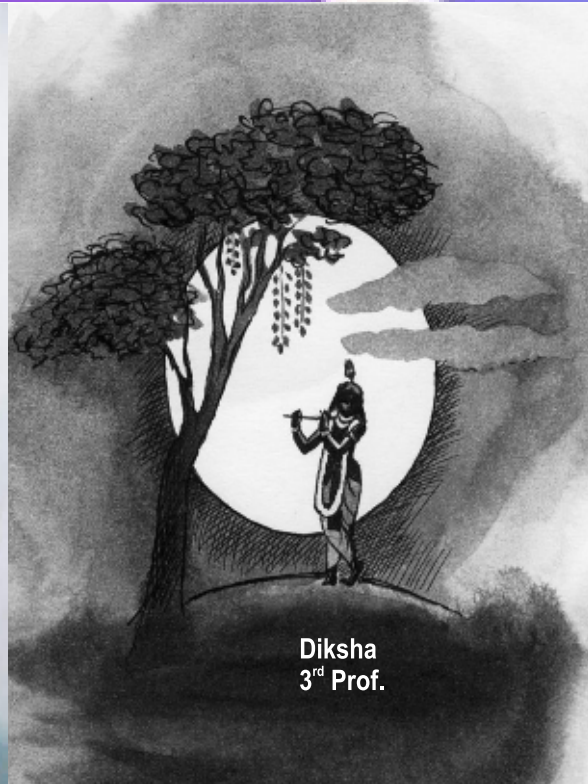
Humne sab dekha hai
Humne dasmesh mein har mausam badalte
dekha hai

Dr. Arushi Mahajan





Diksha
3rd Prof.



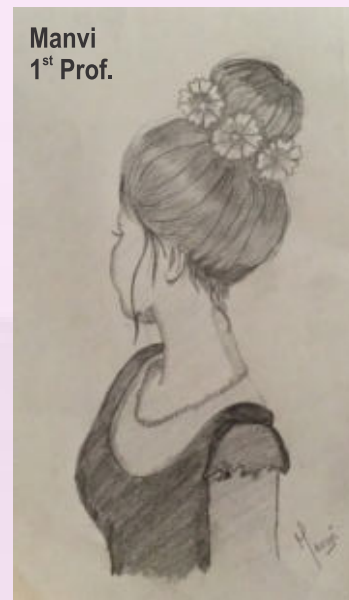
Diksha
3rd Prof.



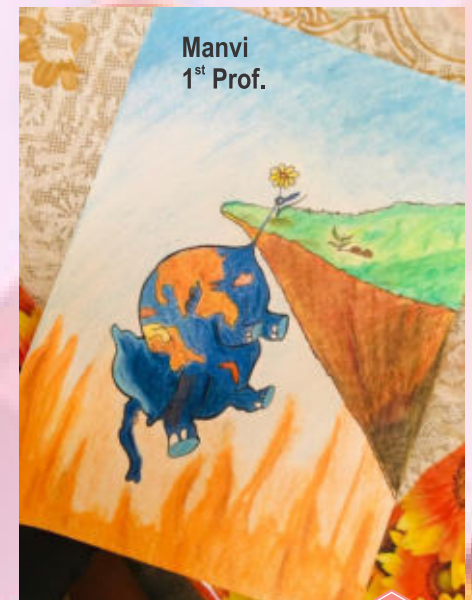
Jasroop
INTERN



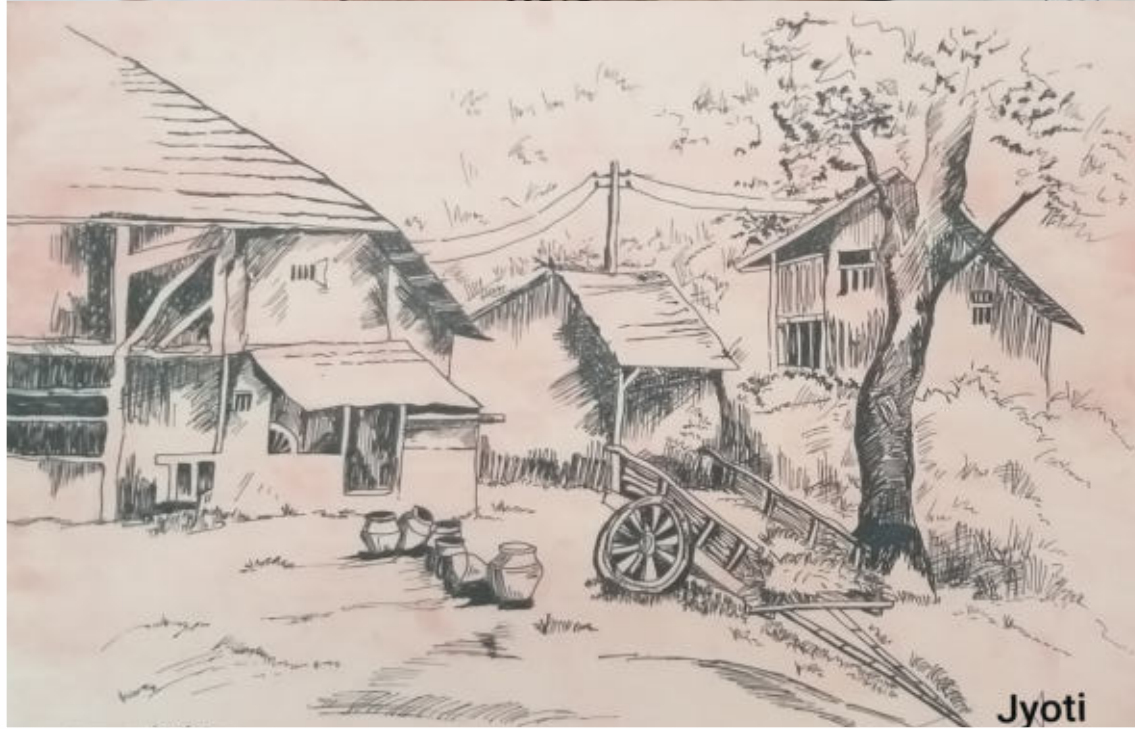
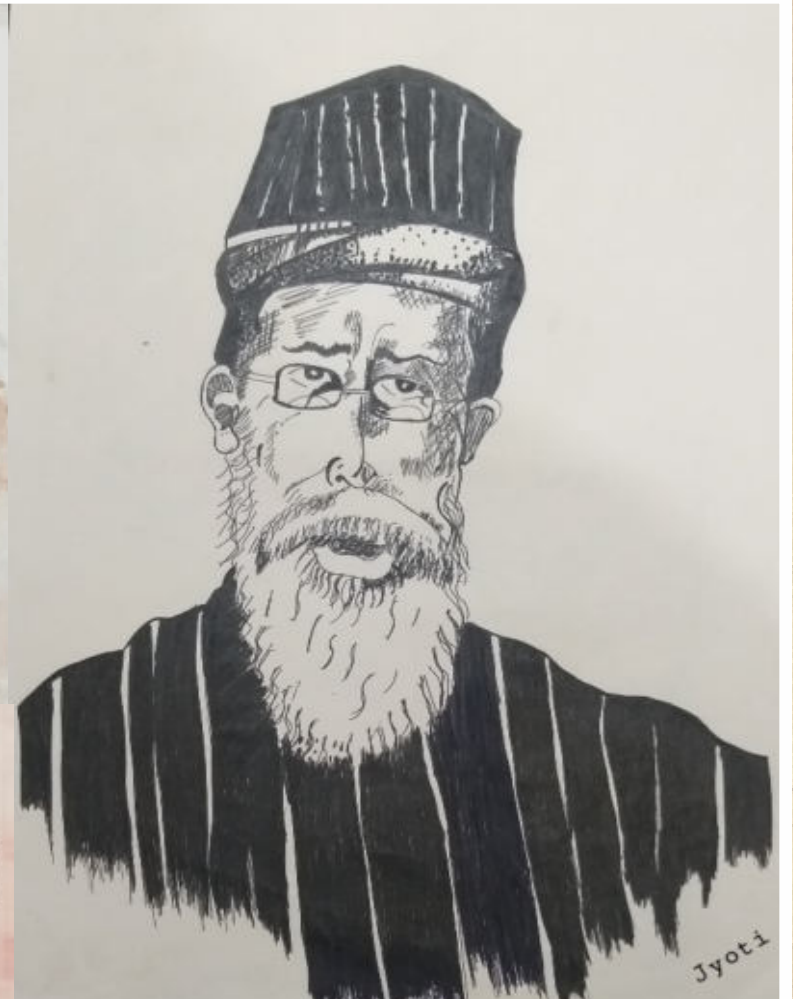
Jasroop
INTERN



Manvi
1st Prof.



Manvi
1st Prof.



A-Z LIST OF PHOBIAS

1. Achluo/Nyctophobia- Fear Of Dark
2. Acrophobia- Fear Of Height
3. Aero/ Pteromerhanophobia- Fear Of Flying
4. Agoraphobia- Fear Of Crowd
5. Aichmophobia- Fear Of Needle
6. Ailuro/Elurophobia- Fear Of Cat
7. Alektorophobia- Fear Of Chicken
8. Algophobia- Fear Of Pain
9. Amathophobia- Fear Of Dust
10. Amaxophobia- Fear Of Riding In A Car
11. Androphobia- Fear Of Men
12. Anginophobia- Fear Of Angina
13. Anthophobia- Fear Of Flower
14. Anthropophobia- Fear Of People
15. Aphenphosm/Haphephobia- Fear Of Being Touched
16. Arachnophobia- Fear Of Spider
17. Arithmophobia- Fear Of Number
18. Astrapophobia- Fear Of Light And Thunder
19. Ataxophobia- Fear Of Disorder
20. Atelophobia- Fear Of Imperfection
21. Atychiphobia- Fear Of Failure
22. Automatonophobia- Fear Of Human Like Figures
23. Autophobia- Fear Of Being Alone
24. Bacteriophobia- Fear Of Bacteria
25. Barophobia- Fear Of Gravity
26. Bathmophobia- Fear Of Stairs
27. Batrachophobia- Fear Of Amphibians
28. Belonophobia- Fear Of Pins
29. Bibliophobia- Fear Of Books
30. Botanophobia- Fear Of Plants
31. Cacophobia- Fear Of Ugliness
32. Catagelophobia- Fear Of Being Ridiculed
33. Catoptophobia- Fear Of Mirrors

34. Chionophobia- Fear Of Snow
35. Chromophobia- Fear Of Colors
36. Chronomentrophobia- Fear Of Clocks
37. Chronophobia- Fear Of Time
38. Claustrophobia- Fear Of Confined Space
39. Coulrophobia- Fear Of Clowns
40. Cryophobia- Fear Of Ice/Cold
41. Cyberphobia- Fear Of Computers
42. Cynophobia- Fear Of Dogs
43. Dendrophobia- Fear Of Trees
44. Dentophobia- Fear Of Dentists
45. Domatophobia- Fear Of Houses
46. Driving Phobia- Fear Of Driving A Car
47. Dystychiphobia- Fear Of Accidents
48. Ecophobia- Fear Of Home
49. Emetophobia- Fear Of Vomiting
50. Entomophobia- Fear Of Insects
51. Ephebiphobia- Fear Of Teenagers
52. Equinophobia- Fear Of Horses
53. Ereutho/Erythrophobia- Fear Of Blushing
54. Gamophobia- Fear Of Marriage
55. Genophobia- Fear Of Sex
56. Genuphobia- Fear Of Knees
57. Glossophobia- Fear Of Public Speaking
58. Gynophobia- Fear Of Women
59. Heliophobia- Fear Of Sun
60. Hemophobia- Fear Of Blood
61. Herpetophobia- Fear Of Reptiles
62. Hydrophobia- Fear Of Water
63. Hypochondria- Fear Of Illness
64. Iatrophobia- Fear Of Doctors
65. Insectophobia- Fear Of Insects
66. Koinoniphobia- Fear Of Rooms Full Of People
67. Koumpounophobia- Fear Of Buttons
68. Leukophobia- Fear Of White Color
69. Lilapsophobia- Fear Of Tornadoes And Hurricanes
70. Lockiophobia- Fear Of Childbirth
71. Mageirocophobia- Fear Of Cooking
72. Megalophobia- Fear Of Large Things
73. Melanophobia- Fear Of Black Color
74. Microphobia- Fear Of Small Things

75. Mysophobia- Fear Of Dirt And Germs
76. Necrophobia- Fear Of Death
77. Nephophobia- Fear Of Clouds
78. Noctiphobia- Fear Of Night
79. Nosocomephobia- Fear Of Hospitals
80. Obesophobia- Fear Of Gaining Weight
81. Ochlophobia- Fear Of Crowds
82. Octophobia- Fear Of Figure 8
83. Ombrophobia- Fear Of Rain
84. Onomatophobia- Fear Of Names
85. Ophidiophobia- Fear Of Snakes
86. Ornithophobia- Fear Of Birds
87. Papyrophobia- Fear Of Paper
88. Pathophobia- Fear Of Disease
89. Pedophobia- Fear Of Children
90. Philematophobia- Fear Of Kissing
91. Philophobia- Fear Of Love
92. Phobophobia- Fear Of Phobias
93. Podophobia- Fear Of Feet
94. Pogonophobia- Fear Of Beards
95. Porphyrophobia- Fear Of Purple Color
96. Pteridophobia- Fear Of Ferns
97. Pyrophobia- Fear Of Fire
98. Samhainophobia- Fear Of Halloween
99. Scolionophobia- Fear Of School
100. Scoptophobia- Fear Of Being Stared At
101. Selenophobia- Fear Of Moon
102. Sociophobia- Fear Of Social Evaluation
103. Somniphobia- Fear Of Sleep
104. Tachophobia- Fear Of Speed
105. Technophobia- Fear Of Technology
106. Tonitro/Keraunophobia- Fear Of Thunder
107. Trypanophobia- Fear Of Injections
108. Trypophobia- Fear Of Holes
109. Venustraphobia- Fear Of Beautiful Women
110. Verminophobia- Fear Of Germs
111. Wiccaphobia- Fear Of Witches And Witchcraft
112. Xenophobia- Fear Of Strangers
113. Zoophobia- Fear Of Animals

Dr. Anita Mehta, Professor

HEALTH PROBLEMS AMONG TODAY'S YOUTH

~ Dr. Ruchita Vasudeva

Professor & Head, Physiology

Young people are the future of any country and a precious resource for the society as a whole and the family as a unit. WHO defines persons in the age group of between 20 - 24 years as young adults. In India, the number of young adults is around 600 million. As Dr. APJ. Abdul Kalam once stated, "The resource of the youth is an important building block for transforming India into a developed nation".

It is necessary that there should be positive influences and keen awareness of health problems likely to develop through these years. This article attempts to highlight such problems and discuss the possible solutions to these problems.

LIFESTYLE PROBLEMS:

The burden of overweight and obesity is increasing among the urban adolescents. Even well-off households suffer from under nutrition because of popularity and availability of energy rich but nutrient poor junk food. About 56% of adolescent girls in urban areas are anaemic. Young adults are moving away from fresh food and nutrient rich local produce and leaning towards refined and preserved food which contributes to poor nutrition. The threat of noncommunicable diseases like hypertension and diabetes can only be checked if the households and the society as a whole adopt a positive attitude towards traditional Indian food.

PSYCHIATRIC PROBLEMS:

Rani Mohanraj et al (2010) conducted a study on 964 adolescents – 509 boys and 455 girls. Out of these, only 378 adolescents (39.2%) were found to be non-depressed, while a large number, i.e. 358 (37.1%) were mildly depressed. 187 (19.4%) of these were moderately depressed and 41 (4.3%) were severely depressed.

Developmental immaturity, risky conduct, and bad decision-making in response to hot emotions also amplify the hazard of intentional and chance violence among the youth.

Detection, recognition, acceptance and intervention for the problems are the cornerstone of moving towards the solution.

ALCOHOL AND SUBSTANCE ABUSE:

Two important factors leading to alcohol, tobacco and substance abuse are: curiosity and peer pressure among the young people. Even worse is the contribution of the media which portrays the filthy abuse as cool or as a part of 'growing up.'

The different stages of alcohol intoxication are Subclinical Intoxication, Euphoria, Excitement, Confusion, Stupor, Coma and Death. Harmful drinking among adolescents reduces self-control and increases risky behaviours, such as dangerous driving.

Considering the problem of drug abuse, it is found that around 43% adolescents indulge in substance abuse.

STRESS

Stress is growing among the youth at an increasing rate due to isolation and fear of ridicule.

Sahoo et al using Depression Anxiety Stress Scale (DASS) observed that 20% young adults experienced stress.

At the heart of the problem of stress, also lies the lack of moral development in the students. The youth are prone to lying behaviour, laziness and indiscipline. The happiest and most balanced students are those who learn to adopt good and disciplined work habits early.

HYPERTENSION

Hari Kumar et al have described the Ominous Octet of S's which are the risk factors for the development of non-communicable disease in general, and cardiovascular diseases in particular. These include sex, salt, sugar, sleep, smoking, stress, sunlight and sedentary behaviour. The same authors have added saturated fat to complete the Nasty Nine and further added prolonged sitting to create the list of Terrible Ten. Understanding these associations is helpful in designing the preventive and therapeutic approach for hypertension.

SLEEP DISTURBANCES

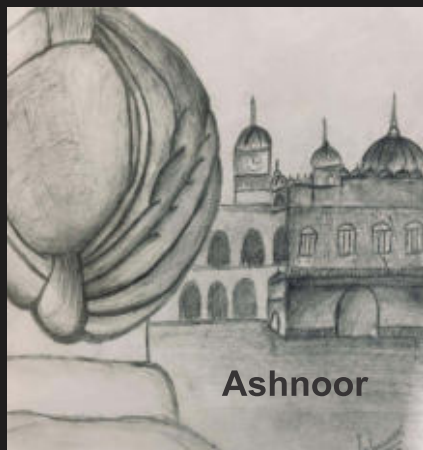
In the case of sleep problems, internet usage and actually, uncontrolled internet usage lies at the core of the issue. Studies have demonstrated problems like more sleep deprivation, excessive daytime sleepiness, insomnia, snoring, apnoea, teeth grinding and nightmares in internet addicts compared to non addicts.

To sum up, the young adults are exposed to many influences which need to be handled properly for them to lead a healthy lifestyle. Health is an individual responsibility, so it must be recognized as such by the young people. In addition, support must come from all corners to sustain and nurture the youth of the country.

(Attribution: The data has been collected from various research articles.)



Rakshanda



Ashnoor



Jasmine

A FEMALE FOETUS PLEASE DON'T KILL ME

A POEM BY A FOETUS
IN ITS MOTHER'S WOMB-

I didn't want an X,
was craving for a Y;
as I want to live outside
and now, I might die.
They say they don't differentiate,
a cold-blooded lie;
They say they would be happy,
Huh! only if they sincerely try.
They will either leave me alone,
in a space sparsely prone;
or would poke in a pin,
as if my birth would be a deadly sin.
Hey, dad
I am yours, don't blow me away;
I would be better than a son,
in every possible way.
Hey, granny!
Don't you want to come and oil my hair?
I promise to be a budding plant,
with you as my soil.
Everybody loves his/her Mom,
and thank her for everything they get;
I could also be a Mom one day,
but only if they let.
If money is the reason you hesitate,
I would find myself a selfless groom;
or would work to satiate your appetites,
either by books or broom.
Dear, God!

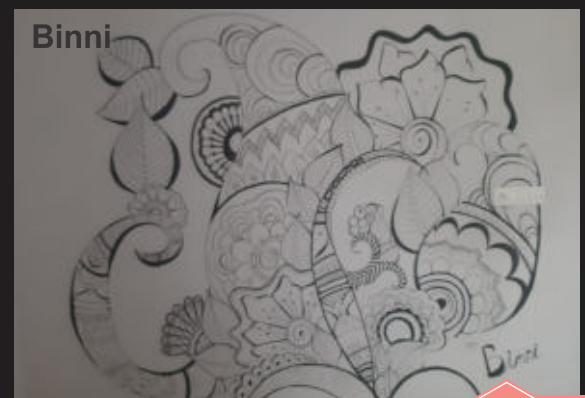


If I come back to you again,
please make me a bee;
as they truly understand,
the privilege of having a 'she'.
And please, I request you not to give,
such people a girl;
Until they realise their mistake,
of neglecting a pearl.

AYUSH GARG
BDS 1stPROF.



Ravneet
Dhaliwal



Binni

REACH FOR THE STARS

If you ever feel like admitting defeat,
Keep moving, don't take a back seat.
Be it rain, blizzard or scorching heat,
Sour shall soon turn sweet.
Move mountains and cross oceans,
You shall get there, with zeal and devotion.
Keep aiming the stars without fearing the scars,
Don't stop even if victory seems far.
Fall seven times, get up eight,
Never say never even if late.
With time, it will just be fine,
Remember, you are here to shine.
Nothing should tear you apart nor break you down,
For you are the one that deserves the crown.

Aprajita
3rd Prof.

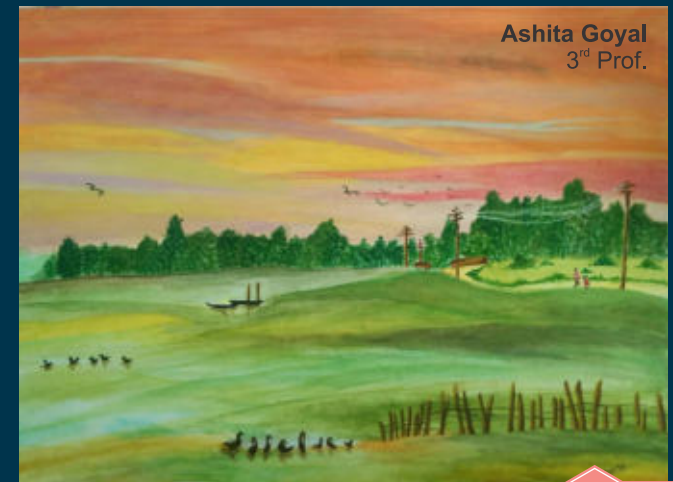
SURVIVING ANOTHER DAY IN THE GROTESQUE WORLD
WE ALL FORGET TO LIVE
SHOUTING AMONG THE CROWD TO BE HEARD
WE ALL FORGET OUR WORD'S MOTIVE

FIGHTING OUR OWN REALITIES
WE ALL FORGET TO DREAM
TRYING TO HIDE OUR AGONIES
WE DON'T LET HAPPINESS GLEAM

LIVING UP TO OTHER'S EXPECTATIONS
WE FORGET WHAT WE ARE BORN FOR
EVERYDAY GIVING INTO OUR TEMPTATIONS
WE DON'T LET OUR MIND REST IN SEARCH OF MORE

BUT WE SHOULDN'T FORGET TO BLOOM LIKE A SUNFLOWER
TO FOLLOW OUR HEART LIKE SUN
AND WE SHOULDN'T FORGET OUR POTENTIAL AND POWER
THAT WITH RESILIENCE AND PATIENCE ALL COULD BE WON

PURNOOR SIDHU
(BDS FIRST YEAR)

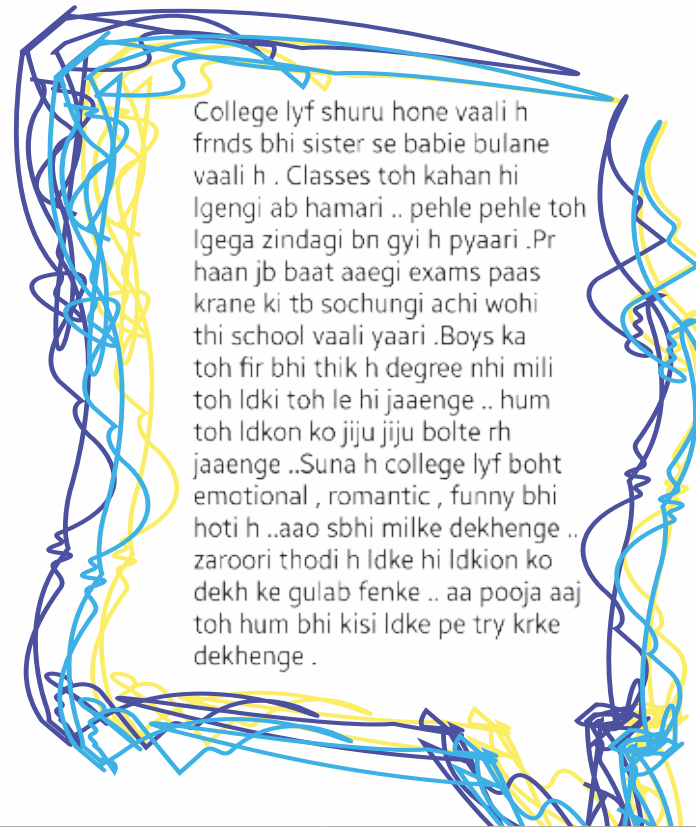


ENCHANTED

It was all good until one day
When everything changed in the fairy tale
The prince ever charming went for exile
Leaving the princess mourn inside
A castle so strange to little girl
Who never talked one inmate or the other
Life suddenly took it's toll
She had to face it all alone
Walking her dragons through the woods she goes
To every predator loud she roars
Chanting the name of her prince she remembers
The promises he made to every service she rendered
Time passed by; the exile had ended
Prince came back but he had befriended
Some monstrous devils who changed his mind
Made him forget the love of his life
Enchanted in spell he grew over her thoughts
Poor princess was left all alone
The story though sad made her win
Over the desires, the wants, the sins

Tanvi Mahajan

Final Prof)



College lyf shuru hone vaali h frnds bhi sister se babie bulane vaali h . Classes toh kahan hi lgengi ab hamari .. pehle pehle toh lgega zindagi bn gyi h pyaari .Pr haan jb baat aeegi exams paas krane ki tb sochungi achi wohi thi school vaali yaari .Boys ka toh fir bhi thik h degree nhi mili toh ldki toh le hi jaaenge .. hum toh ldkon ko jiju jiju bolte rh jaaenge ..Suna h college lyf boht emotional , romantic , funny bhi hoti h ..aao sbhi milke dekhenge .. zaroori thodi h ldke hi ldkon ko dekh ke gulab fenke .. aa pooja aaj toh hum bhi kisi ldke pe try krke dekhenge .

Ashmita
3rd Prof.

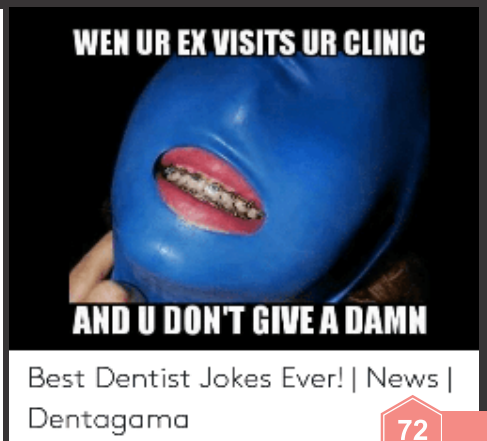
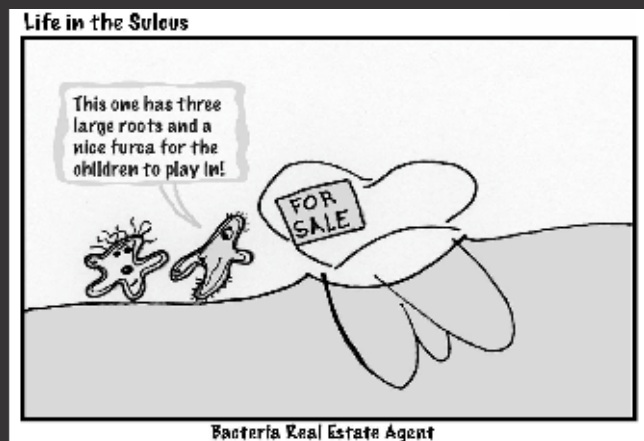
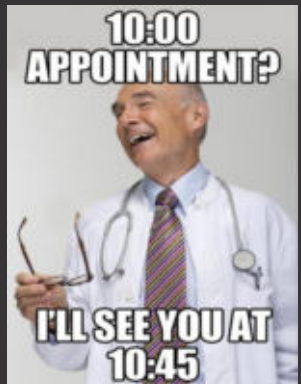
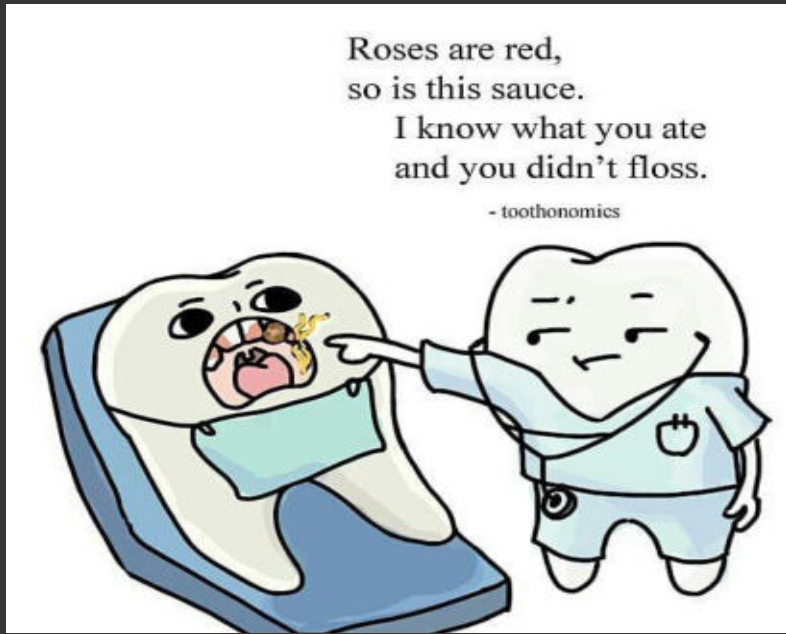


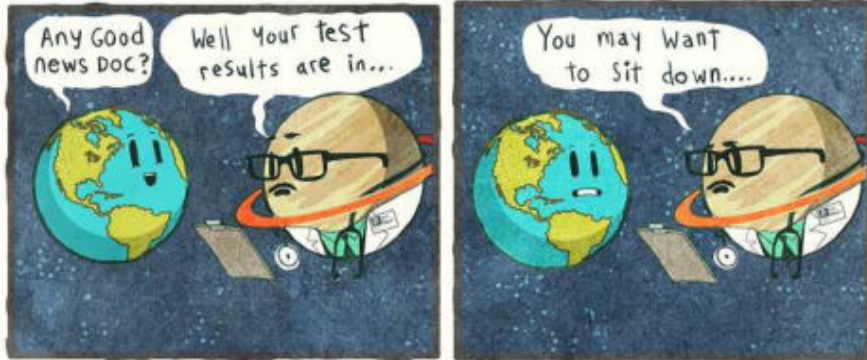
Manisha
INTERNS



Manseerat
3rd Prof.

MEMES





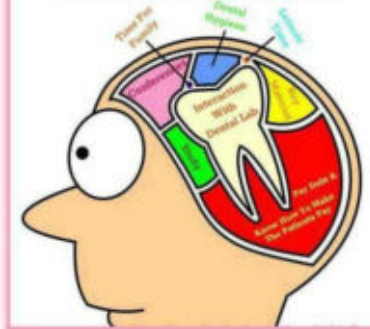
SC

"We have lost the way. Greed has poisoned men's souls"

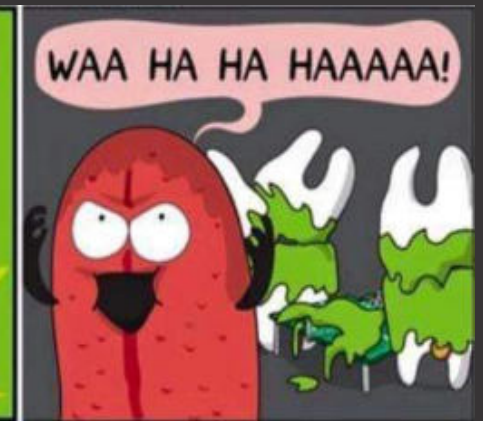


Like Neon Nettle on Facebook for more.

Brain Of A DENTIST..



This is all I have in my brain..... so please forgive me my Friends and Family for not staying in touch enough.



“Art enables us to find ourselves and lose ourselves at the same time.”-Thomas Merton , No Man Is an Island

1st Year B.D.S



"I have not failed. I've just found 10,000 ways that won't work." -Thomas A. Edison

2nd Year B.D.S



I am enough of an artist to draw freely upon my imagination. Imagination is more important than knowledge. Knowledge is limited. Imagination encircles the world.” -Albert Einstein

3rd Year B.D.S



“It is never too late to be what you might have been.” -George Eliot

FINAL YEAR B.D.S



Life isn't about finding yourself. Life is about creating yourself.” -George Bernard Shaw

INTERNS



“What i like about photographs is that they capture a moment that's gone forever, impossible to reproduce.” -Karl Lagerfeld

POST GRADUATES



"We don't make mistakes, just happy little accidents." -Bob Ross

GEMS OF THE COLLEGE



"Painting is poetry that is seen rather than felt, and poetry is painting that is felt rather than seen." - Leonardo da Vinci



DEPARTMENT OF ORAL MEDICINE & RADIOLOGY

Dr. Ramandeep Singh Punia
M.D.S

**Prof
&
Head**

Dr. Sandeep Bains
M.D.S

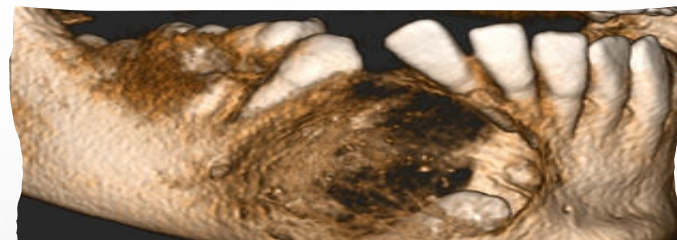
**Associate
Professor**

**Assistant
Professor**

Dr. Mandeep Kaur
M.D.S

Lecturer

Dr. Ramanpreet Kaur Khosa, B.D.S.
Dr. Harbhajneek Kaur, B.D.S.
Dr. Kamalpreet Kaur, B.D.S.



“You must have chaos within you to give birth to a dancing star.” - Friedrich Nietzsche

ACADEMIC & SCIENTIFIC PROGRAMS ORGANIZED BY DEPARTMENT:

- World No Tobacco Day 31.05.2019
- World Cancer Day 4.2.2020
- Research Degree Committee (RDC) Meeting of Ph.D Candidate Dr. Sandeep Kumar Bains held on 30-4-2019.

FACULTY ACHIEVEMENTS

Dr. Ramandeep Singh Punia- Professional Achievements

- Conducted Pre Conference Course on CBCT and Chaired Scientific sessions in 31st National IAOMR Conference held in Hyatt Regency at Amritsar on 15th-17th November 2019.
- Guest Speaker: CDE Program “Cone Beam Tomography – 3D Eye of Imaging” at SGRD Institute of Dental Sciences and Research, Amritsar on 19.09.2019
- A National Workshop by IAOMR on CBCT in Dental Practice in association with IDA Defence Branch on 14.04.2019 at Army Dental Centre & Referral, New Delhi
- BESTTEACHERAWARD 2019

Dr. Sandeep Kumar Bains - Professional Achievements

- Chaired Scientific session in 31st National IAOMR Conference held in Hyatt Regency at Amritsar on 15th-17th November 2019.
- Presented original research paper on Application of CBCT in dental implant planning in 31st National IAOMR Conference held in Hyatt Regency at Amritsar on 15th-17th November 2019

Name of the Faculty	Number of Publication April 2019-Feb. 2020
Dr. Ramandeep Singh Punia	3
Dr. Sandeep Kumar Bains	4
Dr. Mandeep Kaur	1

"I dream my painting and I paint my dream." - Vincent Willem van Gogh



DEPARTMENT OF ORAL & MAXILLOFACIAL SURGERY

Dr. S.P.S. Sodhi
M.D.S

**Prof
&
Head**

Dr. Ramandeep Singh Brar
M.D.S

Professor

**Associate
Professor**

Dr. Gursimrat Kaur Brar
M.D.S

**Assistant
Professor**

Dr. Bhavaneesh Goel, M.D.S
Dr. Amul Jain, M.D.S
Dr. Mehak Malhotra

Dr. Sonu Gupta, B.D.S
Dr. Tanya Narula, B.D.S

Lecturer

*Take chances, make mistakes. That's how you grow. Pain nourishes your courage.
You have to fail in order to practice being brave. -Mary Tyler Moore*

ACADEMIC & SCIENTIFIC PROGRAMS ORGANIZED BY DEPARTMENT:

- Conducted AOMSI Master Class 2020 from 20th to 23rd Feb. 2020
- Suturing Workshop organised on 23rd Dec, 2019 at Dasmesh Institute of Research & Dental Sciences, Faridkot on goat tongue.

FACULTY ACHIEVEMENTS

Dr. S. P. S. SODHI - Professional Achievements

- Received ACADEMICIAN OF THE YEAR AWARD from Famdent Excellence in Dentistry Awards on 24th Nov, 2019 at Mumbai.
- Received HEROIC DENTISTRY AWARD from Famdent Excellence in Dentistry Awards on 24th Nov, 2019 at Mumbai.
- Guest Speaker at National Surgical workshop on “Correction of Acquired Facial Deformities” on 11th & 12th Jan. 2020 at Indore, on topic – “Management of unilateral Mandibular Hyperplasia and Hypoplasia”; organized by Sri Aurobindo Institute of Medical Sciences, Indore in collaboration with the Indian Academy of Maxillofacial Surgery
- Conducted one day workshop – Oral Surgery Conclave – organised by North-West IDA Delhi at Crown Plaza on Nov, 23, 2019 at Mithila Minority Dental College, Darbanga on 14th Oct. 2019.
- Guest Speaker at IDA Jalandhar on “Management of Benign Odontogenic Tumours” and “Surgical removal of Mandibular Third molars” on 9th Oct, 2019.
- Guest Speaker at 11th International Congress of Academy of Oral Implantology on 13th Sept, 2019 at New Delhi.
- Guest Speaker at Delhi-NCR State Chapter of AOMSI at Master Class – 2019 at Sudha Rastogi College of Dental Science & Research, Faridabad on 28th-31st March, 2019. At National Surgical workshop on “Correction of Acquired Facial Deformities” on 11th & 12th Jan. 2020 at Sri Aurobindo Institute of Medical Sciences, Indore; organized by Indian Academy of Maxillofacial Surgery.

DR. RAMANDEEP SINGH BRAR - Professional Achievements

- Guest Speaker at IDA Kotkapura on Nov. 9, 2019

DR. GURSIMRAT BRAR - Professional Achievements

- Received EMERGING LEADERS OF DENTISTRY AWARD from Famdent Excellence in Dentistry Awards on 24th Nov, 2019 at Mumbai.
- Guest Speaker at National Surgical workshop on “Correction of Acquired Facial Deformities” on 11th & 12th Jan. 2020 at Indore, on topic – “Treatment of Osteoradionecrosis and Avascular Necrosis”; organized by Sri Aurobindo Institute of Medical Sciences, Indore in collaboration with the Indian Academy of Maxillofacial Surgery.
- As Scientific Session Judge at National Surgical workshop on “Correction of Acquired Facial Deformities” on 11th & 12th Jan. 2020 at Sri Aurobindo Institute of Medical Sciences, Indore; organized by Indian Academy of Maxillofacial Surgery.

NUMBER OF PUBLICATIONS BY THE DEPARTMENT FACULTY

Name of the Faculty	Number of Publication April 2019-Feb. 2020	Number of Contributions in Books as Author April 2019-Feb. 2020
Dr.SPS Sodhi	07	01
Dr.Ramandeep Singh Brar	02	-
Dr.Gursimrat Kaur Brar	05	01
Dr. Mehak Malhotra	-	01
Dr.Sonu Gupta	06	-

The only place you find success before work is in the dictionary. -May V Smith



DEPARTMENT OF PROSTHODONTICS & CROWN & BRIDGE

Dr. Pardeep Bansal
M.D.S

**Prof
&
Head**

Dr. Poonam Bali
M.D.S

Professor

**Associate
Professor**

Dr. Rajnish Bansal
M.D.S

**Assistant
Professor**

Dr. Asmita Sodhi, M.D.S
Dr. Manpreet Kaur, M.D.S

Dr. Prahbjot Kaur, B.D.S
Dr. Navnaaz Kaur, B.D.S
Dr. Kawaljit Singh, B.D.S
Dr. Navjot Kaur, B.D.S

Lecturer



ACADEMIC & SCIENTIFIC PROGRAMS ORGANIZED BY DEPARTMENT:

- Conducted CPC on the topic of “Unconventional Complete Dentures” given by Dr. Poonam Bali

Name of the Faculty	Number of Publication April 2019-Feb. 2020
DR. PARDEEP BANSAL	6
DR. POONAM BALI	2
DR. RAJNISH BANSAL	2
DR. MANPREET KAUR	2
DR. SUKHMEET KAUR	1

FACULTY ACHIEVEMENT

Dr. Pardeep Bansal - Professional Achievement

- Presented As Guest Lecture At Ida Faridkot Branch On The Topic “impression Techniques” held on 29th September 2019
- The Pathshala Honoured Dr. Pardeep Bansal For His Guest Lecture On The Topic “the Do's And Don't's In Impression Making” Held On 1st December 2019

Nobody can make you feel inferior without your consent. -Eleanor Roosevelt



DEPARTMENT OF CONSERVATIVE DENTISTRY & ENDODONTICS

Dr. Sunandan K. Mittal
M.D.S

Prof
&
Head

Dr. Tarun Kumar
M.D.S

Professor

Associate
Professor

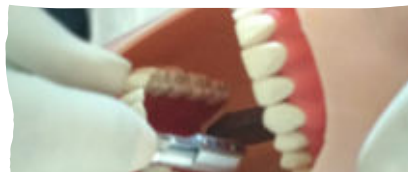
Dr. Vanita Keshav, M.D.S
Dr. Inderpreet Singh, M.D.S

Assistant
Professor

Dr. Harpreet Kaur, M.D.S
Dr. Sunny Arora, M.D.S
Dr. Charu Goyal, M.D.S

Dr. Preet Komal, B.D.S.
Dr. Ramanpreet Kaur Sekhon, B.D.S
Dr. Amrit Bir Kaur, B.D.S

Lecturer



It took me a long time not to judge myself through someone else's eyes. -Sally Field

FACULTY ACHIEVEMENTS

Dr. Sunandan Mittal – Professional Achievements

- Guest Lecture at 27th IES National Conference on the topic Innovations in Endodontics held on 20th – 22nd Dec 2019 at New Delhi
- Poster Chairperson at 20th IACDE P.G Convention 2019 held on 8-9 March 2019 at Chandigarh

Dr. Tarun Kumar - Professional Achievements

- Poster Chairperson at 20th IACDE P.G Convention 2019 held on 8-9 March 2019 at Chandigarh
- Paper Chairperson at 5th ISDT National Symposium held on 27 July, 2019 at CDC Ludhiana
- Session Chairperson at 27th IES National Conference held on 20th – 22nd Dec 2019 at New Delhi
- Elected as Executive Committee member of Indian endodontic society

Dr. Vanita Keshav - Professional Achievements

- Poster Chairperson at 20th IACDE P.G Convention 2019 held on 8-9 March 2019 at Chandigarh
- Session Chairperson at 34th IACDE National Endodontic Conference held at Mumbai

Dr. Charu - - Professional Achievements

- Session Chairperson at 34th IACDE National Endodontic Conference held at Mumbai

Name of the Faculty	Number of Publication April 2019-Feb. 2020
Dr.Sunandan Mittal	1
Dr.Tarun Kumar	1
Dr.Vanita Keshav	1

Hope never abandons you, you abandon it. -George Weinberg



DEPARTMENT OF PEDIATRIC & PREVENTIVE DENTISTRY

Dr. Meenu Bhola
M.D.S

**Prof
&
Head**

Dr. Nitika Bajaj, M.D.S
Dr. Gurlal Singh Brar, M.D.S

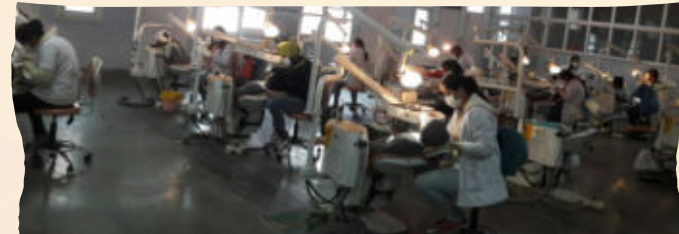
Professor

**Assistant
Professor**

Dr. Manpreet Kaur, M.D.S
Dr. Taruna Gera, M.D.S

Lecturer

Dr. Jaswant Singh Toor
B.D.S



“I have not failed. I've just found 10,000 ways that won't work.” -Thomas A. Edison

ACADEMIC & SCIENTIFIC PROGRAMS ORGANIZED BY DEPARTMENT:

- CPC 29th April, 2019 on Positioning for success in dentistry. Lecture delivered by Dr. Nitika Bajaj, Department of Pediatric and Preventive Dentistry.
- Pedodontist Day' was celebrated on 14th November, 2019. Free Dental Health Check up camp was organised by the department where students of different schools were examined. Free dental treatment was done. Drawing Competition was also held and free Dental Health Kits were distributed among the students.
- Conducted 30 Dental Health Check up camps in various schools of Faridkot district under School Dental Health Education Programme.

FACULTY ACHIEVEMENTS

Dr. Meenu Bhola - Professional Achievement

- Chaired scientific paper presentation at 5th Indian Society of Dental Traumatology National Symposium on 27th July, 2019
- Chaired scientific poster presentation at 5th Indian Society of Dental Traumatology National Symposium on 27th July, 2019

Dr. Nitika Bajaj - Professional Achievement

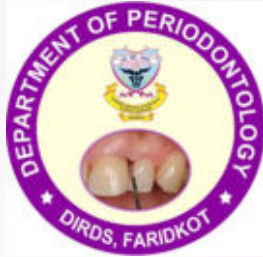
- Chaired session at Indian Dental Association Conference, Faridkot in the month of March, 2019

Dr. Gurlal Singh Brar - Professional Achievement

- Convenor in organizing Quiz/ Declamation/ Painting competition on “Life & Teachings of Guru Nanak Dev Ji & Sikh Religion” on 8th November, 2019.
- PhD Research Presentation in “Advanced Research Methodology Programme” at University Centre of Excellence in Research, B.F.U.H.S, Faridkot on 28th June, 2019

Name of Faculty Member	Number of Publication April 2019-Feb. 2020
Dr. Meenu Bhola	2
Dr. Nitika Bajaj	2
Dr. Gurlal Singh Brar	2
Dr. Manpreet Kaur	2

“You don't take a photograph, you make it.” -Ansel Adams



DEPARTMENT OF PERIODONTOLOGY

Dr. Nitin Khuller
M.D.S

**Prof
&
Head**

Dr. Preetika, M.D.S
Dr. Anita Mehta, M.D.S
Dr. Archana, M.D.S

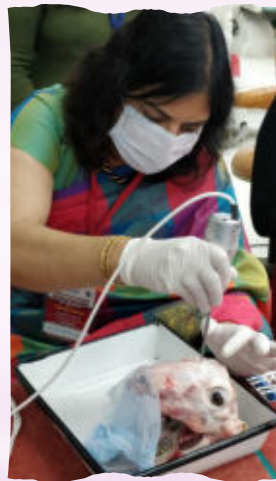
Professor

**Assistant
Professor**

Dr. Sukhmeet Kaur, M.D.S
Dr. Harsukhman Kaur, M.D.S

Lecturer

Dr. Harjot Kaur
B.D.S



“A good snapshot keeps a moment from running away.” - E. Welty

ACADEMIC & SCIENTIFIC PROGRAMS ORGANIZED BY DEPARTMENT:

- Organized CDE program titled “Workshop & Hands-on on the Magnetic Mallet” organized on 8th December 2019 in the college campus.

FACULTY ACHIEVEMENTS

Dr. Nitin Khullar - Professional Achievement

- Guest Speaker at CDE program titled “Workshop & Hands-on on the Magnetic Mallet” organized on 8-12-2019

Dr. Anita Mehta- Professional Achievement

- Winner of Monthly Colgate Dentist Online Quiz.

Name of the Faculty	Number of Publication April 2019-Feb. 2020
Dr. Nitin Khullar	4
Dr. Preetika Bansal	6
Dr. Archana Bhatia	5
Dr. Anita Mehta	3
Dr. Harsukhman Kaur	1

“Fairy tales are more than true: not because they tell us that dragons exist, but because they tell us that dragons can be beaten.” -Neil Gaiman, Coraline



DEPARTMENT OF ORTHODONTICS & DENTOFACIAL ORTHOPAEDICS

Dr. Sudhir Munjal
M.D.S

Prof
&
Head

Dr. Satnam Singh, M.D.S.
Dr. Harmeet Singh, M.D.S.

Associate
Professor

Assistant
Professor

Dr. Rahul Mittal
M.D.S.

Lecturer

Dr. Sharanjeet Kaur, B.D.S.
Dr. Shaina, B.D.S.
Dr. Chanan Singh, B.D.S.
Dr. Amandeep Kaur Sandhu, B.D.S.



“I have not failed. I've just found 10,000 ways that won't work.” -Thomas A. Edison

FACULTY ACHIEVEMENTS

Dr. Sudhir Munjal - Professional Achievements

- As DCI inspector, MDS recognition...HIDS, Paonta Sahib
- As external examiner (MDS)...SDDH&DC, Barwala

Name of the Faculty	Number of Publication April 2019-Feb. 2020
Dr. Sudhir Munjal	3
Dr. Satnam Singh	4
Dr. Harmeet Singh	3
Dr. Rahul Mittal	-

Fairy tales are more than true: not because they tell us that dragons exist, but because they tell us that dragons can be



DEPARTMENT OF PUBLIC HEALTH DENTISTRY

Dr. Prahlad Gupta
M.D.S

**Associate
Professor**

Dr. Amitoj Kaur, BDS
Dr. Ketan Mehta, BDS
Dr. Gurmeet Singh Brar, BDS

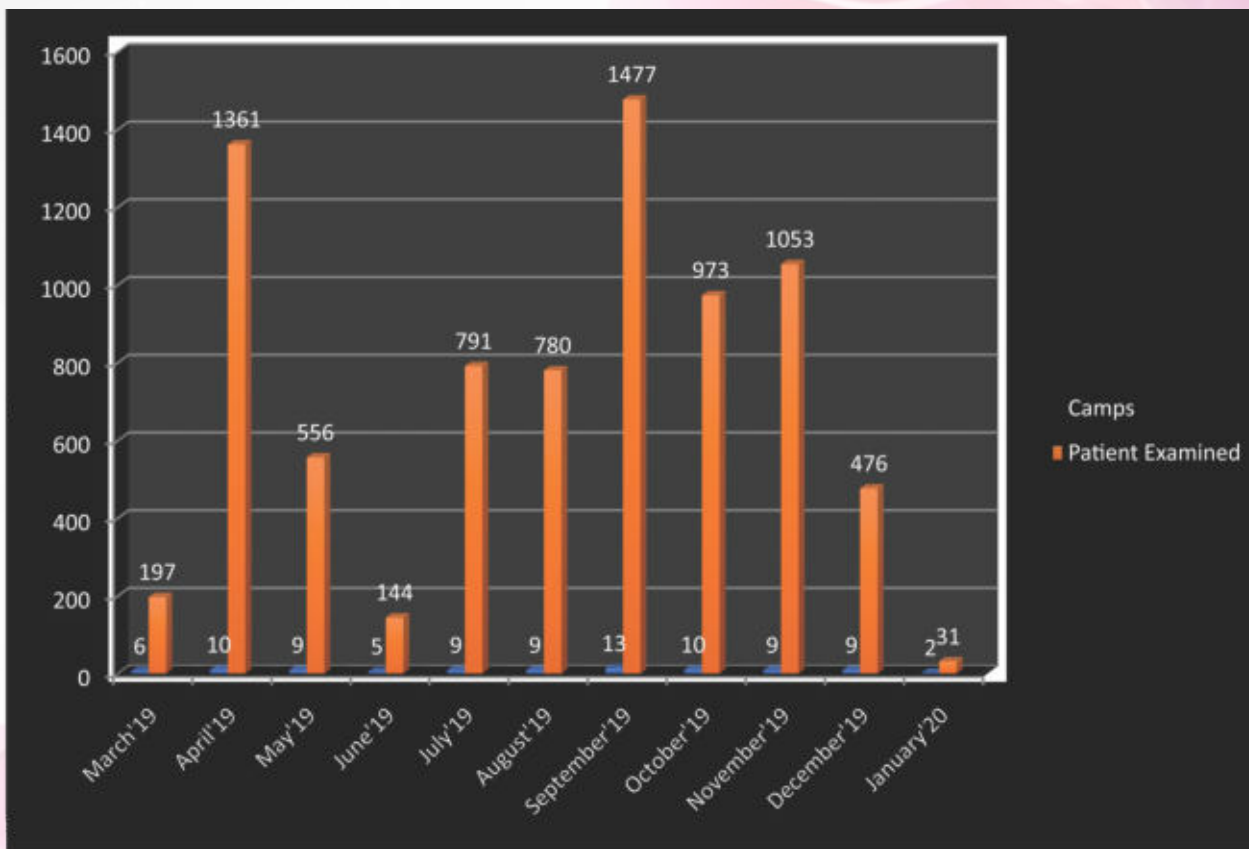
Lecturer



“Life isn't about finding yourself. Life is about creating yourself.” - George Bernard Shaw

ACADEMIC & SCIENTIFIC PROGRAMS ORGANIZED BY DEPARTMENT:

- No. of camps organized: 91
- No. of patients screened: 7839



Name of Faculty Member	Number of Publication April 2019-Feb. 2020
Dr. Prahlad Gupta	2

"There are no bad pictures; that's just how your face looks sometimes." -Abraham Lincoln



DEPARTMENT OF ORAL & MAXILLOFACIAL PATHOLOGY AND ORAL MICROBIOLOGY

Dr. Thippeswamy S.H.
M.D.S

Prof
&
Head

Dr. Harkanwal Preet Singh
M.D.S
Dr. Piyush Gandhi, M.D.S.

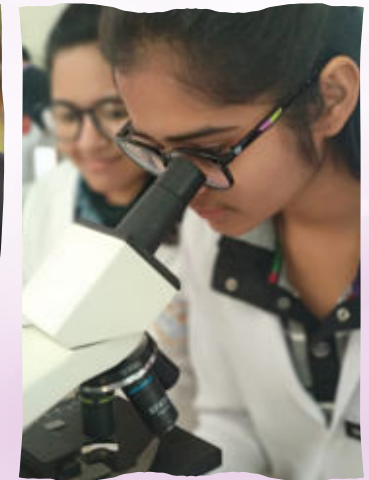
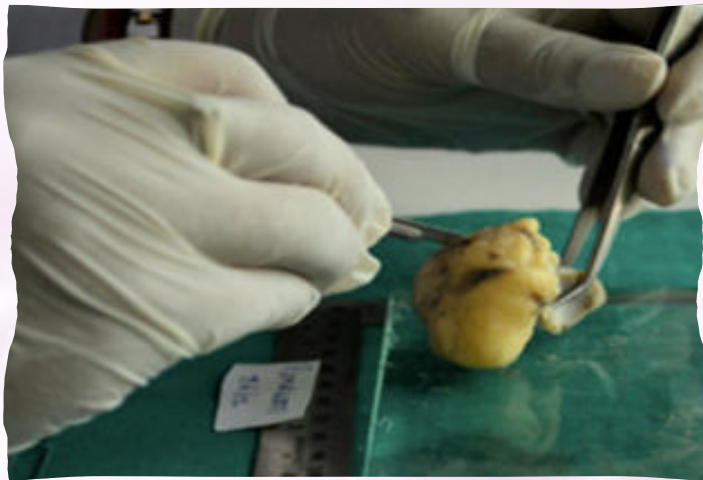
Associate
Professor

Lecturer

Dr. Prabhteshwar Singh, B.D.S.
Dr. Tejisve Noor Kaur, B.D.S.

Lecturer

Dr. Satwant Singh, B.D.S.
Dr. Parneet Kaur, B.D.S.
Dr. Neha Kapoor, B.D.S.



“You don't take a photograph, you make it.” -Ansel Adams

ACADEMIC & SCIENTIFIC PROGRAMS ORGANIZED BY DEPARTMENT:

- Dr.Thippeswamy, Dr Harkanwal preet singh Dr Piyush Gandhi were part of organizing team of PTH Summit and Awards organized by International association trust and Society of scientific research and studies held at Chandigarh.
- Organized oral cancer awareness campaign on the occasion world cancer day.

FACULTY ACHIEVEMENTS

Dr. Thippeswamy S.H. - Professional Achievement

- Chairperson at 28th national conference IOAMP at Kerala
- Elected as executive committee member Indian association of oral pathology

Dr. Harkanwal Preet Singh - Professional Achievement

- Chairperson at IDA state conference, Patiala

Dr. Piyush Gandhi - Professional Achievement

- Guest speaker at Govt medical college, Chandigarh in Forensic national conference
- Organizing chairperson of Human Anatomy CDE programme organized by IDA Faridkot
- Organizing chairperson of Facial aesthetics CDE programme organized by IDA Faridkot
- Captain of IDA Faridkot cricket team at Dharamshala stadium

Name of the Faculty	Number of Publication April 2019-Feb. 2020	Number of Contribution in Books April 2019-Feb. 2020
Dr Thippeswamy	2	1
Dr HarknawalPreet Singh	2	2
Dr Piyush Gandhi	2	1

"There are no bad pictures; that's just how your face looks sometimes." -Abraham Lincoln

DEPARTMENT OF PHYSIOLOGY



Dr. Ruchita Vasudeva
Professor & Head

Dr. Khushdeep Singh
Professor

DEPARTMENT OF BIOCHEMISTRY



Dr. Renuka Sood
Professor & Head

Dr. Rajini Arora
Professor

DEPARTMENT OF PHARMACOLOGY

Dr. Sukhpreet Kaur
Associate Professor



- Track Reviewer for Arbitration in Health Care Sector for International Conference organized in collaboration by Centre for Trade Laws and Dispute Resolution, Panjab University and Straus Institute of Dispute Resolution, University of Pepperdine, Malibu, California
- International conference on Commercial Arbitration and its magnitude with special reference to India as an Emerging Hub” organized on 4th August, 2019, Panjab University, Chandigarh.

“People make events into stories. Stories give events meaning.” -Scarlett Thomas,

DEPARTMENT OF MICROBIOLOGY



Dr. Virender Singh
Professor & Head

DEPARTMENT OF PATHOLOGY



Dr. YP Kansal
Vice Principal, Professor & Head

DEPARTMENT OF ANATOMY



Dr. Anupma Gupta
Professor & Head

Dr. Harmesh Mittal
Lecturer

Mrs. Vaishali Gandhi
Lecturer

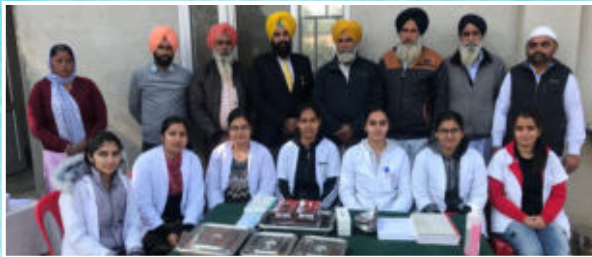
Dr. Anupama Gupta - Professional Achievement

- Guest Speaker at CDE Programme Mystery of head and neck anatomy; 26th May, 2019 by IDA Faridkot branch

Mrs. Vaishali Gandhi - Professional Achievement

- Awarded Promising anatomist of the year 2019

GLIMPSES OF DENTAL CAMP 2019-20







ਲਵਿੰਗ ਡੈਂਟਲ ਕਲਜ਼ ਸਟੂਡੈਂਟਸ ਟੋ ਡੈਂਟਲ ਚੈਕਅਪ ਕੈਂਪ ਵਿੱਚ ਸ਼ਾਮਲ ਹੋ ਕੇ ਡੈਂਟਲ ਸਿਹਤ ਦੀ ਜਾਂਚ ਕਰਵਾ ਰਿਹਾ ਹੈ।

ਦਸਮੇਸ਼ ਡੈਂਟਲ ਕਲਜ਼ ਵਲੋਂ 10 ਮੁਫਤ ਕੈਂਪ ਲਗਾ ਕੇ 973 ਮਰੀਜ਼ਾਂ ਦੀ ਜਾਂਚ

ਫਰੀਦਕੋਟ, 11 ਸਤੰਬਰ (ਜਸਬੀਰ ਕੌਰ) : ਦਸਮੇਸ਼ ਡੈਂਟਲ ਕਲਜ਼ ਵਲੋਂ ਫਰੀਦਕੋਟ, ਮੋਗਾ, ਸ਼੍ਰੀ ਮੁਕਤਸਰ, ਸਾਹਿਬ, ਜ਼ਿਲ੍ਹੇਵਾਰ, ਕੁਝਿੰਡਾ, ਪਾਠਿਕਾ ਜਿਲ੍ਹਿਆਂ ਦੇ ਲੋਗਾਂ ਨੂੰ ਨਿ:ਸ਼ੁਲਕ ਸਥਾਨਕ ਸੇਵਾ ਪ੍ਰਦਾਨ ਕਰਨ ਦੇ ਉਪਰਾਲੇ ਵਿੱਚ ਖੁਸ਼ੀ ਮਹਿਸੂਸ ਕਰ ਰਿਹਾ ਹੈ। ਇਸ ਮੁਹਿੰਮ ਦੇ ਤਹਿਤ ਗੁਰਮਤ 10 ਸ਼ਿਬਿਰਾਂ ਕਾ ਆਯੋਜਨ ਕੀਤਾ ਗਿਆ।

ਫਰੀਦਕੋਟ, 2 ਅਕਤੂਬਰ (ਜਸਬੀਰ ਕੌਰ) : ਦਸਮੇਸ਼ ਡੈਂਟਲ ਕਲਜ਼ ਵਲੋਂ ਫਰੀਦਕੋਟ, ਮੋਗਾ, ਸ਼੍ਰੀ ਮੁਕਤਸਰ, ਸਾਹਿਬ, ਜ਼ਿਲ੍ਹੇਵਾਰ, ਕੁਝਿੰਡਾ, ਪਾਠਿਕਾ ਜਿਲ੍ਹਿਆਂ ਦੇ ਲੋਗਾਂ ਨੂੰ ਨਿ:ਸ਼ੁਲਕ ਸਥਾਨਕ ਸੇਵਾ ਪ੍ਰਦਾਨ ਕਰਨ ਦੇ ਉਪਰਾਲੇ ਵਿੱਚ ਖੁਸ਼ੀ ਮਹਿਸੂਸ ਕਰ ਰਿਹਾ ਹੈ। ਇਸ ਮੁਹਿੰਮ ਦੇ ਤਹਿਤ ਗੁਰਮਤ 10 ਸ਼ਿਬਿਰਾਂ ਕਾ ਆਯੋਜਨ ਕੀਤਾ ਗਿਆ।

ਕੈਂਪ ਦੌਰਾਨ 110 ਮਰੀਜ਼ਾਂ ਦੀ ਜਾਂਚ



ਫਰੀਦਕੋਟ : ਦਸਮੇਸ਼ ਡੈਂਟਲ ਕਲਜ਼ ਵਿਖੇ ਡਾਇਰੈਕਟਰ ਡਾ. ਗੁਰਮੇਵ ਸਿੰਘ ਦੀ ਯੋਗ ਸਰਪ੍ਰਸਤੀ ਅਤੇ ਪ੍ਰਿੰਸੀਪਲ ਡਾ. ਐਸ. ਪੀ. ਐਸ. ਸੋਢੀ ਦੀ ਅਗਵਾਈ ਹੇਠ ਫਰੀਦਕੋਟ, ਇਸ ਦੇ ਆਸ-ਪਾਸ ਦੇ ਜ਼ਿਲਿਆਂ ਅੰਦਰ ਲੋਕਾਂ ਨੂੰ ਚੰਗੀ ਸਿਹਤ ਪ੍ਰਦਾਨ ਕਰਨ ਵਾਸਤੇ ਕੀਤੇ ਜਾਰੂ ਉਪਰਾਲਿਆਂ ਦੀ ਕੜੀ 'ਚ ਵਾਲਸ ਵੱਲੋਂ ਜਿਲੇ ਦੇ ਪਿੰਡ ਹਰੀ ਨੌਂ ਵਿਖੇ ਦਿੱਤੇ ਦਸਮੁਫਤ ਕੈਂਪ ਲਾਇਆ ਜਾ ਰਿਹਾ ਹੈ। ਇਸ ਮੌਕੇ ਡਾ. ਸੰਨੂੰ ਗੁਪਤਾ ਨੇ 110 ਮਰੀਜ਼ਾਂ ਦੀ ਜਾਂਚ ਕੀਤੀ। ਇਸ ਦੌਰਾਨ ਸ਼ਲਾਫਿੰਦਰ ਸਿੰਘ ਸਰਪੰਚ, ਗੋਲਾ ਰਾਮ, ਬਹਾਦਰ ਸਿੰਘ, ਬਾਬਾ ਪਾਲ ਸਿੰਘ, ਸਰੋਜ ਸਿੰਘ ਨੇ ਕੈਂਪ ਦੀ ਸ਼ੁਰੂਆਤ ਵਾਸਤੇ ਅਹਿਮ ਯੋਗਦਾਨ ਪਾਇਆ।

ਬੀ.ਡੀ.ਐੱਸ.ਦੁਜੇ ਸਾਲ ਦੇ ਨਗੇਜੇ 'ਚ ਦਸਮੇਸ਼ ਡੈਂਟਲ ਕਲਜ਼ ਡਿਰ ਬਣਿਆ ਮੋਹਰੀ

ਦਸਮੇਸ਼ ਡੈਂਟਲ ਕਲਜ਼ ਫਰੀਦਕੋਟ ਵਿਖੇ 23 ਅਕਤੂਬਰ ਨੂੰ ਡਾ. ਗੁਰਮੇਵ ਸਿੰਘ ਦੀ ਸਰਪ੍ਰਸਤੀ ਅਤੇ ਪ੍ਰਿੰਸੀਪਲ ਡਾ. ਐਸ. ਪੀ. ਐਸ. ਸੋਢੀ ਦੀ ਅਗਵਾਈ ਹੇਠ ਦਸਮੁਫਤ ਕੈਂਪ ਲਾਇਆ ਜਾ ਰਿਹਾ ਹੈ। ਇਸ ਮੌਕੇ ਡਾ. ਸੰਨੂੰ ਗੁਪਤਾ ਨੇ 110 ਮਰੀਜ਼ਾਂ ਦੀ ਜਾਂਚ ਕੀਤੀ। ਇਸ ਦੌਰਾਨ ਸ਼ਲਾਫਿੰਦਰ ਸਿੰਘ ਸਰਪੰਚ, ਗੋਲਾ ਰਾਮ, ਬਹਾਦਰ ਸਿੰਘ, ਬਾਬਾ ਪਾਲ ਸਿੰਘ, ਸਰੋਜ ਸਿੰਘ ਨੇ ਕੈਂਪ ਦੀ ਸ਼ੁਰੂਆਤ ਵਾਸਤੇ ਅਹਿਮ ਯੋਗਦਾਨ ਪਾਇਆ।



ਫਰੀਦਕੋਟ, 23 ਅਕਤੂਬਰ ਨੂੰ ਦਸਮੇਸ਼ ਡੈਂਟਲ ਕਲਜ਼ ਵਿਖੇ ਕੈਂਪ ਲਾਇਆ ਜਾ ਰਿਹਾ ਹੈ। ਡਾ. ਗੁਰਮੇਵ ਸਿੰਘ ਦੀ ਸਰਪ੍ਰਸਤੀ ਅਤੇ ਪ੍ਰਿੰਸੀਪਲ ਡਾ. ਐਸ. ਪੀ. ਐਸ. ਸੋਢੀ ਦੀ ਅਗਵਾਈ ਹੇਠ 110 ਮਰੀਜ਼ਾਂ ਦੀ ਜਾਂਚ ਕੀਤੀ।

ਨਿ:ਸ਼ੁਲਕ ਸ਼ਿਵਿਰों में की 1277 रोगियों की जांच

ਫਰੀਦਕੋਟ, 2 ਅਕਤੂਬਰ (ਜਸਬੀਰ ਕੌਰ) : ਦਸਮੇਸ਼ ਡੈਂਟਲ ਕਲਜ਼ ਵਲੋਂ ਫਰੀਦਕੋਟ, ਮੋਗਾ, ਸ਼੍ਰੀ ਮੁਕਤਸਰ, ਸਾਹਿਬ, ਜ਼ਿਲ੍ਹੇਵਾਰ, ਕੁਝਿੰਡਾ, ਪਾਠਿਕਾ ਜਿਲ੍ਹਿਆਂ ਦੇ ਲੋਗਾਂ ਨੂੰ ਨਿ:ਸ਼ੁਲਕ ਸਥਾਨਕ ਸੇਵਾ ਪ੍ਰਦਾਨ ਕਰਨ ਦੇ ਉਪਰਾਲੇ ਵਿੱਚ ਖੁਸ਼ੀ ਮਹਿਸੂਸ ਕਰ ਰਿਹਾ ਹੈ। ਇਸ ਮੁਹਿੰਮ ਦੇ ਤਹਿਤ ਗੁਰਮਤ 10 ਸ਼ਿਬਿਰਾਂ ਕਾ ਆਯੋਜਨ ਕੀਤਾ ਗਿਆ।



ਗੋਲਾ ਨਿਵਾਸੀಯों के साथ ਕੈਂਪ में ਡਾਕਟਰों की टीम। ਡਾ. ਗੁਰਮੇਵ ਸਿੰਘ ਦੀ ਸਰਪ੍ਰਸਤੀ ਅਤੇ ਪ੍ਰਿੰਸੀਪਲ ਡਾ. ਐਸ. ਪੀ. ਐਸ. ਸੋਢੀ ਦੀ ਅਗਵਾਈ ਹੇਠ ਕੈਂਪ ਲਾਇਆ ਜਾ ਰਿਹਾ ਹੈ।

ਅਕਸਰ ਪਰ ਦੰਗੋਂ ਦੀ ਸੰਭਾਲ ਕ ਤਬਯੋਗ ਕੀ ਜਾਵੇਗੀਆਂ ਕੀ ਵਿਸ਼ਵਾਸ ਦੇ ਜਾਗਰੂਕੀ ਪ੍ਰਦਾਨ ਕੀ ਗਏ। ਕਲੇਜ਼ ਡਿਸੀਮਲ ਡੀ.ਐਸ. ਸੋਢੀ ਨੇ ਕਲਾਜ਼ ਡਿਸੀਮਲ ਡੈਂਟਲ ਕਲਜ਼ ਦੇ ਲੋਗਾਂ ਨੂੰ ਸਥਾਨਕ ਸੇਵਾ ਪ੍ਰਦਾਨ ਕਰਨ ਦੇ ਉਪਰਾਲੇ ਵਿੱਚ ਖੁਸ਼ੀ ਮਹਿਸੂਸ ਕਰ ਰਿਹਾ ਹੈ।

Over 200 students examined during dental check-up camp

TRIBUNE NEWS SERVICE

FRIDKOT, SEPTEMBER 20 Rotary Club, Faridkot, in association with Dashmesh Dental College, organised a free dental check-up camp on Saturday at Government Primary School, Jwan Nagar, here. As many as 230 students were examined for various dental ailments and about 80 of these were recommended treatment for various deficiencies.



Doctors examine students at the camp in Faridkot, TRIBUNE PHOTO

Dr Kiran and Dr Prahlad, said most of the students were not taking proper care of the teeth. Other than cleaning, major issue with many students was deficiency of many essential vitamins which was adversely affecting their teeth.

ਬੀ.ਡੀ.ਐੱਸ. ਦੂਜੇ ਵਰ੍ਹੇ ਦੇ ਪਠਿਆਗ ਨੇ ਗੁਰਮੇਵ ਸਿੰਘ ਬਣਾ ਚੁਕਿੰਗਲਿਟੀ ਟੀਚਰ

ਫਰੀਦਕੋਟ, 23 ਨਵੰਬਰ (ਜਸਬੀਰ ਕੌਰ) : ਦਸਮੇਸ਼ ਡੈਂਟਲ ਕਲਜ਼ ਵਿਖੇ ਕੈਂਪ ਲਾਇਆ ਜਾ ਰਿਹਾ ਹੈ। ਇਸ ਮੌਕੇ ਡਾ. ਸੰਨੂੰ ਗੁਪਤਾ ਨੇ 110 ਮਰੀਜ਼ਾਂ ਦੀ ਜਾਂਚ ਕੀਤੀ। ਇਸ ਦੌਰਾਨ ਸ਼ਲਾਫਿੰਦਰ ਸਿੰਘ ਸਰਪੰਚ, ਗੋਲਾ ਰਾਮ, ਬਹਾਦਰ ਸਿੰਘ, ਬਾਬਾ ਪਾਲ ਸਿੰਘ, ਸਰੋਜ ਸਿੰਘ ਨੇ ਕੈਂਪ ਦੀ ਸ਼ੁਰੂਆਤ ਵਾਸਤੇ ਅਹਿਮ ਯੋਗਦਾਨ ਪਾਇਆ।

ਬੀ. ਡੀ. ਐੱਸ. ਪਹਿਲੇ ਸਾਲ ਦੇ ਨਤੀਜੇ 'ਚ ਅਮਨਦੀਪ ਕੌਰ ਅੱਠਵਾਂ

ਫਰੀਦਕੋਟ, 23 ਨਵੰਬਰ (ਜਸਬੀਰ ਕੌਰ) : ਦਸਮੇਸ਼ ਡੈਂਟਲ ਕਲਜ਼ ਵਿਖੇ ਕੈਂਪ ਲਾਇਆ ਜਾ ਰਿਹਾ ਹੈ। ਇਸ ਮੌਕੇ ਡਾ. ਸੰਨੂੰ ਗੁਪਤਾ ਨੇ 110 ਮਰੀਜ਼ਾਂ ਦੀ ਜਾਂਚ ਕੀਤੀ। ਇਸ ਦੌਰਾਨ ਸ਼ਲਾਫਿੰਦਰ ਸਿੰਘ ਸਰਪੰਚ, ਗੋਲਾ ਰਾਮ, ਬਹਾਦਰ ਸਿੰਘ, ਬਾਬਾ ਪਾਲ ਸਿੰਘ, ਸਰੋਜ ਸਿੰਘ ਨੇ ਕੈਂਪ ਦੀ ਸ਼ੁਰੂਆਤ ਵਾਸਤੇ ਅਹਿਮ ਯੋਗਦਾਨ ਪਾਇਆ।

ਗੋਡੇ ਬਦਲਣ ਤੇ ਕੈਂਸਰ ਦੀ ਮੁਫਤ ਜਾਂਚ ਦਾ ਕੈਂਪ ਲਾਇਆ



ਫਰੀਦਕੋਟ, 23 ਨਵੰਬਰ (ਜਸਬੀਰ ਕੌਰ) : ਦਸਮੇਸ਼ ਡੈਂਟਲ ਕਲਜ਼ ਵਿਖੇ ਕੈਂਪ ਲਾਇਆ ਜਾ ਰਿਹਾ ਹੈ। ਇਸ ਮੌਕੇ ਡਾ. ਸੰਨੂੰ ਗੁਪਤਾ ਨੇ 110 ਮਰੀਜ਼ਾਂ ਦੀ ਜਾਂਚ ਕੀਤੀ। ਇਸ ਦੌਰਾਨ ਸ਼ਲਾਫਿੰਦਰ ਸਿੰਘ ਸਰਪੰਚ, ਗੋਲਾ ਰਾਮ, ਬਹਾਦਰ ਸਿੰਘ, ਬਾਬਾ ਪਾਲ ਸਿੰਘ, ਸਰੋਜ ਸਿੰਘ ਨੇ ਕੈਂਪ ਦੀ ਸ਼ੁਰੂਆਤ ਵਾਸਤੇ ਅਹਿਮ ਯੋਗਦਾਨ ਪਾਇਆ।

ਫਰੀਦਕੋਟ, 23 ਨਵੰਬਰ (ਜਸਬੀਰ ਕੌਰ) : ਦਸਮੇਸ਼ ਡੈਂਟਲ ਕਲਜ਼ ਵਿਖੇ ਕੈਂਪ ਲਾਇਆ ਜਾ ਰਿਹਾ ਹੈ। ਇਸ ਮੌਕੇ ਡਾ. ਸੰਨੂੰ ਗੁਪਤਾ ਨੇ 110 ਮਰੀਜ਼ਾਂ ਦੀ ਜਾਂਚ ਕੀਤੀ। ਇਸ ਦੌਰਾਨ ਸ਼ਲਾਫਿੰਦਰ ਸਿੰਘ ਸਰਪੰਚ, ਗੋਲਾ ਰਾਮ, ਬਹਾਦਰ ਸਿੰਘ, ਬਾਬਾ ਪਾਲ ਸਿੰਘ, ਸਰੋਜ ਸਿੰਘ ਨੇ ਕੈਂਪ ਦੀ ਸ਼ੁਰੂਆਤ ਵਾਸਤੇ ਅਹਿਮ ਯੋਗਦਾਨ ਪਾਇਆ।

ਦਾਂਤों का नि:शुल्क चेकअप कैंप आज

ਫਰੀਦਕੋਟ, 2 ਨਵੰਬਰ (ਜਸਬੀਰ ਕੌਰ/ਪ੍ਰਦੇਸ਼) : ਦਸਮੇਸ਼ ਡੈਂਟਲ ਕਲਜ਼ ਵਲੋਂ ਫਰੀਦਕੋਟ ਦੇ ਜ਼ਿਲ੍ਹਿਆਂ ਵਿੱਚ ਦਸਮੁਫਤ ਕੈਂਪ ਲਾਇਆ ਜਾ ਰਿਹਾ ਹੈ। ਇਸ ਮੌਕੇ ਡਾ. ਸੰਨੂੰ ਗੁਪਤਾ ਨੇ 110 ਮਰੀਜ਼ਾਂ ਦੀ ਜਾਂਚ ਕੀਤੀ। ਇਸ ਦੌਰਾਨ ਸ਼ਲਾਫਿੰਦਰ ਸਿੰਘ ਸਰਪੰਚ, ਗੋਲਾ ਰਾਮ, ਬਹਾਦਰ ਸਿੰਘ, ਬਾਬਾ ਪਾਲ ਸਿੰਘ, ਸਰੋਜ ਸਿੰਘ ਨੇ ਕੈਂਪ ਦੀ ਸ਼ੁਰੂਆਤ ਵਾਸਤੇ ਅਹਿਮ ਯੋਗਦਾਨ ਪਾਇਆ।

ਦਸਮੇਸ਼ ਡੈਂਟਲ ਕਲਜ਼ ਫਰੀਦਕੋਟ ਨੂੰ ਹਰਨ ਦਾ ਸਦੇਨਮ ਡੈਂਟਲ ਕਲਜ਼ ਸਦੇਨਮ



ਫਰੀਦਕੋਟ, 17 ਅਕਤੂਬਰ (ਜਸਬੀਰ ਕੌਰ) : ਦਸਮੇਸ਼ ਡੈਂਟਲ ਕਲਜ਼ ਵਿਖੇ ਕੈਂਪ ਲਾਇਆ ਜਾ ਰਿਹਾ ਹੈ। ਇਸ ਮੌਕੇ ਡਾ. ਸੰਨੂੰ ਗੁਪਤਾ ਨੇ 110 ਮਰੀਜ਼ਾਂ ਦੀ ਜਾਂਚ ਕੀਤੀ। ਇਸ ਦੌਰਾਨ ਸ਼ਲਾਫਿੰਦਰ ਸਿੰਘ ਸਰਪੰਚ, ਗੋਲਾ ਰਾਮ, ਬਹਾਦਰ ਸਿੰਘ, ਬਾਬਾ ਪਾਲ ਸਿੰਘ, ਸਰੋਜ ਸਿੰਘ ਨੇ ਕੈਂਪ ਦੀ ਸ਼ੁਰੂਆਤ ਵਾਸਤੇ ਅਹਿਮ ਯੋਗਦਾਨ ਪਾਇਆ।

